



Children's Education Society (Regd.)

The Oxford College of Pharmacy

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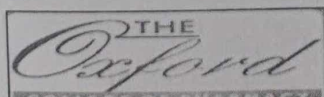
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3.4.3 Number of extension and outreach Programmes conducted by the institution through NSS/ NCC/ Red Cross/ YRC etc., (including the programmes such as Swachh Bharat, AIDS awareness, Gender issues etc.) and/or those organised in collaboration with industry, community and NGOs during the year &

3.4.4 Number of students participating in extension activities at 3.4.3. above during the year

Following are the extension and outreach Programmes conducted by the institution during the year 2022-23

S.No	Name of the activity	Number of students participated in such activities	Page.no
1	National Girl Child Day	70	1-5
2	Voter's Day	100	6-9
3	Republic Day	75	10-16
4	World Cancer Day	80	17-23
5	Cyber Security and Safer Usage of Social Media	63	24-27
6	National Science Day	50	28-36
7	Zero Discrimination Day	100	37-42
8	International Women's Day	70	43-51
9	No Smoking Day	60	52-59
10	International Day of Happiness	100	60-64
11	Dr. B.R Ambedkar Jayanthi	80	65-69



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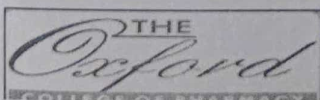
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12	World Asthma Day	100	70-79
13	Antibiotics Usage	50	80-85
14	International Family Day	50	86-88
15	World No Tobacco Day	90	89-95
16	World Environment Day	50	96-103
17	World Food Safety Day	30	104-109
18	World Blood Donor Day	60	110-117
19	International Yoga Day	50	118-125
20	Independence Day	42	126-129
21	National Sports Day	150	130-134
22	Teacher's Day	50	135-140
23	Gandhi Jayanthi	50	141-143
24	National Integration Day	100	144-148
25	Karnataka Rajyotsava	50	149-152
26	Conservation and Management of water resources	50	153-157
27	World Aids Day	50	158-163
28	World Mental health day	26	164-167

P. Padma
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3.4.4 Number of students participating in extension activities at 3.4.3. above during the year

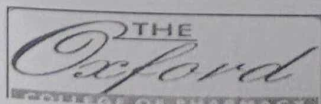
Following are the 11 extension and outreach Programmes conducted by the institution which has societal impact during the year 2022-23

Sl.no	Name of the activity	Number of students participated in such activities	Page.No
1	National Girl Child Day	70	1-5
2	International Women's Day	70	43-51
3	No Smoking Day	60	52-59
4	Antibiotics Usage	50	80-85
5	World No Tobacco Day	90	89-95
6	World Environment Day	50	96-103
7	World Blood Donor Day	60	110-117
8	International Yoga Day	50	118-125
9	Karnataka Rajyotsava	50	149-152
10	Conservation and Management of water resources	50	153-157
11	World Aids Day	50	158-163

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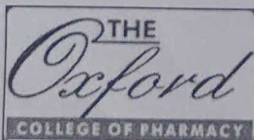
DATE: 16/01/2023

CIRCULAR

This is to inform all students, teaching and non-teaching staff of The Oxford College of Pharmacy that program on "NATIONAL GIRL CHILD DAY 2023" will be conducted on 25/01/2023. We request for the active participation for the same.

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DEPARTMENT OF PHARMACEUTICS, IQAC

ORGANISED PROGRAMME

ON

“NATIONAL GIRL CHILD DAY 2023”

WEDNESS DAY 25 JANUARY 2023

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANIZED BY:

MRS. DIVYA S KUMAR

ASSISTANT PROFESSOR,

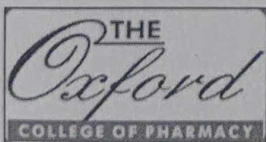
DEPARTMENT OF PHARMACEUTICS.

RESOURCE PERSON:

MS RAJESHWARI,

ASST. PROFESSOR,

THE OXFORD COLLEGE OF NURSING SCIENCES



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PREAMBLE

The Oxford College of Pharmacy, IQAC, Bangalore celebrated "National Girl Child Day" on 25th January 2023, Mrs. Divya S Kumar, Assistant Professor, Department of Pharmaceutics, initiated the celebration of the program along with students. There were around 70 participants.

The content of the Session:

"National Girl Child Day" celebration was organized by The Oxford College of Pharmacy, Bangalore on 25th January 2023" with the theme "Empowering Girls for a Brighter Tomorrow". The program started with the welcoming of the audience and introduction of the Speaker of the day Ms Rajeshwari, Asst. Professor, The Oxford College of Nursing Sciences. The speaker briefed about the history and significance of observing this day. The National Girl Child Day was first observed on January 24, 2008 by the Ministry of Women and Child Development. It was decided to observe the day to tackle issues related to inequalities that girls face in society. The main objectives for observing this day are to provide support and opportunities to girls from around the country, by raising awareness regarding inequalities faced by girl children, regarding the importance of female education, health care and nutrition and also to raise awareness regarding the importance of their empowerment. The main objective of National Girl Child Day 2023 is to promote the welfare of girl children in India. However, there are various factors that need to be taken into consideration which is being emphasized on National Girl Child Day 2023 were also briefed by the speaker such as

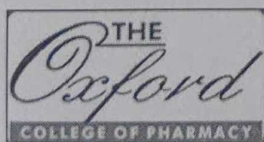
To create awareness among people to protect and raise girl child with equality in terms of education, health and other opportunities in life.

To promote the idea of the elimination of any form of discrimination against the girl child at home or outside world.

To accept girl child/children and welcome them into homes and live with respect and love and abandon the evil ideology of killing girl children in the womb and female infanticide.

To educate people at large about the importance of girl children and the declining sex ratio in India and eventually to change their mindset.

To create a safe environment for girls to live safely inside and outside their homes.



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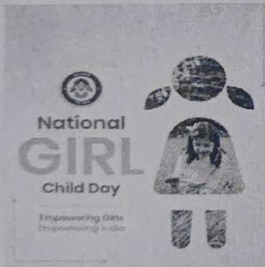
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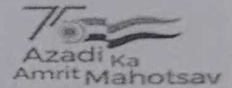
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Additionally the speaker conveyed and emphasized to pass the message of Beti Bachao Beti Padhao(BBBP) in their neighborhood

Dr Gururaj S Kulkarni, HOD, Department of Pharmaceutics, The Oxford College of Pharmacy, also shared his views regarding the role of students in spreading awareness and achieve the goal of celebrating the National Girl Child Day. In the session, students too actively shared their thoughts and taken the pledge to have a better society for girls. after the session students went outside the campus along with faculties to create awareness to the public.



CHILDREN'S EDUCATIONAL SOCIETY (REGD.)



THE OXFORD COLLEGE OF PHARMACY

6/9, 1ST CROSS, BEGUR ROAD, HONGASANDRA, BANGALORE-560068

CELEBRATING NATIONAL GIRL CHILD DAY-2023

"Empowering Girls for a Brighter Tomorrow"

Organized Under IQAC, The Oxford College of Pharmacy

Conducted On 25TH JANUARY 2023

SPEAKER: MS RAJESHWARI, ASST PROFESSOR,
OXFORD COLLEGE OF NURSING SCIENCES

PATRON

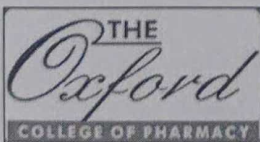
CONVENER

ORGANIZING MEMBER

SHRI S. N. V.L. NARASIMHARAJU
CHAIRMAN
THE OXFORD GROUP OF INSTITUTIONS

DR. PADMAAM PAARAKH
PRINCIPAL
THE OXFORD COLLEGE OF PHARMACY

MS. DIVYA S KUMAR
THE OXFORD COLLEGE OF PHARMACY



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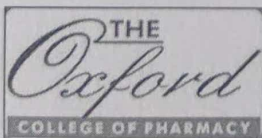
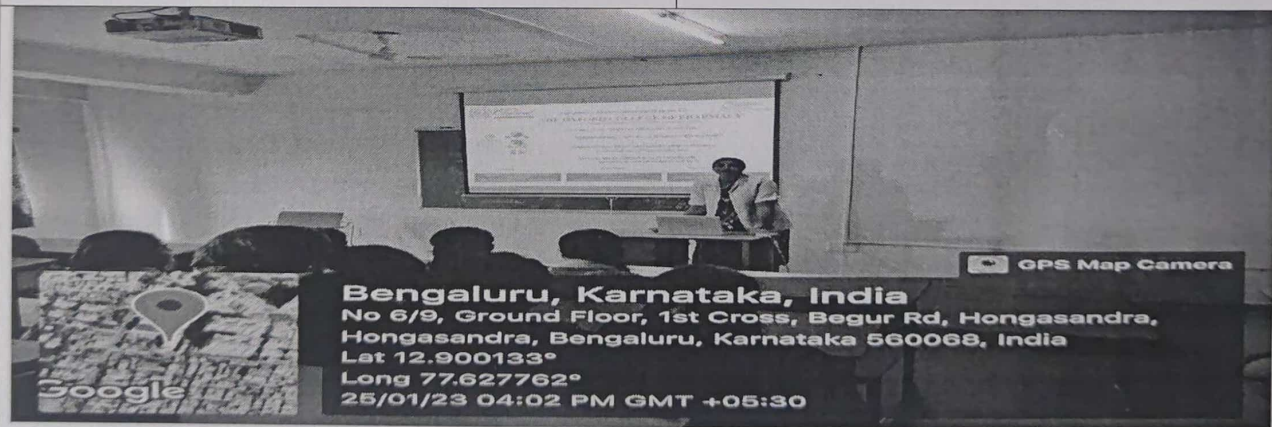
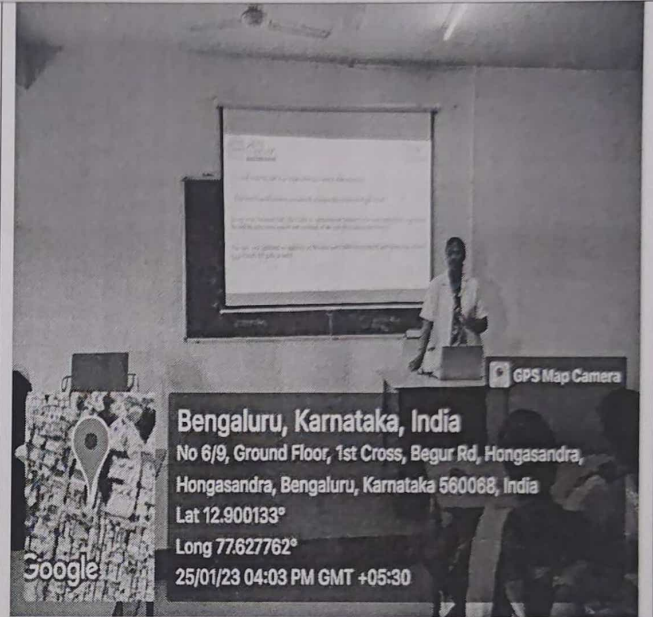
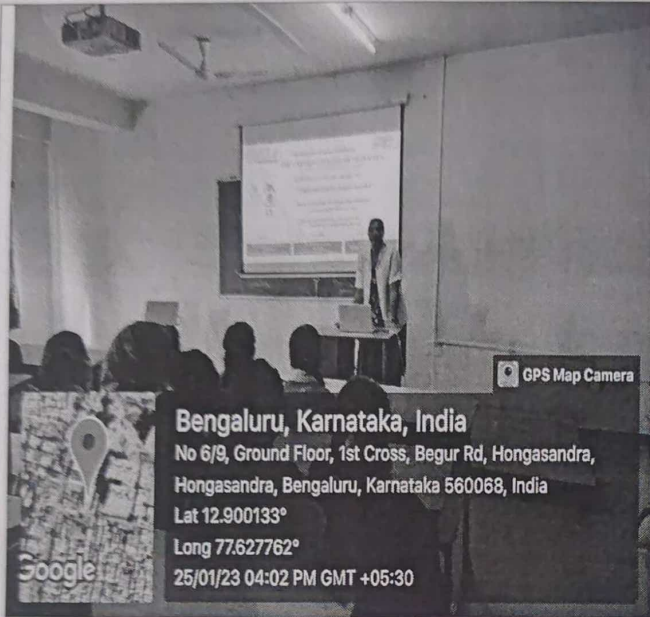
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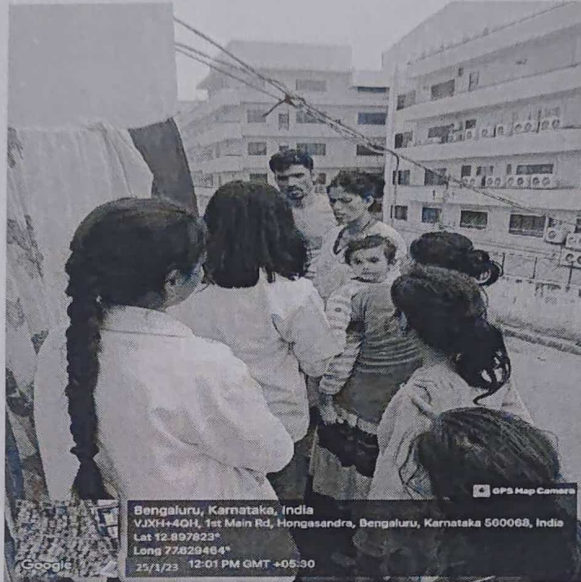
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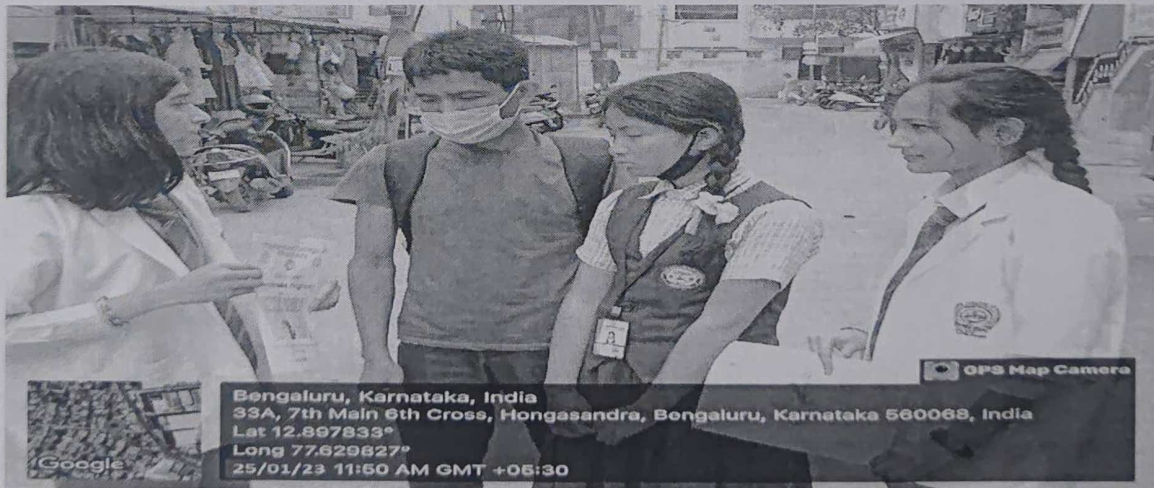
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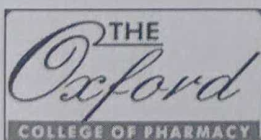


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Lat 12.897823°
Long 77.629484°
25/1/23 12:01 PM GMT +05:30



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33A, 7th Main 6th Cross, Hongasandra, Bengaluru, Karnataka 560068, India
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Long 77.629827°
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Students creating awareness in the local community- National girl child day



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OUT COME OF THE PROGRAM

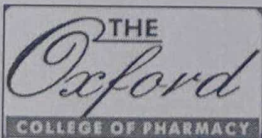
This program invoked a spirit of awareness among the listners and participants. Investing in girls' education improves their lives and creates a brighter future for our communities and world. The college also initiated outreached program to reach out communities for National Girls Child Day awareness. The awareness programe was highly appreciated by the public which motivated the students and gave awareness about the power and strength of a girl child. Additionally the students emphasized on BBBP throug which girl child can get proper education.

END OF REPORT

P. Padma

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DATE: 12/01/2023

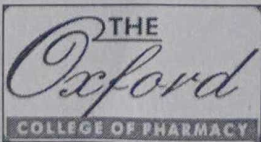
CIRCULAR

This is to inform all students, teaching and non-teaching staff of The Oxford College of Pharmacy that program on "NATIONAL VOTERS DAY 2023" will be conducted on 25/01/2023. We request for the active participation for the same.

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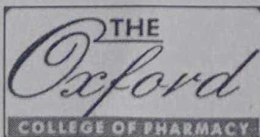
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DEPARTMENT OF PHARMACEUTICS, IQAC
ORGANISED PROGRAMME

ON

“NATIONAL VOTERS DAY 2023”

ON

25TH JANUARY 2023

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU
CHAIRMAN
THE OXFORD GROUP OF INSTITUTIONS

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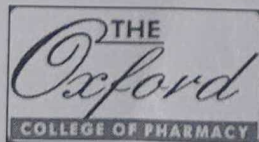
Dr. PADMAA M PAARAKH
PRINCIPAL
THE OXFORD COLLEGE OF PHARMACY

ORGANIZED BY:

MRS. KEERTHANA C K
ASSISTANT PROFESSOR,
DEPARTMENT OF PHARMACEUTICS.

RESOURCE PERSON:

MS SURINDER KAUR,
ASST. PROFESSOR,
THE OXFORD COLLEGE PHARMACY



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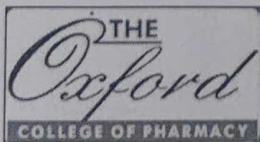
PREAMBLE

The Oxford College of Pharmacy, Department of Pharmaceutics, IQAC, Bangalore celebrated "National Voters Day" on 25th January 2023. The program was organized for 100 participants of students of different classes. Mrs. Keerthana C.K Assistant Professor, Department of Pharmaceutics organized the event on "National Voters Day."

The content of the Session:

The program commenced with Prayer by the students. Ms. Surinder Kaur, Assistant Professor, Department of Pharmaceutics welcomed all the attendees of the program and emphasized about the importance of celebrating voters' day. The National Voters' Day has been celebrated on January 25 every year since 2011, across the country to mark the foundation day of Election Commission of India, i.e., 25th January 1950. Theme for this year's national voters' day is 'NOTHING LIKE VOTING, I VOTE FOR SURE'. The main purpose of the NVD celebration is to encourage, facilitate and maximize enrolment, especially for the new voters. Dedicated to the voters of the country, the day is utilized to spread awareness among voters and for promoting informed participation in the electoral process. She emphasized about the significance of Voting. Every citizen has the basic right to vote. He or she has the right to select his leader to whomever they think can lead the nation, solving the problems of common people, bringing about change, etc. National Voters Day is a significant root of India as the future of the country lies in the leader that we choose. The objectives and purpose of the celebration on occasion of National Voters Day celebration is to encourage, facilitate and maximize enrolment, especially for the new voters.

National voters' day 2023" celebration was organized by The Oxford College of Pharmacy, Bangalore by a live event on theme "NOTHING LIKE VOTING, I VOTE FOR SURE". The program was arranged on 25th January 2023. There are totally 100 participants of students of different classes.



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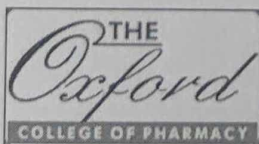
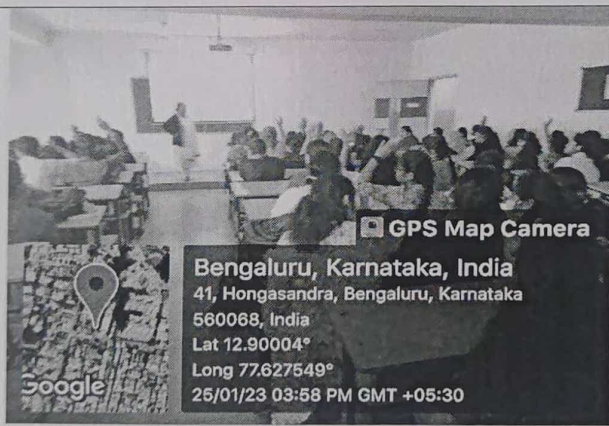


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This event was arranged on 25th January 2023 in Room No.505 of (The Oxford College of Pharmacy, Bangalore) in between 03:30 to 04:00PM.

At last, Mrs. Keerthana C K thanked to every participant who actively participated in this event and encouraged to take part in such events in upcoming days too.



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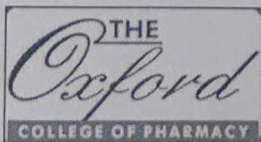
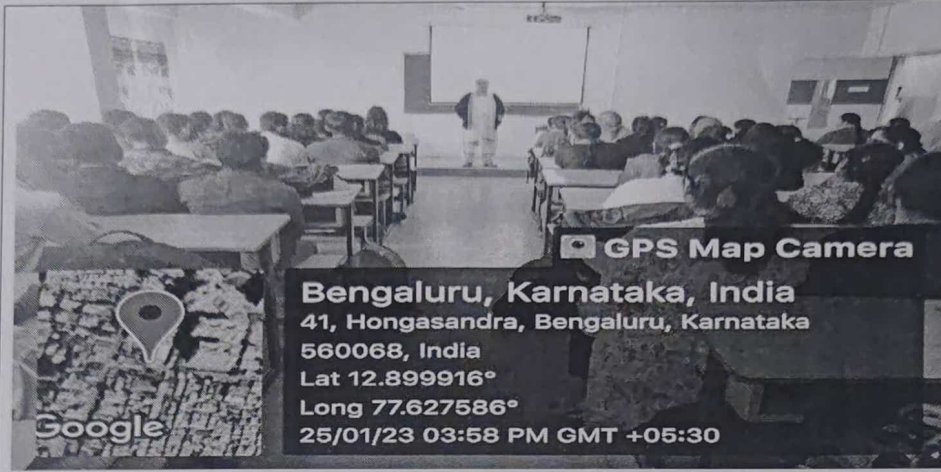


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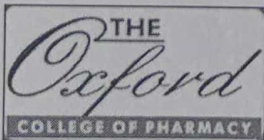
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OUT COME OF THE PROGRAM

The importance of National Voters Day and its significance successfully reached the students. The students took pledge to use their vote judiciously taking into account for the betterment of nation. The young voters of the country, also utilized the day to spread awareness among voters and for promoting informed participation in the electoral process. The students also went to nearby places & locality near college to spread awareness regarding Official Election Commission of India App for voter registration and elections, a step towards digital India.

END OF REPORT

P. Padma
PRINCIPAL
The Oxford College Of Pharmacy
No 6/9, 1st Cross, Begur Road, Hongasandra
Bangalore - 560 068



No.6/9, 1st Cross, Begur Road, Hongasandra, Bengaluru -560
068

☎: +91- 80 - 61754694; Fax: +91- 80 -61754699; www.theoxford.edu
e-mail: pharmacyprincipal@theoxford.edu; info@theoxford.edu;



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Children's Education Society (Regd.)
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DATE: 23/01/2023

CIRCULAR

Celebration of 74th Republic Day.

India celebrating their 74th Republic Day on January 26, 2023. The Oxford College of Pharmacy invites all the students to showcase their creativity and activity. Following are the list of events is going to be conducted on January 26, 2023.

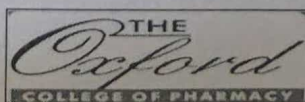
- Face Painting
- Slogan Competition
- Extempore

P. Padma

PRINCIPAL

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DEPARTMENT OF PHARMA CHEMISTRY, IQAC

ORGANISED PROGRAMME

ON

“REPUBLIC DAY 2023”

26TH JANUARY 2023

CHAIRMAN

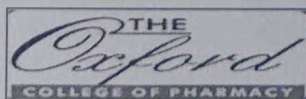
SHRI S. N. V. L NARASIMHA RAJU
CHAIRMAN
THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH
PRINCIPAL
THE OXFORD COLLEGE OF PHARMACY

ORGANIZING SECRETARY

DR. JYOTI SRIVASTAVA
HOD,
DEPARTMENT OF PHARMACEUTICAL CHEMISTRY
TOCP



No.6/9, 1st Cross, Begur Road, Hongasandra, Bengaluru -560 068
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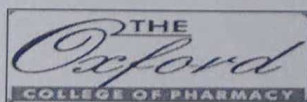
PREAMBLE

On the auspicious morning of 26th January 2023, The Oxford College of Pharmacy, Bangalore celebrated 74th Republic Day in the college premises. It was the matter of great pride for all of us. The principal, teachers and the students didn't want to leave any stone unturned in making this monumental day a memorable one. Republic Day is always a proud moment for every Indian to celebrate, which is celebrated throughout India and every corner of the country on 26th January every year irrespective of caste, creed and religion. The Oxford College of Pharmacy, Bangalore celebrated 74th Republic Day, which is themed as **75th Azadi Ka Amrit Mahostav** with great enthusiasm on 26th January 2023. While India gained independence from the British Raj in 1947, it wasn't until January 26, 1950, that the Indian Constitution came into effect, and India became a sovereign state, declaring it a republic. Dr. BR Ambedkar headed the Drafting Committee of the Constitution. Additionally, Constitution Day is celebrated in India on November 26 every year, as on November 26, 1949, the Constituent Assembly of India adopted the Constitution of India.

On the special occasion, we also mark the festival of Basant Panchami. To celebrate the festival, faculty and students gathered to pay homage to the goddess of knowledge and wisdom, Saraswati, with a traditional Aarti and Bhajan ceremony. The simultaneous celebration of two important events added to the cultural richness and diversity of the day's festivities. The university community came together to celebrate India's constitutional values and rich cultural heritage, making the day a truly memorable one.

The campus was beautifully decorated with flags and rangoli to commemorate the day. All the students, teachers, and non-teaching staff gathered in the college premises at 8.15 a.m. The programme started at 8.30 a.m. Our beloved principal Dr Padmaa Paraakh welcomed all the members present for the function. She motivated our college students for various patriotic performances and shared with everyone to be good citizen of India by showing sincerity and punctuality in development of our nation. All must work hard and should not postpone their duties. She appreciated the consistent endeavours of our armed forces in protecting our country bravely. She urged students to realize, understand and cherish our coveted freedom and work towards a progressive nation. She extended her warm greetings on the occasion. After that our principal madam hoisted the Flag and we sang flag song and National Anthem together.

After that Dr. Jyoti Shrivastava, HOD, Professor, Department of Pharm Chemistry, The Oxford College of Pharmacy, gave an in-depth speech on how we got freedom.



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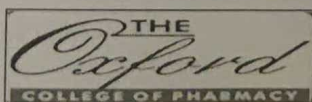
Dr Parthsarthy, Professor, HOD, Department of Pharmacy Practice, The Oxford College of Pharmacy, also gave a speech on the importance of Republic Day to Indians. He talked about the date was specifically chosen as it marks the anniversary of Purna Swaraj Day, which was held on January 26, 1930. The Purna Swaraj resolution made on January 26, 1930, called for "complete freedom from the British rule".

Dr. Noopur Srivastava, HOD, Department of Pharmacology, The Oxford College of Pharmacy, gave the vote of thanks. The function was concluded by thanking teachers, students, and non-teaching staff.

The program ended with the message to create a great nation through collective efforts from all individual. Sweets were distributed amongst all.

To celebrate the day four programs were conducted in the Auditorium- Extempore, Slogan Competition, Face Painting and Sudoku.

The Face painting competition was organised in the Room no 404 and other events in the Auditorium. The judges for the Face painting were Mrs Divya S Kumar, Mrs Sravani T, Mrs K Bhavani and Dr Noopur Shrivastava. There were over all 75 participants.



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THE OXFORD COLLEGE OF PHARMACY

OVERALL RESULT

Name of the Event: Face Painting

Total points:15

S.No.	Name of the Participant	Judge 1	Judge 2	Judge 3	Judge 4	Judge 5	Total	
1.	TEAM A	11.5	12.5	10	13		11.75	III Position
2.	TEAM B	11.5	11	9	11		10.62	
3.	TEAM C	9.5	9	10	11		10	
4.	TEAM D	9	8.5	14	10.5		10.5	
5.	TEAM E	12.5	13.5	12	13.5		12.87	II Position
6.	TEAM F	6.5	9.5	11	13.5		10.12	
7.	TEAM G	10.5	10	12	11.5		11	
8.	TEAM H	13.5	13	13	12.5		13	I Position

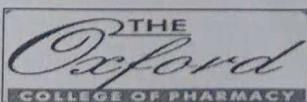
The judges for the Face painting were Mrs Divya S Kumar, Mrs Sravani T, Mrs K Bhavani and Dr Noopur Shrivastava.

RESULT:

I Position: TEAM H- Ms Umme Habiba and Yaseen (I MPH)

II Position: TEAM E- Ms Athamja Shetty and Monisha KC (II MPH)

III Position: TEAM A- Ms Swathi and Ms Kruthika (III BPH)



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OVERALL RESULT

Name of the Event: Slogan Competition

Total points:15

S.No.	Name of the Participant	Judge 1	Judge 2	Judge 3	Judge 4	Judge 5	Total	
1.	TEAM A	13	12	12	12		12.25	II Position
2.	TEAM B	11	9	9	9		9.5	
3.	TEAM C	10	8	9	8		8.75	
4.	TEAM D	14	13	11	13		12.75	I Position
5.	TEAM E	11	10	10	9.5		10.12	
6.	TEAM F	12.5	11	11	9		10.87	III Position

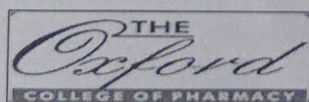
The judges for the Slogan competition were Mrs.Uma Prabha, Mrs Keerthana CK, Mrs Vishnupriya S and Dr Parthasarthy G.

RESULT:

I Position: TEAM D- Mr Shailesh (III BPH)

II Position: TEAM A- Ms Keerthana K (II BPH)

III Position: TEAM F- Ms Deepti Choudhary (III Pharm D)



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OVERALL RESULT

Name of the Event: Extempore

Total points:20

S.No.	Name of the Participant	Judge 1	Judge 2	Judge 3	Judge 4	Judge 5	Total	
1.	TEAM A	11	19	15			15	I Position
2.	TEAM B	16	14	14			14.6	II Position
3.	TEAM C	9	14	15			12.6	
4.	TEAM D	12	17	16			15	I Position
5.	TEAM E	17	12	10			13	

The judges for the Slogan competition were Mrs Surinder Kaur, Dr Vikram, Dr Karthik and Dr Parthasarthy G.

RESULT:

I Position: TEAM D- Ms Kavya (IV BPH)

I Position: TEAM A- Ms Deepthi (III Pharm D)

III Position: TEAM B- Mr Udaya Kumar (II BPharm)

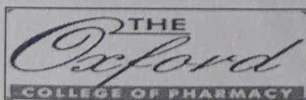
Name of the Event: Sudoku

Participants- All the students participated.

I Position: Ms Kavya P Reddy (V SEM BPH)

II Position: Mr Prem Raj T (V Pharm D)

III Position: Mr Deepak Choudhary (IV Pharm D)



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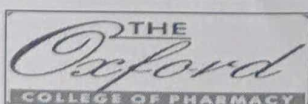
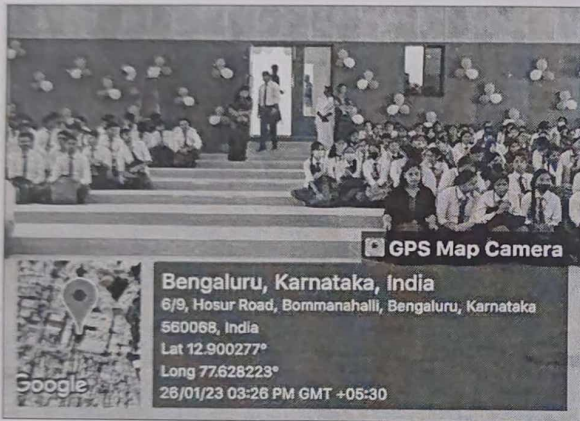
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Some Photos from the celebration of 74th REPUBLIC DAY on 26th January 2023.



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OUTCOME

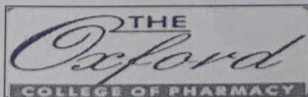
All the student & faculty member celebrated the republic day and enjoyed at the fullest and felt proud for the country.

END OF REPORT

P. Padma

PRINCIPAL

The Oxford College Of Pharmacy
No 6/9, 1st Cross, Begur Road, Hongasandra
Bangalore - 560 068



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Date: 02/02/2023

CIRCULAR

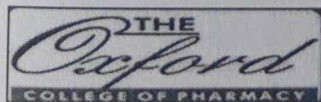
All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that an awareness programme on 'WORLD CANCER DAY 2023' will be conducted on 04/02/2023. We request for the active participation for the same.

P. Padma

PRINCIPAL

The Oxford College Of Pharmacy
No 6/9, 1st Cross, Begur Road, Hongasandra
Bangalore - 560 068

PRINCIPAL



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DEPARTMENT OF PHARMACEUTICAL CHEMISTRY, IQAC

ORGANIZED

AWARENESS PROGRAMME

ON

“WORLD CANCER DAY”

ON

SATURDAY, 04th FEBRUARY 2023

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANIZING SECRETARY

Mrs. G. SUVARNA LAKSHMI

ASST PROFESSOR,

DEPARTMENT OF PHARMACEUTICAL CHEMISTRY,

TOCP



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PREAMBLE:

The Oxford College of Pharmacy, Bengaluru, IQAC, organized "WORLD CANCER DAY 2023". It is the global uniting initiative led by the Union for International Cancer Control (UICC).

Cancer is a second-leading cause of death across the world and 70% of cancer deaths occur in low-to-middle-income countries. Each year, millions of lives can be saved by implementing resource-appropriate strategies for prevention, early detection, and treatment.

World Cancer Day 2023 is observed on 4th February every year to raise awareness about the prevention and treatment of cancer. The main aim of World Cancer Day 2023 is to promote the importance of early detection of Cancer as it can exponentially increase the chances of better treatment and curing it.

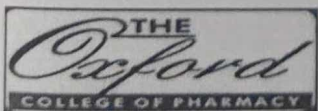
UICC (Union for International Cancer Control) declared the theme for World Cancer Day 2023 "Close the Care Gap".

At the same time, make people aware of how to identify the symptoms of cancer, educate people, as well as to prepare government and non-governmental organizations to help in fighting this deadly disease all over the world.

THE PROGRAM DELIVERED AS FOLLOWS:

On the occasion of World cancer day on 4th February 2023, a awareness programme was conducted by Department of Pharmaceutical chemistry.

The program was started with a welcome note and Guest speaker's introduction by Mrs. G. Suvarna Lakshmi, Program organizer followed by the inaugural address from Dr Padmaa M Paarakh, Principal, The Oxford College of pharmacy.



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The lecture was by **Azeez Ali Khan, Business Head, co Guide Research Simplified**. He focused on the cancer prevention interventions. He also shared his views on adopting cancer-preventive life style.

The second lecture was by **Dr. Jyoti Srivasthava, HOD, Department of Pharmaceutical chemistry** on World cancer day theme "Close the Care Gap". People need to encourage others to take care of themselves and adopt a cancer-preventive lifestyle. Moreover, the Theme Close the Care Gap emphasizes providing better and more accessible clinical evaluation and care to people at large.

The third lecture was by **Dr. Noopur Shrivastava, HOD In charge, Department of Pharmacology** on the common cancers in community and myths and taboos related to various types cancer. She also focused on how sometimes people fail to notice the early symptoms due to a lack of awareness and clinical evaluation or checkups.

The organizer Mrs. G. Suvarna Lakshmi concluded the program with vote of thanks. She thanked chairman Shri S. N. V. L Narasimha Raju, The Oxford Group of Institutions, Dr. Padmaa M Paarakh, principal, theoxford college of pharmacy for organizing such an event. She also expressed her gratitude to Azeez Ali Khan, Business Head, co Guide Research Simplified, Dr. Noopur Shrivastava, HOD Incharge, Department of Pharmacology, Dr. Jyoti Srivasthava, HOD, Department of Pharmaceutical chemistry, and to all the other faculties and students who participated in the event and helped in its successful completion of the event.

No of participants: 80 participants

Schedule: On 4th February 2023

Time Schedule	Programme
10 am	"WORLD CANCER DAY 2023"



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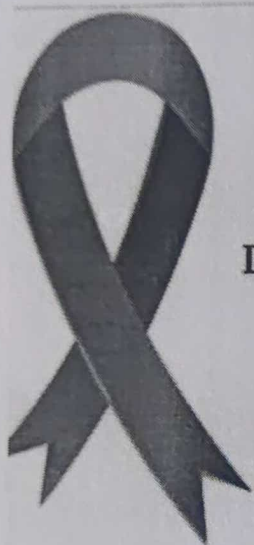
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CHILDREN'S EDUCATION SOCIETY (REGD.)

THE OXFORD COLLEGE OF PHARMACY

6/9, 1ST CROSS, BEGUR ROAD, HONGASANDRA, BENGALURU - 560068

DEPARTMENT OF PHARMACEUTICAL CHEMISTRY, IIC

WORLD CANCER DAY

THEME: CLOSE THE CARE GAP

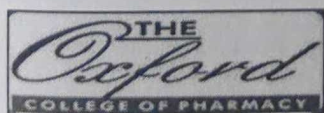
4th February 2023, 10 AM

GUEST SPEAKER

Azeez Ali Khan

Business Head

coGuide Research Simplified



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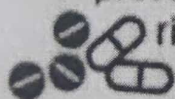
NATIONAL CANCER INSTITUTE

Cancer Prevention Interventions

AVAILABLE TODAY BECAUSE OF RESEARCH

MEDICATIONS

proven to reduce risk of breast and colon cancers in those at increased risk.



LIFESTYLE CHOICES

such as avoid or quit tobacco, limit alcohol, avoid known carcinogens, keep active & avoid obesity.



TREATMENTS FOR INFECTIONS

known to increase cancer risk, including hepatitis C, HIV, and H. pylori.



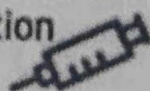
SCREENING TESTS

that allow removal of precancerous lesions, such as colon polyps.



VACCINES TO PROTECT

against infection with human papillomavirus (HPV) and hepatitis B.



SURGERY

to remove tissues at risk, such as for women with increased risk of breast and ovarian cancer.



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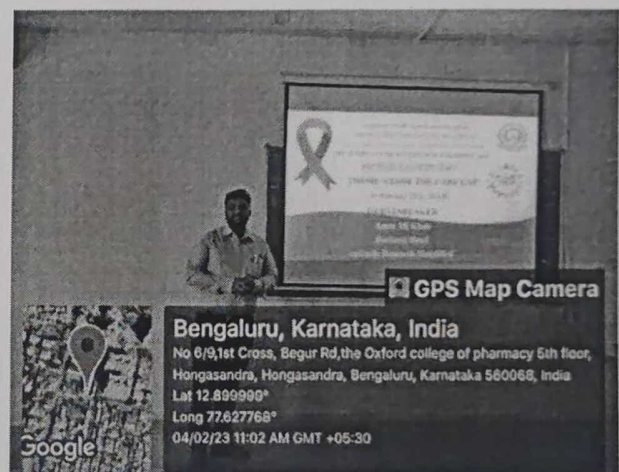
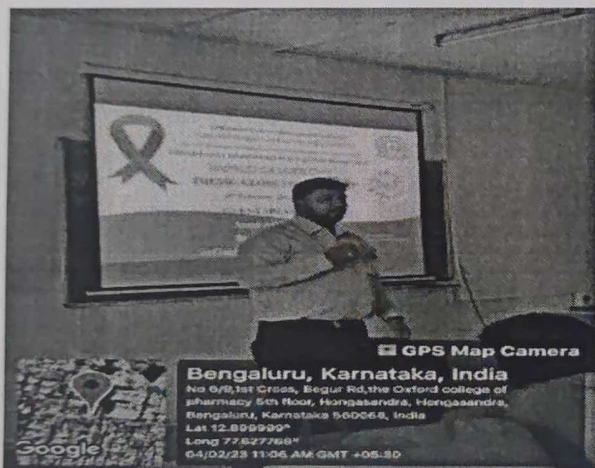
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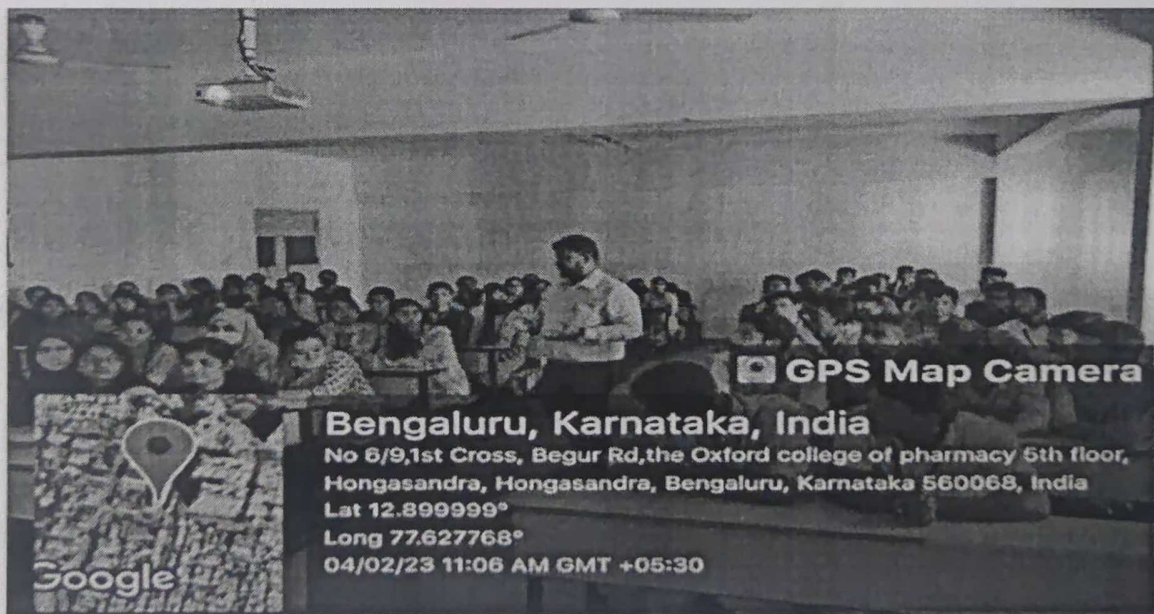
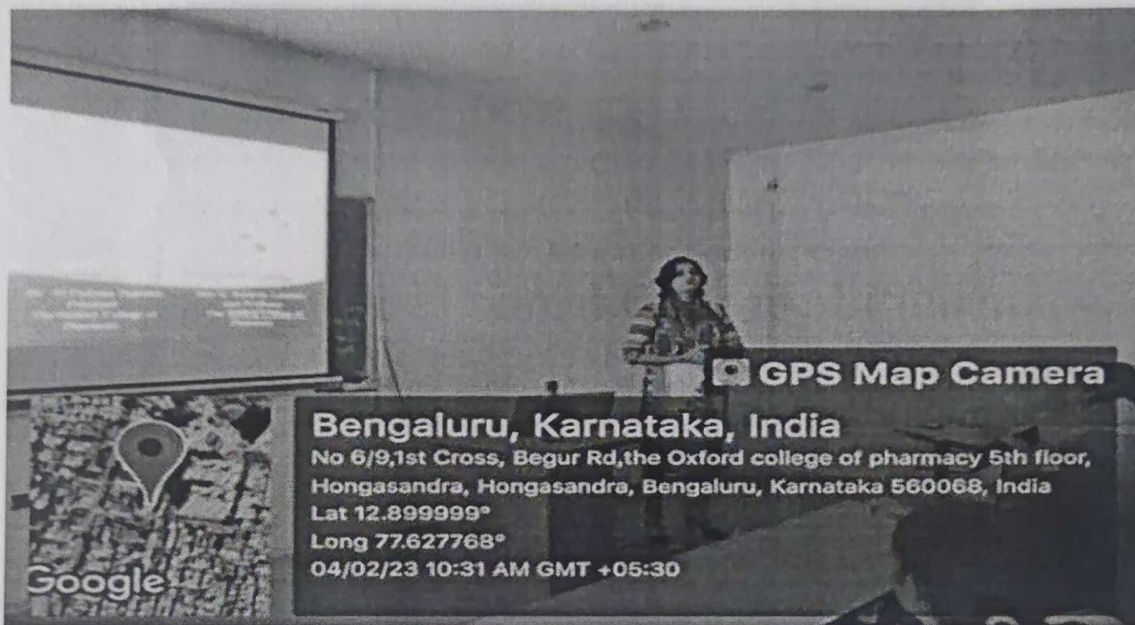
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OUTCOME OF THE PROGRAMME

The program successfully reached the students and significantly increased the awareness about cancer related issues. Students gained valuable knowledge about healthy lifestyles, early detection, and the importance of screenings, potentially impacting preventive behaviors. The programs brought together diverse communities, creating a supportive environment and encouraging active participation in cancer-related discussions. After the program, they brought knowledge about cancer to the local community, helping people learn more about cancer.

END OF THE REPORT

P. Padma

PRINCIPAL

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Date: 6/2/2023

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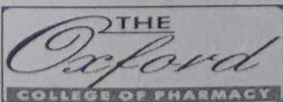
All the teaching staff and the students of The Oxford College of Pharmacy are hereby informed that an awareness programme titled "Cyber Security and Safer Usage of Social Media" will be conducted on 09/02/2023. We look forward for the active participation for the same. All interested students are requested to give your name to the event co-ordinator.

P Padua

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DEPARTMENT OF PHARMACY PRACTICE, IQAC

ORGANIZED

AWARENESS PROGRAMME

ON

" CYBER SECURITY AND SAFER USAGE OF SOCIAL MEDIA "

THURSDAY, 9-Feb-2023

CHIEF PATRON

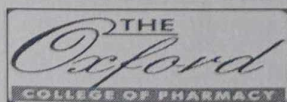
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CONVENER

Dr. PADMAA M PAARAKH
PRINCIPAL
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ORGANIZING SECRETARY

Dr PARTHASARATHY G
HOD
DEPARTMENT OF PHARMACY PRACTICE
THE OXFORD COLLEGE OF PHARMACY



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Introduction:

Safer Internet Day takes place in February of each year to raise awareness of a safer and better internet for all, and especially for children and young people.

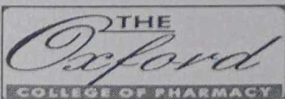
As part of this annual celebration, The Oxford college of Pharmacy encourages everyone including students and staff and parents for safe surfing of internet and social media.

7 February 2023, was observed globally as Safer Internet Day (SID) – This worldwide annual campaign promoting a safe digital environment for children and young people. This year 2023 marks the 20th anniversary of Safer Internet Day.

Objectives:

This programme on “Cyber Security and Safer Usage of Social Media”, to celebrate Safer Internet Day aims to create both a safer and a better internet, where children and young people are empowered to use digital technology responsibly, respectfully, critically and creatively. Playing games online can not only be a fun and engaging experience but also bring many opportunities to children and young people. Online gaming can enhance creativity, digital skills and help to connect with friends and fellow gamers. In addition, playing online games can encourage developing new skills, sparking interest in reading and writing or becoming creators of online games.

On the other hand, excessive online gaming can become a threat to their wellbeing and health, hence the need for resources and materials to inform children and young people, as well as their careers, of how to manage their online gaming experiences so that it becomes a fun and safe activity.



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No of participants: 63

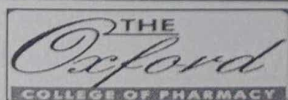
Schedule: 3.00 pm to 4.00 pm

Time Schedule	Programme
3.00 pm	Welcome speech by Dr Parthasarathy
3.10 pm	Lecture by the guest Prof. Dharamvir, MCA Department, The Oxford Engineering College, Bommanahalli, Bengaluru.
3.50 pm	Vote of thanks and felicitation.

Conclusion, feedback and vote of thanks:

Social media has become a prime target for cybercrime. All organizations should take appropriate measures to be cyber-safe, and users, too, should protect their personal information to avoid any misuse. Cyberspace is becoming a significant area for crimes, so there is a need for comprehensive collaboration among nations to work together and combat these social network crimes and social media cyber attacks, which are a continuously growing menace.

Students and were very much impressed after the speak and asked and get clarified many doubts. Everyone appreciated the topic selected for discussion and also expected more programmes in this kind.



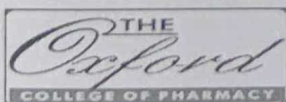
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Outcome

The speaker of the programme Prof. Dharamvir extensively covered the topic with detailed introduction of the cyber security issues encountered so far. He elaborated Privacy of Data, Data Mining, Virus and Malware Attacks, Legal Issues, etc. He also pointed out Risks & Challenges, like Identity theft, Whistle-blowers, Cyber Stalking, Cyber Bullying, Cyber Terrorism and also suggested the methods of safer usage of social media. Additionally, speaker instructed students to follow rules and guidelines for internet use such as approved websites and apps, use filtering and monitoring software, use privacy settings and internet safety policies.

END OF REPORT

P. Padma

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Date: 25/02/2023

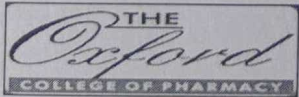
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The NSS unit of The Oxford College of Pharmacy is organizing the "National Science Day" in The Oxford College of Pharmacy on 28/02/2023. We request the active participation of the staff and students for the same.

P. Padma

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DEPARTMENT OF PHARMACOLOGY, IQAC

ORGANIZED PROGRAMME

ON

“NATIONAL SCIENCE DAY”

ON

TUESDAY, 28th February, 2023

CHIEF PATRON

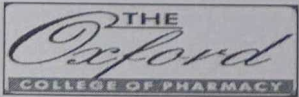
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CONVENER

Dr. PADMAA M PAARAKH
PRINCIPAL
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ORGANIZING SECRETARY

Dr. NOOPUR SRIVASTAVA
ASSOCIATE PROFESSOR
DEPARTMENT OF PHARMACOLOGY,
TOCP



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PREAMBLE:

The Oxford College of Pharmacy, Bengaluru, IQAC, organized " **National Science Day**" with an aim to recognize and appreciate the contributions of scientists and researchers to the field of science and to create awareness among the students about the importance of science and its applications in everyday life as well as to promote and nourish interest in science and technology. The program was conducted on February, 28th 2023.

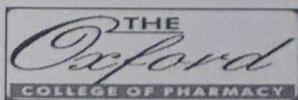
Ever since 1987, our country has been celebrating the National Science Day on 28th February to commemorate the discovery of the 'Raman Effect' by one of the renowned Physicist of India- Sir CV Raman. This year, the theme was 'Integrated Approach in Science and Technology for Sustainable Future'.

THE AWARENESS PROGRAM DELIVERED AS FOLLOWS:

The program was started with a welcome note by Dr. Noopur Srivastava, Program organizer followed by the inaugural address from Dr Padmaa M Paarakh, Principal, The Oxford College of pharmacy.

On the occasion there were Poster, Working Models and Origami Models competitions. There was enthusiastic participation for all the competitions from the students. Students from various under graduate and post-graduate courses had participated enthusiastically in the event. Students were shown their creative ideas and knowledge in posters and models. Dr. Parthasarthy Prof. & HOD, Pharmacy practice formally welcomed all the participants gathered for the celebration and spoke on the importance of National Science Day and the life and works of noble laureate Sir C V Raman. Dr. Padmaa M Paarakh Principal, The Oxford College of Pharmacy emphasized the need to go beyond textbooks and imbibe the knowledge from all the spheres for the overall development of any pharmacist. She encouraged and motivated students to take up challenges and put efforts to achieve excellence in their life. Dr. Gururaj S Kulkarni Prof. & HOD, Department of Pharmaceutics reflected on how Science and Technology should walk hand in hand to solve the current societal problems. Honourable Principal, HODs and faculties appreciated the science projects exhibited by the students in the science fair.

The students of M. Pharm (Pharmacology, Pharmaceutics), Pharm D, B Pharm and D Pharm were



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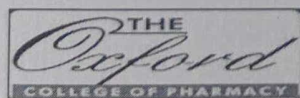
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participated in the Programme. At the end of it, the results of various competitions like Working Science Model Competition and Origami Model Competition were announced by Dr. Noopur Srivastava Associate Professor Department of Pharmacology. Students were shown their creative ideas and knowledge in posters and models. Fresh ideas in a competition got opportunity to win prizes in the occasion. The higher authority congratulated all the prize-winners. Finally, Mrs. Bhavani, Assistant Professor, Department of Pharmacology concluded the program with vote of thanks. She thanked Chairman Shri S. N. V. L Narasimha Raju, The Oxford Group of Institutions, Dr. Padmaa M Paarakh, Principal, The oxford college of pharmacy for organizing such an event and Dr. Noopur Srivastava, HOD, Department of Pharmacology. And to all the other faculties and students who participated in the event and helped in its successful completion of the event.

No of participants: 50 participants

Schedule: On 28th Feburary, 2023

Time Schedule	Programme
3:10 P.M-3:30 P.M	Display of Models (Working models, Origami Models)
3:30 P.M-4:00 P.M	Presentation for Models by Students



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CHILDREN'S EDUCATION SOCIETY (REGD.)

THE OXFORD COLLEGE OF PHARMACY

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DEPARTMENT OF PHARMACOLOGY, IQAC

NATIONAL SCIENCE DAY

28TH FEBRUARY 2023

THEME: Integrated Approach in Science and Technology for
Sustainable Future

PATRON

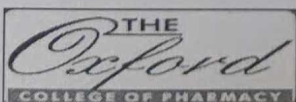
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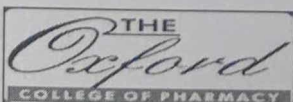


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GPS Map Camera

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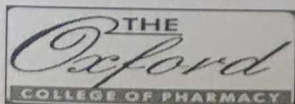
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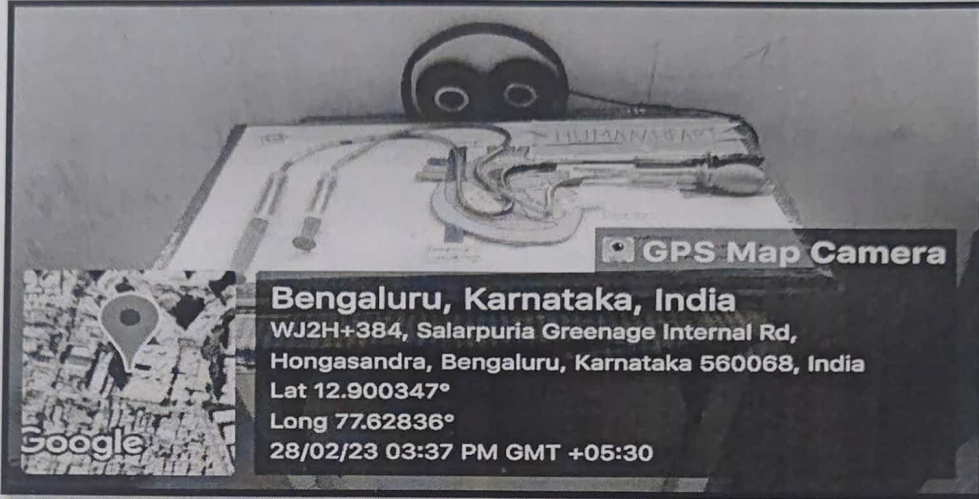


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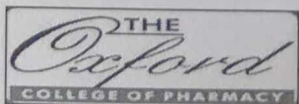
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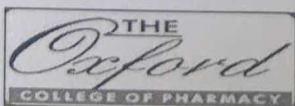
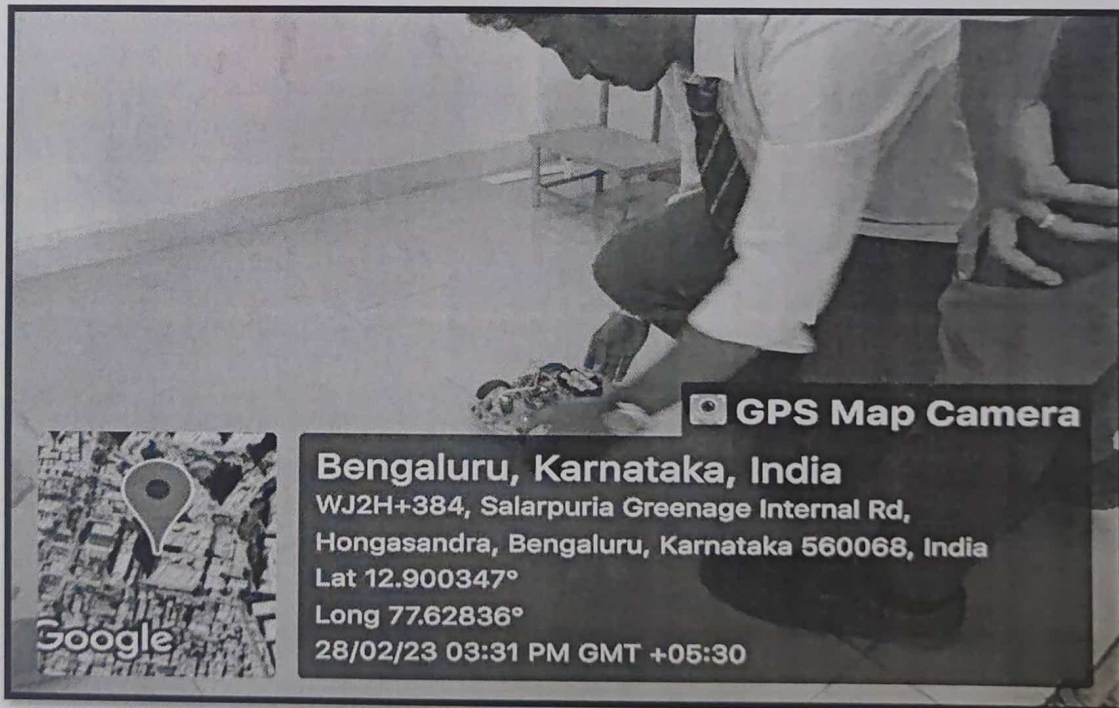


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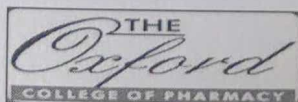
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OUTCOME OF PROGRAM:

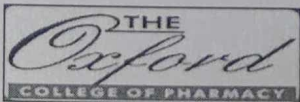
National Science Day's was conducted to ignite an interest in students, to perform new experiments, and make them aware of the latest developments in science and technology. The event made the students to understand revitalizing national and international commitments to use science for the benefit of society. It also helped student to understand the importance of science in our daily lives and to encourage the pursuit of scientific Knowledge.

END OF THE REPORT

P. Padma

PRINCIPAL

The Oxford College Of Pharmacy
No 6/9, 1st Cross, Begur Road, Hongasandra
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No.6/9, 1st Cross, Begur Road, Hongasandra, Bengaluru -560 068
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Date : 26/2/2023

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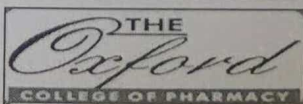
All the teaching, no-teaching and students of The Oxford College of Pharmacy are here by informed that The Oxford College of Pharmacy, Bengaluru, IQAC, organizing "**ZERO DISCRIMINATION DAY 2023**" an awareness program to educate our staffs and students about the theme **Save lives-Decriminalisation**. The program will be conducted on March 1st 2023. We request your active participation for the same.

P. Padma

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pharmacyprincipal@theoxford.edu; info@theoxford.edu;



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DEPARTMENT OF PHARMACOLOGY, IQAC

ORGANISED

AWARENESS PROGRAMME

ON

“ZERO DISCRIMINATION DAY”

ON

1ST MARCH, 2023

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU
CHAIRMAN
THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH
PRINCIPAL
THE OXFORD COLLEGE OF PHARMACY

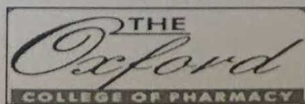
RESOURCE PERSON

ORGANIZING SECRETARY

Mrs. KESERLA BHAVANI
ASST. PROFESSOR,
DEPARTMENT OF PHARMACOLOGY,
THE OXFORD COLLEGE OF PHARMACY

RESOURCE PERSON

MRS. SHOBHA.G
ASSOCIATE PROFESSOR,
DEPARTMENT OF PSYCHIATRIC NURSING
THE OXFORD COLLEGE OF NURSING



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PREAMBLE

The Oxford College of Pharmacy, Bengaluru, IQAC, organized "**ZERO DISCRIMINATION DAY 2023**" with an aim to educate our staffs and students about the zero discrimination. The program was conducted on March 1st 2023. The theme of the Programme was "**SAVE LIVES- DECRIMINALISATION**".

Joint United Nations Programme on HIV/Aids (UNAIDS) is highlighting how the decriminalization of key populations and people living with HIV saves lives and helps advance the end of the AIDS pandemic. Criminal laws targeting key populations and people living with HIV violate people's human rights, exacerbate the stigma people face and put people in danger by creating barriers to the support and services they need to protect their health.

In 2021, the world set ambitious law reform targets to remove criminal laws that are undermining the HIV response and leaving key populations behind. Recognizing decriminalization as a critical element in the response, countries made a commitment that by 2025 less than 10% of countries would have punitive legal and policy environments that affect the HIV response.

In fact, today there are 134 countries explicitly criminalizing or otherwise prosecuting HIV exposure, non-disclosure or transmission; 20 countries criminalize and/or prosecute transgender persons; 153 countries criminalize at least one aspect of sex work; and 67 countries now criminalize consensual same-sex sexual activity, according to UNAIDS. In addition, 48 countries still place restrictions on entry into their territory for people living with HIV, while 53 countries report that they require mandatory HIV testing, for example for marriage certificates or for performing certain professions. 106 countries report requiring parental consent for adolescents to access HIV testing.

Criminalization drives discrimination and structural inequalities. It robs people of the prospect of healthy and fulfilling lives. And it holds back the end of AIDS.





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THE AWARENESS PROGRAM DELIVERED AS FOLLOWS:

The program was started with a welcome note by Mrs. Keserla Bhavani, Program organizer followed by the inaugural address from Dr Padmaa M Paarakh, Principal, The Oxford College of pharmacy.

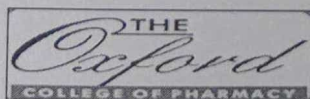
Mrs. Shobha.G, Associate Professor, Department of Psychiatric nursing, was invited to talk about the theme save lives Decriminalization. She had delivered lecture about how the decriminalization save lives. She explains about what is the importance of decriminalization. The students of M. Pharm I year Pharmacology, I year Pharmaceutics, I pharm D, I B. Pharm students were participated in the Programme.

The organizer Mrs. Keserla Bhavani concluded the program with vote of thanks. She thanked chairman Shri S. N. V. L Narasimha Raju, The Oxford Group of Institutions, Dr. Padmaa M Paarakh, principal, The Oxford College of Pharmacy for organizing such an event and Dr. Noopur Srivastava, HOD, Department of Pharmacology.

No of participants:100 participants

Schedule: On 1st March, 2023

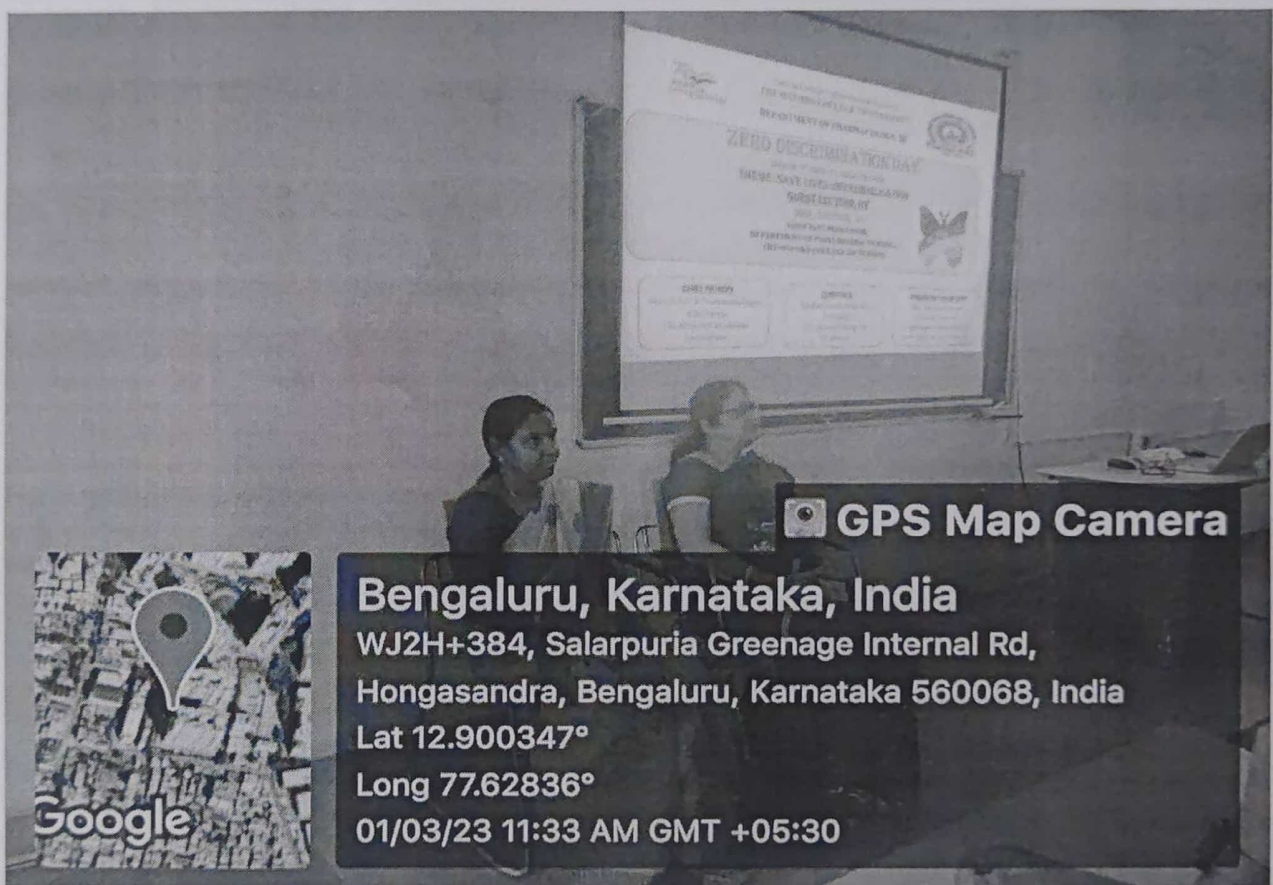
Time Schedule	Programme
11.30AM-12.30PM	"ZERO DISCRIMINATION DAY 2023"



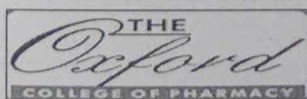
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GPS Map Camera
Bengaluru, Karnataka, India
WJ2H+384, Salarpuria Greenage Internal Rd,
Hongasandra, Bengaluru, Karnataka 560068, India
Lat 12.900347°
Long 77.62836°
01/03/23 11:33 AM GMT +05:30



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CHILDREN'S EDUCATION SOCIETY (REGD.)
THE OXFORD COLLEGE OF PHARMACY
6/9, 1 CROSS, BEGUR ROAD, HONGASANDRA, BENGALURU-560068
DEPARTMENT OF PHARMACOLOGY, IQAC



ZERO DISCRIMINATION DAY

MARCH 1ST 2023, 11:30AM-12:30PM

THEME: SAVE LIVES :DECRIMINILISATION
AWARENESS PROGRAMME

MRS. SHOBHA. G
ASSOCIATE PROFESSOR,
DEPARTMENT OF PSHYCHIATRIC NURSING,
THE OXFORD COLLEGE OF NURSING



CHIEF PATRON

Shri. S N V L Narasimha Raju,
Chairman,
The Oxford Educational
Institutions

CONVENER

Dr. Padmaa M. Paarakh,
Principal,
The Oxford College of
Pharmacy

ORGANIZING SECRETARY

Mrs. Keserla Bhavani,
Assistant Professor,
Department of Pharmacology,
The Oxford college of Pharmacy



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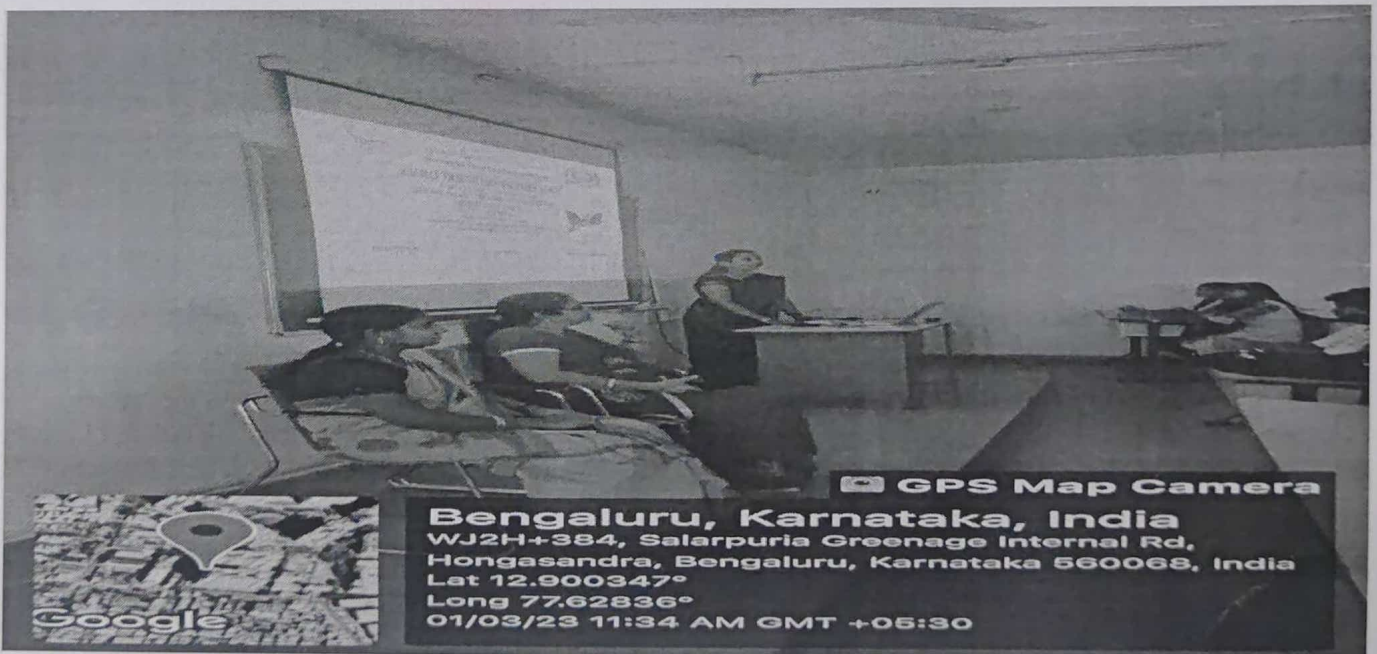
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Hongasandra, Bengaluru, Karnataka 560068, India

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GPS Map Camera

Bengaluru, Karnataka, India

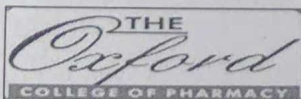
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Hongasandra, Bengaluru, Karnataka 560068, India

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OUTCOME OF THE PROGRAMME

The programme was conducted with an aim to raise an awareness and to educate our staffs and students about the theme save lives- Decriminalization. Students learned that how Criminal activities drives discrimination and structural inequalities and rob people from their rights in the society. They also learned that it robs people of the prospect of healthy and fulfilling lives leading to increased vulnerability. Above all, students, after having exposed to the gravity of the criminalization, felt that it is the duty of the every individual to fight against criminal activities to create secure and safe environment in the society.

END OF THE REPORT

P. Padua

PRINCIPAL

The Oxford College Of Pharmacy
No 6/9, 1st Cross, Begur Road, Hongasandra
Bangalore - 560 068



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Date: 04/03/2023

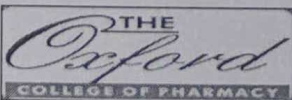
CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that the "International Women's Day" will be celebrated on the 8th of March 2023. All are requested to assemble in the room number 505 by 3pm. We look forward for the active participation for the same.

P. Padua

PRINCIPAL
PRINCIPAL

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Bangalore - 560 068



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DEPARTMENT OF PHARMACEUTICS, IQAC

ORGANIZED

AWARENESS PROGRAM
ON

“INTERNATIONAL WOMEN'S DAY”

ON
WEDNESDAY, 08TH MARCH 2023

CHIEF PATRON

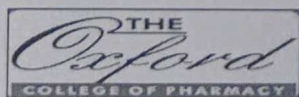
SHRI S. N. V. L NARASIMHA RAJU
CHAIRMAN
THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH
PRINCIPAL
THE OXFORD COLLEGE OF PHARMACY

ORGANIZING SECRETARY

Mrs. SURINDER KAUR
ASST PROFESSOR,
DEPARTMENT OF PHARMACEUTICS,
TOCP



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PREAMBLE:

The Oxford College of Pharmacy, Bengaluru, IQAC, celebrated "Women's Day" on 08th March 2023. There were both teachers and students who attended it from different classes. Mrs. Surinder Kaur, Assistant Professor, department of Pharmaceutics organized the celebration on the occasion of "Women's Day" and Dr. G. Venkata Karthik, Assistant Professor of Pharmacology Department gave a talk on Women's Day.

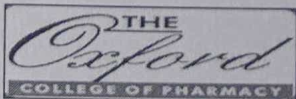
THE AWARENESS PROGRAM DELIVERED AS FOLLOWS:

The organizer Mrs. Surinder Kaur concluded the program with vote of thanks. She thanked chairman Shri S. N. V. L. Narasimha Raju, The Oxford Group Of Institutions, Dr. Padmaa M. Paarakh, principal, the Oxford college of pharmacy for organizing such an event and Dr. Guru Raj S. Kulkarni, HOD, Department of Pharmaceutics. There was a poster presentation competition in the program.

No of participants: 70 participants

Schedule: On 8th March 2023

Time Schedule	Program me
3-4pm	"INTERNATIONAL WOMENS DAY 2023"



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CHILDREN'S EDUCATION SOCIETY (REGD.)



THE OXFORD COLLEGE OF PHARMACY
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BENGALURU - 560 068



MARCH

International

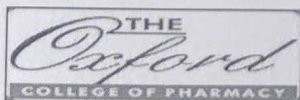
Women's Day

**THEME: "INNOVATION AND TECHNOLOGY FOR GENDER
EQUALITY"**

CHIEF PATRON
Shri S N V L Narasimha Raju
Chairman
The Oxford Educational
Institutions

CONVENER
Dr Padmaa M Paarakh
Principal
The Oxford College of
Pharmacy

ORGANIZING COMMITTEE
Department of
Pharmaceutics
The Oxford College of
Pharmacy



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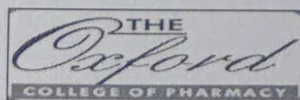
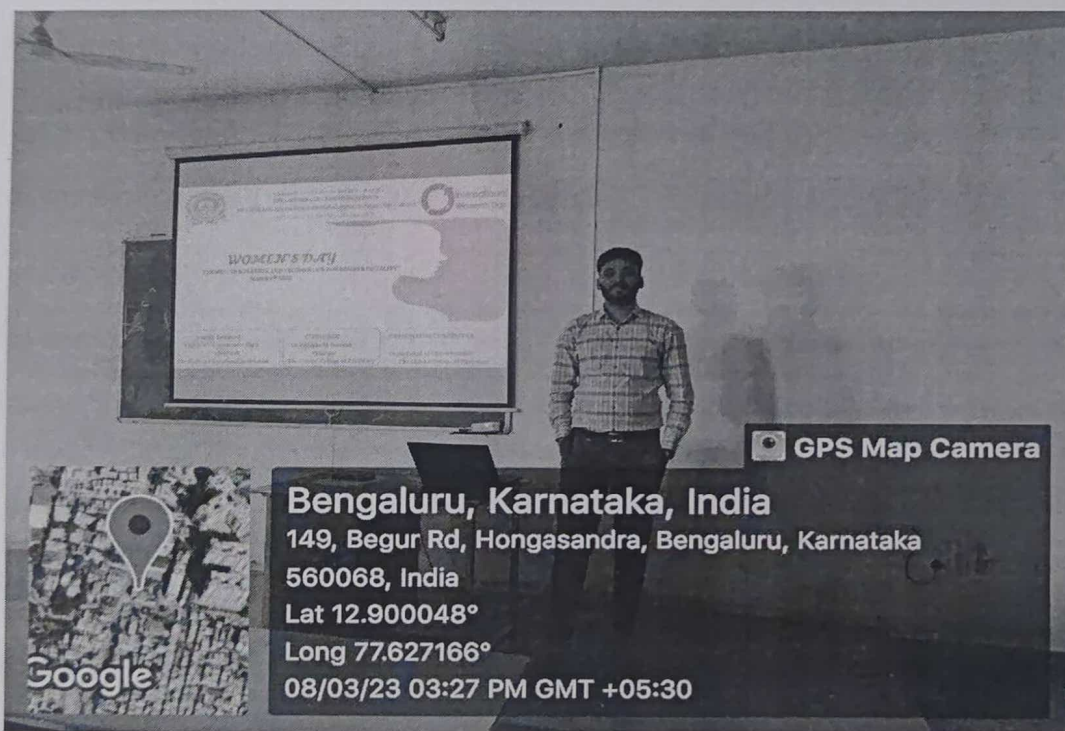
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Dr.G,Venkata Karthik ,Assistant Professor of Pharmacology Department
giving a talk on Women's Day.



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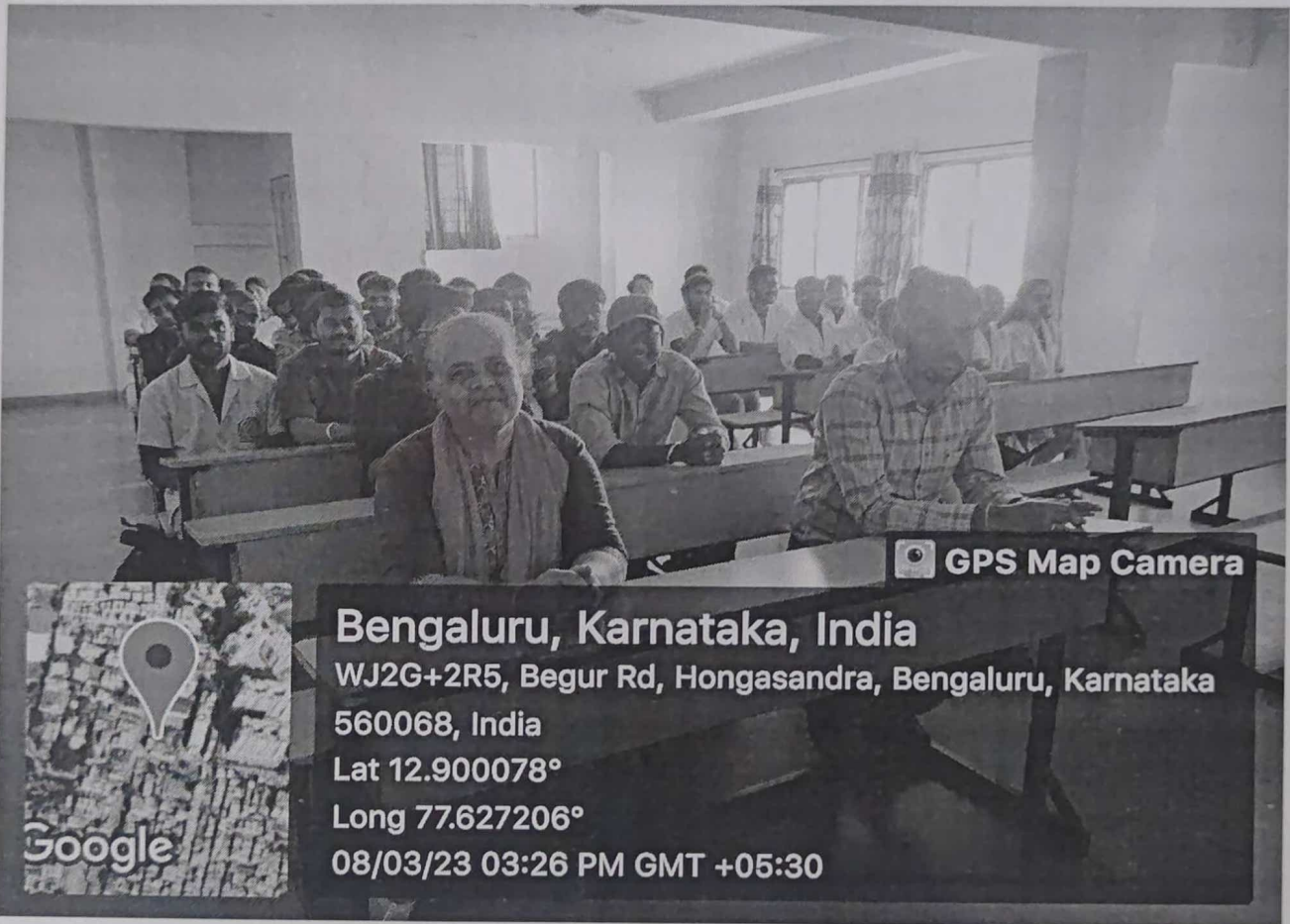
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Boy students showed up in more numbers to attend the women's day



GPS Map Camera



Bengaluru, Karnataka, India

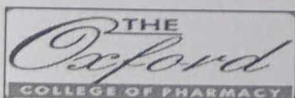
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560068, India

Lat 12.900078°

Long 77.627206°

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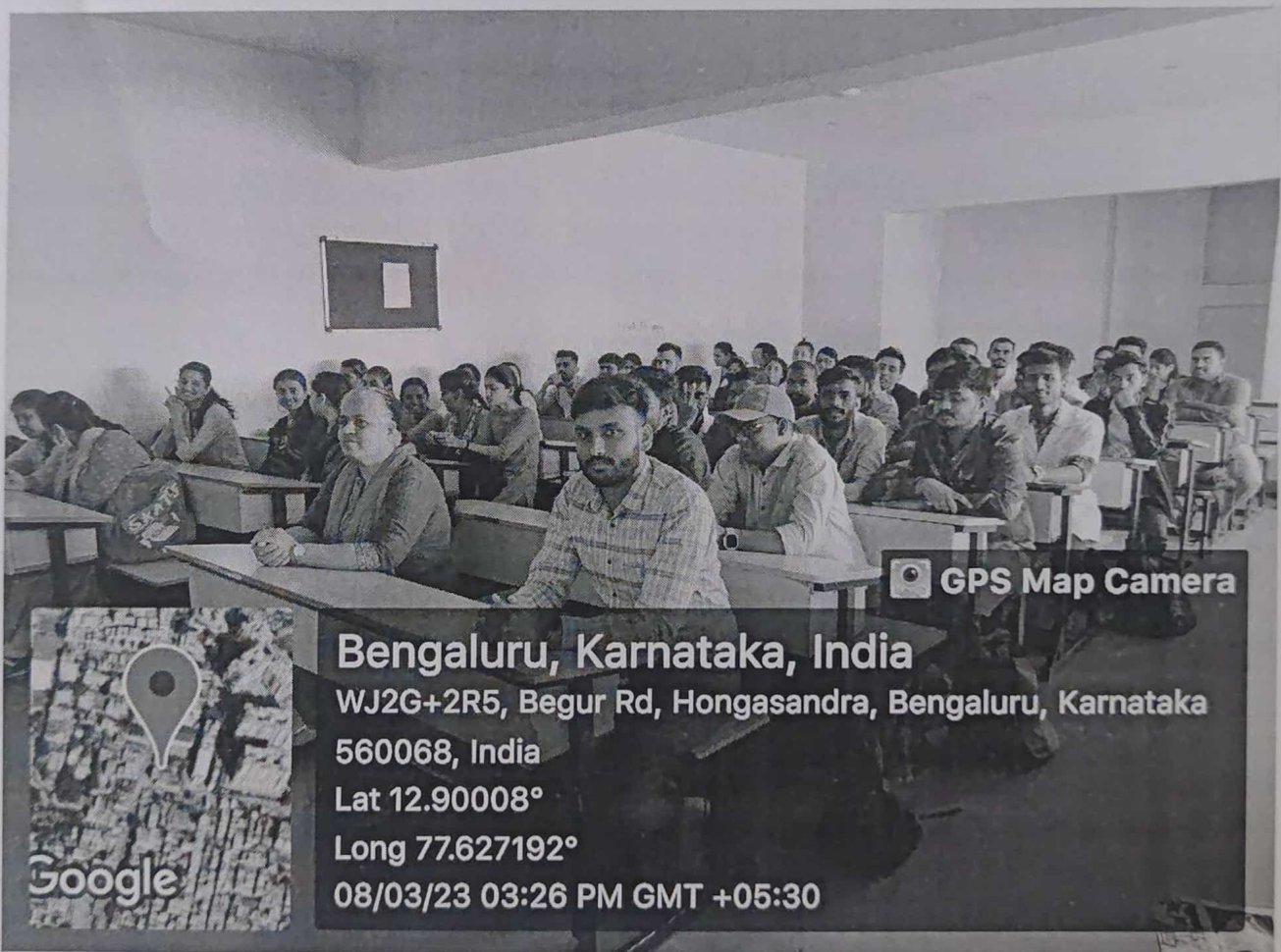
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KEEN LISTENERS ON THE OCCASION



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Bengaluru, Karnataka, India

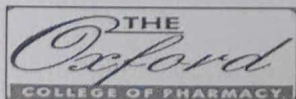
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560068, India

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Long 77.627192°

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POSTER PRESENTATION ON WOMEN AND TECHNOLOGY

JUDGES MRS. JOYCE & MRS NAGALAKSHMI



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Bengaluru, Karnataka 560068, India
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Long 77.62838°
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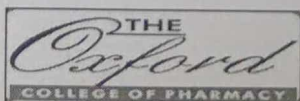
PARTICIPANTS



Bengaluru, Karnataka, India
WJ2H+384, Salarpuria Greenage Internal Rd, Hongasandra,
Bengaluru, Karnataka 560068, India
Lat 12.900333°
Long 77.628421°
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Bengaluru, Karnataka, India
603 1st Main, 2nd, Cross, Begur Rd, Hongasandra,
Bengaluru, Karnataka 560068, India
Lat 12.900106°
Long 77.627942°
08/03/23 03:52 PM GMT +05:30



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BEST POSTER OF THE DAY



Bengaluru, Karnataka, India

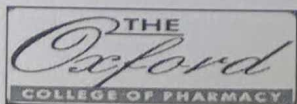
149, Begur Rd, Hongasandra, Bengaluru, Karnataka

560068, India

Lat 12.900067°

Long 77.627157°

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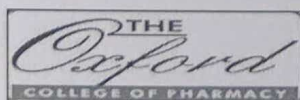
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Long 76.252098°
08/03/23 12:06 PM GMT +05:30



Bengaluru, Karnataka, India
VJXG+MXR, 2nd Main Rd, Hongasandra, Bengaluru, Karnataka 560068, India
Lat 12.899172°
Long 77.627284°
08/03/23 11:52 AM GMT +05:30



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OUTCOME OF THE PROGRAM

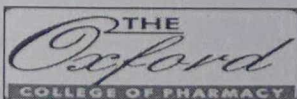
The program emphasized on the empowerment of the women in Indian society. The painting of the students depicted the vulnerable condition and plights of the women in the society. The program boosted the participants to stand against every injustice that a woman goes through in the Society. On this occasion, students and faculty joined together and went to promote awareness among the women about their right, equality and privileges in the society. The efforts taken for the awareness of empowerment of the woman by the college was appreciated much by the society.

END OF REPORT

P. Padma

PRINCIPAL

The Oxford College Of Pharmacy
No 6/9, 1st Cross, Begur Road, Hongasandra
Bangalore - 560 068



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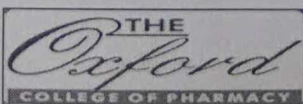
Date: 03/03/2023

CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that an awareness programme on 'NO SMOKING DAY 2023' will be conducted on 09/03/2023. We look forward for the active participation for the same.

P. Padma
PRINCIPAL

PRINCIPAL
The Oxford College Of Pharmacy
No 6/9, 1st Cross, Begur Road, Hongasandra
Bangalore - 560 068



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DEPARTMENT OF PHARMACEUTICS, IQAC

ORGANIZED

AWARENESS PROGRAMME

ON

“NO SMOKING DAY”

ON

THURSDAY, 9TH MARCH 2023

CHIEF PATRON

SHRI.. S.N.V. L . NARASIMHARAJU
CHAIRMAN
THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH
PRINCIPAL
THE OXFORD COLLEGE OF PHARMACY

ORGANIZING SECRETARY

Dr. VIKRAM.T
ASSISTANT PROFESSOR
DEPARTMENT OF PHARMACEUTICS
TOCP



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PREAMBLE

The Oxford College of Pharmacy, Bengaluru, IQAC organized “NO SMOKING DAY 2023” with an aim to spread awareness about the harmful health effects of tobacco consumption through cigarette and other modes. Dr. Vikram.T, Assistant Professor, Department of Pharmaceutics initiated the programme along with students. The utmost intention of the program is to help smokers to get rid from the habit of smoking. The programme was conducted on 9th March 2023.

The history of No Smoking Day dates back to the early 1980s when a small group of individuals in the United Kingdom decided to launch a campaign to raise awareness about the harmful effects of smoking. The first No Smoking Day was observed in the UK in 1984, and since then, it has been observed annually on the second Wednesday in March.

The idea behind No Smoking Day was to encourage smokers to quit smoking by creating awareness about the risks associated with smoking. The campaign aimed to provide smokers with the support they need to quit smoking and to create a smoke-free environment for non-smokers.

The content of the session

No Smoking Day 2023 was organized by The Oxford College of Pharmacy, Bengaluru on 9th March 2023 with the theme “Quit and Win”. The programme started with the welcoming of the audience and introduction of the speaker of the day Mr. Thirumala Rao, Lecturer, The Oxford College of Physiotherapy, Bengaluru.

No. of Participants: 60

Schedule: On 9th March 2023

Time Schedule	Programme
12 PM-1 PM	NO SMOKING DAY 2023



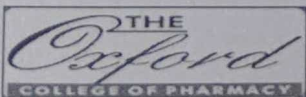
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Mr. Thirumala Rao addressed the students about sources of tobacco, consequences and harmful effects of tobacco to students through video. The programme was attended by students of B.Pharm. Around 60 participants including staffs and students of The Oxford College of Pharmacy attended the programme. The organizer Dr. Vikram concluded the programme with vote of thanks. He thanked Chairman Shri. S.N.V. L. Narasimha Raju, The Oxford Group of Institutions, Dr Padmaa M Paarakh, Principal, The Oxford College of Pharmacy for encouraging to organize the event. After the inside campus program students went outside the campus along with faculties and aware the public about the risks associated with smoking.



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THE OXFORD COLLEGE OF PHARMACY

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DEPARTMENT OF PHARMACEUTICS, IQAC



NO SMOKING DAY- 2023

MARCH 9th 2023, 12 PM

THEME: *QUIT AND WIN*

GUEST LECTURE BY

Mr. Thirumala Rao

Lecturer

THE OXFORD COLLEGE OF PHYSIOTHERAPY



PATRON

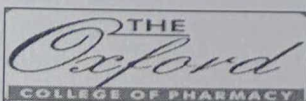
SHRI S. N. V. L. NARASIMHARAJU
CHAIRMAN
THE OXFORD GROUP OF INSTITUTIONS

CONVENER

DR PADMAAM PAARAKH
PRINCIPAL
THE OXFORD COLLEGE OF PHARMACY

ORGANIZING SECRETARY

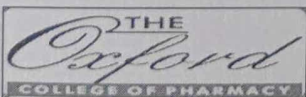
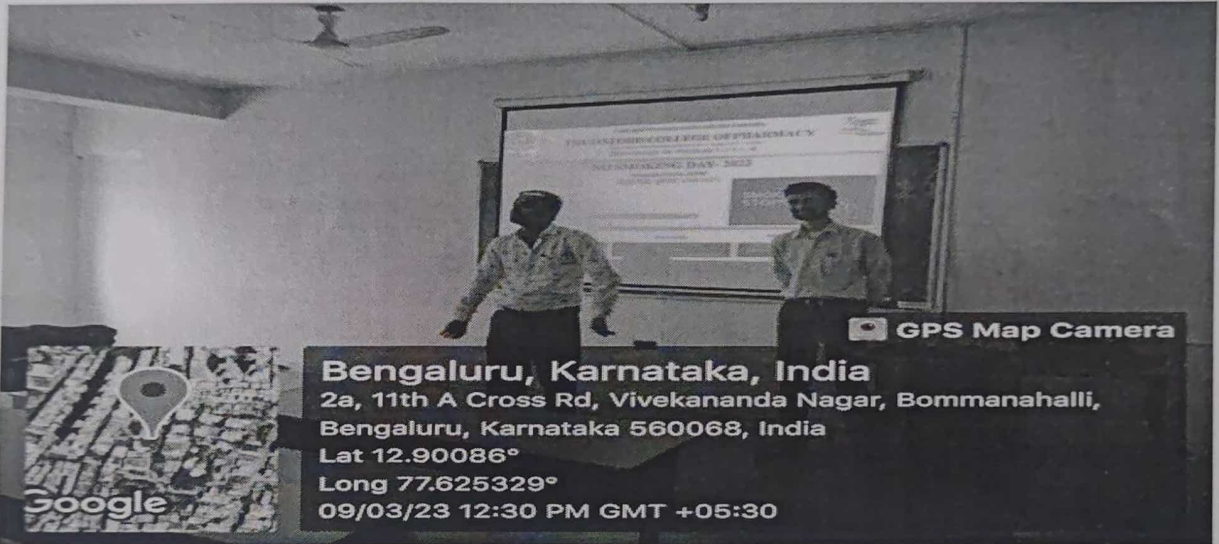
DR. VIKRAM .T
DEPARTMENT OF PHARMACEUTICS
THE OXFORD COLLEGE OF PHARMACY
BANGALORE



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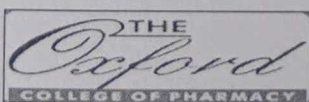
Bengaluru, Karnataka, India

No.9, Jockey Back Side, opp. Shahi Export, Vivekananda
Nagar, Bommanahalli, Bengaluru, Karnataka 560068, India

Lat 12.900892°

Long 77.624938°

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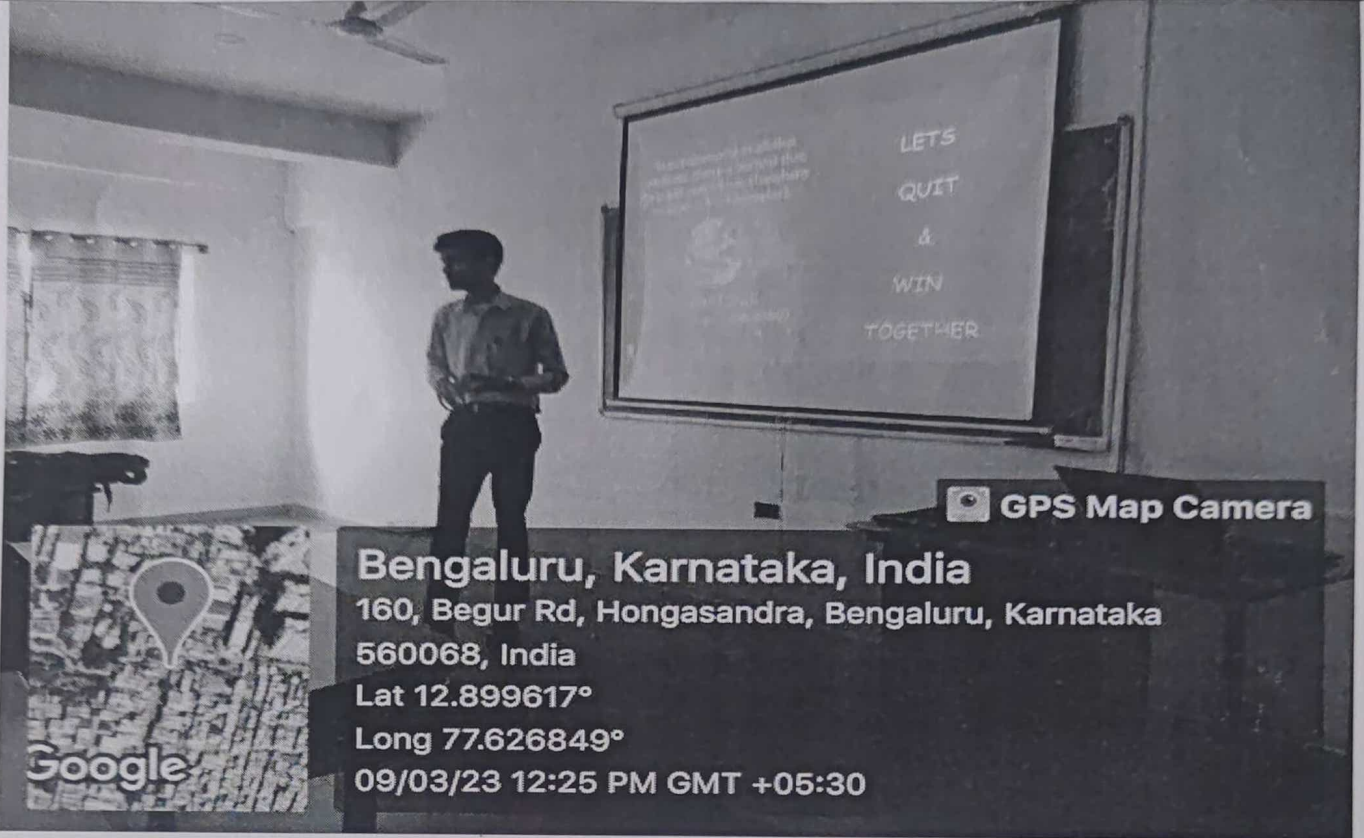
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Bengaluru, Karnataka, India

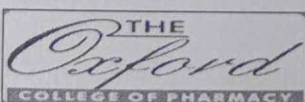
160, Begur Rd, Hongasandra, Bengaluru, Karnataka

560068, India

Lat 12.899617°

Long 77.626849°

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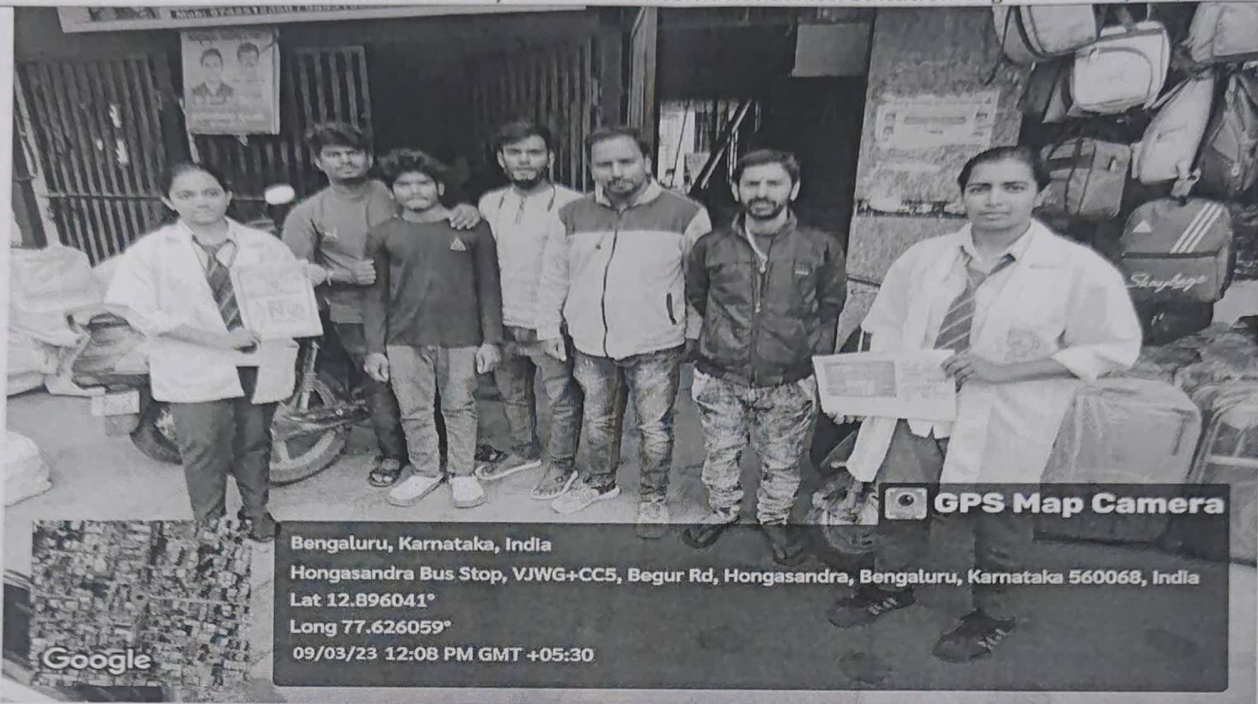
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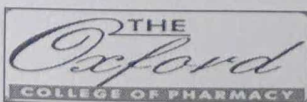
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GPS Map Camera
Bengaluru, Karnataka, India
Hongasandra Bus Stop, VJWG+CC5, Begur Rd, Hongasandra, Bengaluru, Karnataka 560068, India
Lat 12.896041°
Long 77.626059°
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GPS Map Camera
Bengaluru, Karnataka, India
VJWG+JFM, Begur Rd, Hongasandra, Bengaluru, Karnataka 560068, India
Lat 12.896602°
Long 77.626126°
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Students creating awareness in society- No smoking day

OUTCOME OF THE PROGRAMME

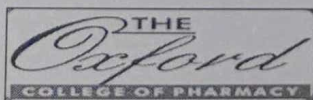
On "No Smoking Day" The Oxford College of Pharmacy created awareness within its campus among the students and staff about the fatal consequences of smoking and use of tobacco. At the same time, faculty and students went out together on the streets and market place. They promoted awareness among the labourer, vendors, shopkeepers about the harmful effects of smoking and tobacco consumption and encouraged people to quit smoking. They also oriented individuals and different groups of people in the society about the benefits of quitting smoking such as good health, reduced healthcare cost, a clean environment, improvement in academic performance, and improves social behaviours etc. The efforts of the Oxford College of Pharmacy in creating awareness regarding the fatal effects on health etc. received much appreciation from the local people.

END OF REPORT

P. Padma

PRINCIPAL

Oxford College Of Pharmacy
No.6/9, 1st Cross, Begur Road, Hongasandra
Bangalore - 560 068



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Date: 15/03/2023

CIRCULAR

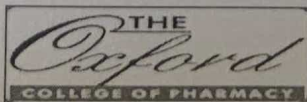
All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that a extension activity on “INTERNATIONAL DAY OF HAPPINESS” will be conducted on 20/03/2023. We look forward for the active participation for the same.

P Padma

PRINCIPAL

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The Oxford College Of Pharmacy
No 6/9, 1st Cross, Begur Road, Hongasandra
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DEPARTMENT OF PHARMACOGNOSY, IQAC

ORGANISED PROGRAMME

ON

“INTERNATIONAL DAY OF HAPPINESS”

ON

20TH MARCH 2023

CHIEF PATRON

DR. S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD EDUCATIONAL INSTITUTIONS

CONVENER

DR. PADMAA M PAARAKH

PRINCIPAL

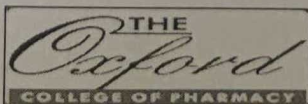
THE OXFORD COLLEGE OF PHARMACY

ORGANISING SECRETARY

T. SRAVANI

ASSISTANT PROFESSOR

DEPARTMENT OF PHARMACOGNOSY



No.6/9, 1st Cross, Begur Road, Hongasandra, Bengaluru -560 068
☎: +91- 80 - 61754694; Fax: +91- 80 -61754699; www.theoxford.edu
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INTRODUCTION

What is International Day of Happiness?

It's a day to be happy, of course! Since 2013, the United Nations has celebrated the International Day of Happiness to recognise the importance of happiness in the lives of people around the world. Happiness is a fundamental human goal. The United Nations General Assembly recognizes this goal and calls for "a more inclusive, equitable and balanced approach to economic growth that promotes the happiness and well-being of all peoples."

In 2015, the UN launched the 17 Sustainable Development Goals, which seek to end poverty, reduce inequality, and protect our planet – three key aspects that lead to well-being and happiness.

The United Nations invites each person of any age, plus every classroom, business, and government to join in celebration of the International Day of Happiness.

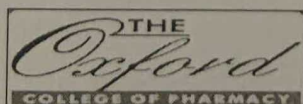
Background

The General Assembly of the United Nations in its resolution 66/281 of 12 July 2012 proclaimed 20 March the International Day of Happiness, recognizing the relevance of happiness and well-being as universal goals and aspirations in the lives of human beings around the world and the importance of their recognition in public policy objectives. It also recognized the need for a more inclusive, equitable and balanced approach to economic growth that promotes sustainable development, poverty eradication, happiness, and the well-being of all people.

The resolution was initiated by Bhutan, a country which recognized the value of national happiness over national income since the early 1970s and famously adopted the goal of Gross National Happiness over Gross National Product. It also hosted a High-Level Meeting on "Happiness and Well-Being: Defining a New Economic Paradigm" during the sixty-sixth session of the General Assembly.

OBJECTIVES OF THE ACTIVITY

- The objective of celebrating International days and weeks are occasions to educate the public on issues of concern, to mobilize political will and resources to address global problems, and to celebrate and reinforce achievements of humanity.
- Keeping in view of the above the International Day of Happiness was organised to remember the universal desire for happiness and the capacity of individuals to rally to each other's support in times of great need.



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- The theme of the day was 'Be Mindful, Be Grateful, Be Kind' which is a reminder that happiness is within our reach, and we can take small steps every day to feel more positive and uplifted.

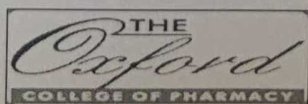
The program was attended by around 100 participants which includes students and faculty of The Oxford College of Pharmacy.

Schedule:

Time Schedule	Programme
9.45-10.00 AM	Introduction about the International Day of Happiness
10.00-10.30 AM	Addressing the gathering by Principal and HOD's of various departments
10.30-10.45 AM	What does happiness mean to you? --- interactive session with the participants
10.45-11.00 AM	Conclusion, feedback and vote of thanks

CONCLUSION, FEEDBACK AND VOTE OF THANKS

The objective of the organising the International Day of Happiness was achieved and Feedback was taken from the participants which helps to improve the quality of the activities conducted in future. Mrs. Sravani ended the program by a vote of thanks. She thanked the Principal, Dr. Padmaa M Parakh and the entire fraternity of The Oxford College of Pharmacy for the perfect support given to organise the activity.



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6/9, 1st CROSS, BEGUR ROAD, HONGASANDRA, BENGALURU - 560068

Department of Pharmacognosy, IIC

Theme: 'Be Mindful, Be Grateful, Be Kind'



Being Happy
never goes out of
style

Happiness
is the best
makeup

Chief Patron
Shri. S N V L Narasimha Raju
Chairman,
The Oxford Educational Institutions

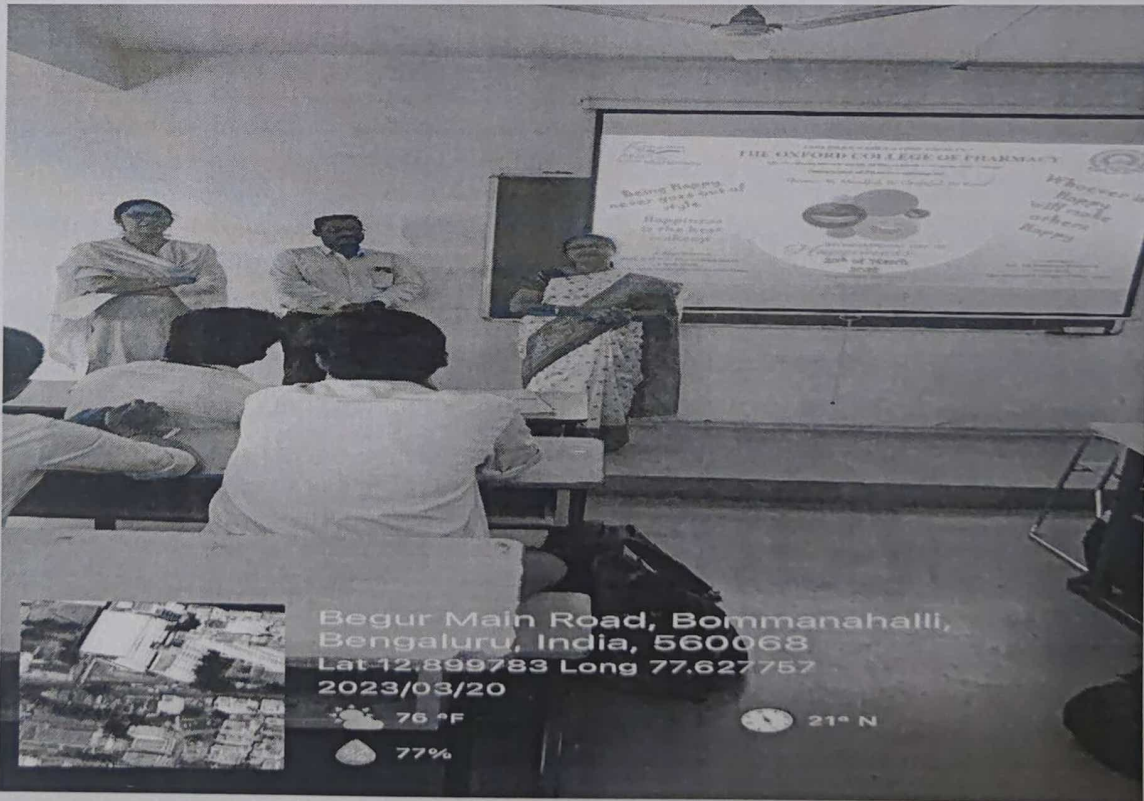


INTERNATIONAL DAY OF
Happiness
20th of March
2023

Organizing Secretary
Mrs. T Sravani

Whoever is
Happy
will make
others
Happy

Convener
Dr. M Padmaa Paarakh
Principal,
The Oxford College of Pharmacy

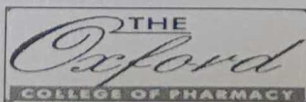


Begur Main Road, Bommanahalli,
Bengaluru, India, 560068
Lat-12.899783 Long 77.627757
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OUTCOME

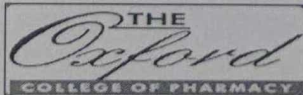
- The objective of organising the International Day of Happiness is to encourage participants to adopt smile, daily practices to be happy.
- This year, the theme for International Day of Happiness is 'Be Mindful, Be Grateful, Be Kind'.
- Simple experiences of the students were shared which help to appreciate the small joys in life and find more meaning in daily activities.
- The session was lively with exchange of thoughts on how to practice mindfulness, gratitude so that we one can shift the focus away from negativity. The importance of being kind was also emphasised to students which is an essential component of a happy and fulfilling life.
- Overall, the program was successful in instilling the three fundamental aspects of life: 'Being Mindful, Grateful and Kind' in the minds of the students who play a very crucial role in making the society feel more positive and uplifted.

END OF REPORT

P. Padma

PRINCIPAL

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Bangalore - 560 068



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Date:10/4/23

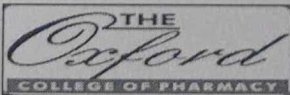
CIRCULAR

The NSS unit of the Oxford college of pharmacy is organizing the Dr.B R Ambedkar Jayanti at The Oxford college of pharmacy on 14/04/2023 at 9.30am. We request the active participation of the staff and students for the same.

P. Padma

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DEPARTMENT OF PHARMACY PRACTICE, IQAC

ORGANIZE

AWARENESS PROGRAM

ON

“B R AMBEDKAR JAYANTI”

14TH APRIL-2023

CHIEF PATRON

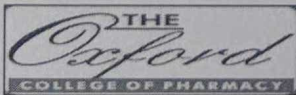
SHRI S. N. V. L NARASIMHA RAJU
CHAIRMAN
THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH
PRINCIPAL
THE OXFORD COLLEGE OF PHARMACY

ORGANIZING SECRETARY

MRS.LIJI
ASSISTANT PROFESSOR,
DEPARTMENT OF PHARMACY PRACTICE
TOCP



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PREAMBLE:

The Oxford College of Pharmacy, Bengaluru, IQAC, organized "Dr B R AMBEDKAR JAYANTI" with an aim to raise an awareness program to educate our staffs and students about the contribution of Dr B R Ambedkar to our nation. The program was conducted on april 14th 2023.

The major contribution by Dr. Ambedkar was helping dalits to get equal authority, status and respect in society as others. He is one of the greatest leaders in Indian history. He always fought against the discrimination happening against the dalits. He form new laws in support of dalits and gave them education and equal rights as other caste. We should pay him respect and tribute on what he had contributed to indian law and constitution .Because of him,many students are able to get quality education in india at lesser fee. There are people who are economically backward and cannot afford education in high level institute, but because of B R Ambedkar even they are able to get high quality education for their children which will secure the future of India.

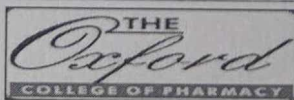
THE AWARNNESS PROGRAM DELIVERED AS FOLLOWS:

The program started with a welcome note by Mrs Liji, Program organizer followed by the inaugural address from Dr Padmaa M Paarakh, Principal, The Oxford College of pharmacy. The program started with a lamp lighting ceremony.

Dr. G Parthasarathy HOD, Department of Pharmacy practice, was invited to talk about the B R Ambedkar day. He delivered message about the importance of the day. One of the reasons of celebrating Ambedkar jayanti is to inspire the youth by reminding them of the heroic deeds of Dr Ambedkar.

The program has three different sessions which is delivered by students of III PharmD. Around 100 participants including staffs and students of oxford college of Pharmacy were attended the program.

The student staged a play on the role of Dr. Ambedkar which was witnessed by all staff members. III PharmD students organized a programme on "Role of Dr. Ambedkar in framing Indian constitution. Dr Padmaa M Paarakh Principal highlighted the contributions of Ambedkar in framing and designing the Indian constitution. Students and faculty members of the college paid tribute to Dr Ambedkar who was a social reformer, Jurist, Economist, Author and a great Scholar and thinker.



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Children's Education Society (Regd.)
The Oxford College of Pharmacy

(Recognised by the Govt. of Karnataka, Affiliated to Rajiv Gandhi University of Health Sciences, Karnataka;
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Accredited by NAAC and International Accreditation Organization (IAO)

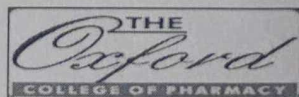
On this Occasion, A documentary on life and contribution of Ambedkar was shown to students. The achievements and contributions of Ambedkar was highlighted and his major contributions to uplift the lower caste people were also highlighted. Dr. Ambedkar was a strong advocate of social justice, equality and human rights.

The organizer Mrs. Liji concluded the program with vote of thanks. She thanked chairman Shri S. N. V. L. Narasimha Raju, The Oxford Group of Institutions, Dr. Padmaa M Paarakh, Principal, the oxford college of pharmacy for organizing such an event and Dr. G Parthasarathy HOD, Department of Pharmacy practice. And to all the other faculties and students who participated in the event and helped in its successful completion of the event.

No of participants: 80 participants

Schedule: On 14th April 2023

Time Schedule	Programme
9.30am	Dr B R Ambedkar Jayanti



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INVITES YOU FOR DR. B R AMBEDKAR JAYANTHI



DATE: APRIL 14 2023 TIME: 9:30 AM

VENUE: 505 TOCP

ORGANISED BY DEPARTMENT OF PHARMACY PRACTICE

CHIEF PATRON

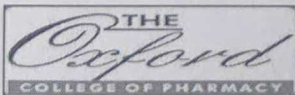
SHRI S.N.V.L. NARASIMHA RAJU
CHAIRMAN
THE OXFORD GROUP OF
INSTITUTIONS

CONVENER

DR PADMAA M PAARAKH
PRINCIPAL
THE OXFORD COLLEGE OF PHARMACY

**ORGANISING
SECRETARY**

MRS LJJI
ASST PROFESSOR
DEPARTMENT OF PHARMACY
PRACTICE
TOCP



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Bengaluru, Karnataka, India

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Lat 12.900196°

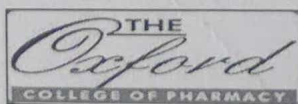


Bengaluru, Karnataka, India

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Bengaluru, Karnataka 560068, India

Lat 12.900196°

Long 77.62775°



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OUTCOME OF THE PROGRAM

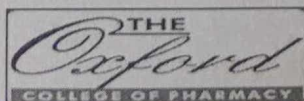
Dr. Ambedkar's life, his advocacy for social equality, and his pivotal role in shaping the constitution, students gained a profound knowledge for the historical and social context that underpins their profession. His ideas continue to inspire around the world. The session not only expanded their cultural competence but also inspired a commitment to ethical and inclusive healthcare practices. His ideas continue to inspire around the world.

END OF REPORT

P. Padua

PRINCIPAL

The Oxford College Of Pharmacy
No 6/9, 1st Cross, Begur Road, Hongasandra
Bangalore - 560 068



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Date : 25/4/2023

CIRCULAR

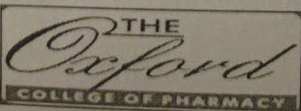
All the teaching, no-teaching and students of The Oxford College of Pharmacy are here by informed that The Oxford College of Pharmacy, Bengaluru, IQAC, organizing "**WORLD ASTHMA DAY 2023**" an awareness program to educate our staffs and students about the asthma condition, the medication, treatment and its first aid. The program will be conducted on May 2nd 2023. We request your active participation for the same.

P. Padma

PRINCIPAL

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DEPARTMENT OF PHARMACEUTICAL CHEMISTRY,

IQAC ORGANIZE

**AWARENESS PROGRAM
ON**

“WORLD ASTHMA DAY”

ON

TUESDAY, 02ND MAY 2023

CHIEF PATRON

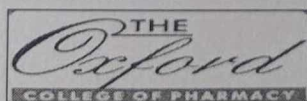
SHRI S. N. V. L. NARASIMHA RAJU
CHAIRMAN
THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH
PRINCIPAL
THE OXFORD COLLEGE OF PHARMACY

ORGANIZING SECRETARY

Mrs. PRADEEPA PRASAD
ASST PROFESSOR,
DEPARTMENT OF PHARMACEUTICAL CHEMISTRY,
TOCP



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PREAMBLE:

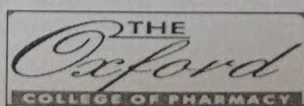
The Oxford College of Pharmacy, Bengaluru, IQAC, organized "**WORLD ASTHMA DAY 2023**" with an aim to raise an awareness program to educate our staffs and students about the asthma condition, the medication, treatment and its first aid. The program was conducted on May 2nd 2023

GINA (global Initiative for asthma) a World Health Organization collaborative organization founded in 1993 has chosen "**Asthma care for All**" as the theme for the 2023 World Asthma Day. Its global healthcare event which is observed on the first Tuesday in May every year in a bid to spread awareness about the chronic respiratory disease. This year, the day is being marked on May 2, 2023. The day was chosen to correspond with the summer seasons, when allergies and weather changes might aggravate asthma symptoms. If asthma is not adequately managed, it might result in numerous other health problems. Chronic asthma may lead to breathing issues, sleep disturbances, exhaustion and poor focus in the long run. **The Asthma care for All** message promotes the development and implementation of effective asthma management programs in all resource countries.

According to a study conducted by the Global Asthma Network (GAN), India is responsible for over 42% of the world asthma-related deaths. Asthma is a medical condition that causes the airways to narrow and become inflamed, leading to the accumulation of mucus, resulting in difficulty breathing. World Asthma Day is a significant occasion that seeks to increase awareness about asthma and its treatment.

THE AWARENESS PROGRAM DELIVERED AS FOLLOWS:

The program was started with a welcome note by Mrs. Pradeepa Prasad, Program organizer followed by the inaugural address from Dr Padmaa M Paarakh, Principal, The Oxford College of pharmacy.



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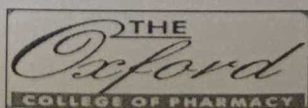
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Dr. Jyoti Srivastava, HOD, Department of Pharmaceutical chemistry, was invited to talk about the Asthma Day. She was delivered about the management of asthma by various breathing techniques like Anulom Vilom Pranayama, and educate the participants to stay healthy by Making the necessary lifestyle adjustments to maintain a healthy mind and body by avoiding behaviors that can impede your mental and physical growth. By keeping yourself active and involved in something constructive.

The program has three different sessions which is delivered by students of III Pharm D. The first session was "Know the condition" which provides all information about the disease condition, its causes and importance of the condition. The second session was "The Treatment and First Aids" includes all the possible treatment plans, medications and how to perform the first aids in an emergency situation.



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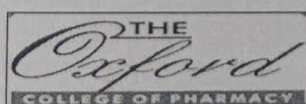
The third session was "How to use an Inhaler", which is a demonstration of medicated metered Inhaler by Miss. Dimple, student of III Pharm D. The program was attended by students of Pharm D, B. Pharm and D. Pharm. Around 100 participates including staffs and students of oxford college of Pharmacy were attended the program.

The organizer Mrs. Pradeepa Prasad concluded the program with vote of thanks. She thanked chairman Shri S. N. V. L Narasimha Raju, The Oxford Group of Institutions, Dr. Padmaa M Paarakh, principal, the oxford college of pharmacy for organizing such an event and Dr. Jyoti Srivastava, HOD, Department of Pharmaceutical chemistry. And to all the other faculties and students who participated in the event and helped in its successful completion of the event.

No of participants: 100 participants

Schedule: On 2nd May 2023

Time Schedule	Programme
10 am	"WORLD ASTHMA DAY 2023"



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CHILDREN'S EDUCATION SOCIETY (REGD.)
THE OXFORD COLLEGE OF PHARMACY
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75
Azadi Ka
Amrit Mahotsav

INVITES YOU TO

WORLD ASTHMA DAY 2023
AWARENESS PROGRAMME

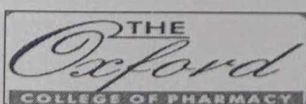
"Asthma Care for All"

organized by Department of pharmaceutical chemistry, IQAC, Bangalore

Date: Tuesday, 02nd May 2023 | Time 10am | Venue 505, TOCP

Organized by Department of pharmaceutical chemistry, IIC, Bangalore

CHIEF PATRON SHRI S. N. V. L NARASIMHA RAJU CHAIRMAN THE OXFORD GROUP OF INSTITUTIONS	CONVENER Dr. PADMAA M PAARAKH PRINCIPAL THE OXFORD COLLEGE OF PHARMACY	ORGANIZING SECRETARY Mrs. PRADEEPA PRASAD Asst Professor, Department of Pharmaceutical Chemistry, TOCP
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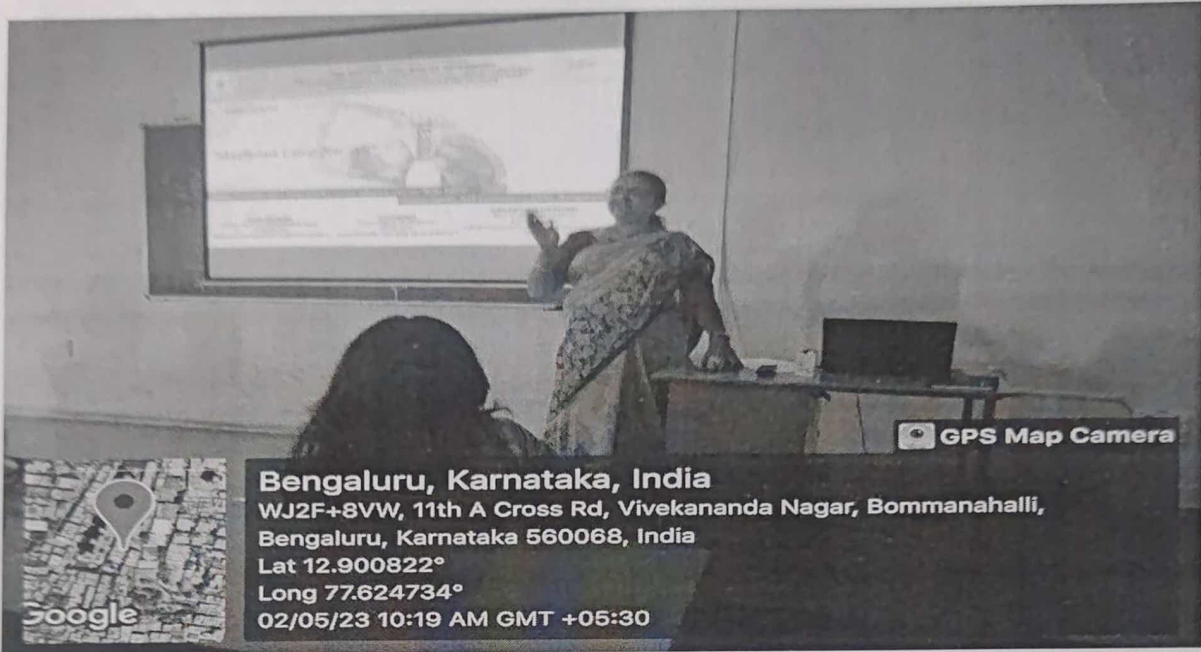


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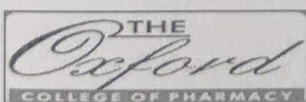
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WJ2F+8VW, 11th A Cross Rd, Vivekananda Nagar, Bommanahalli,
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Lat 12.900822°
Long 77.624734°
02/05/23 10:19 AM GMT +05:30



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Bengaluru, Karnataka 560068, India
Lat 12.900196°
Long 77.62775°
02/05/23 10:30 AM GMT +05:30



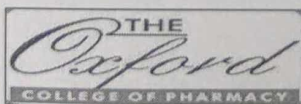
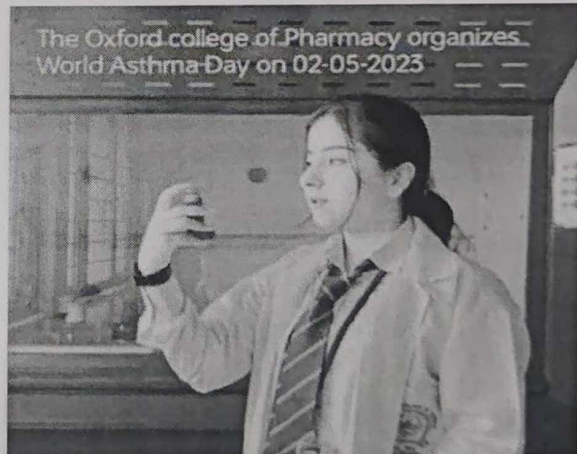
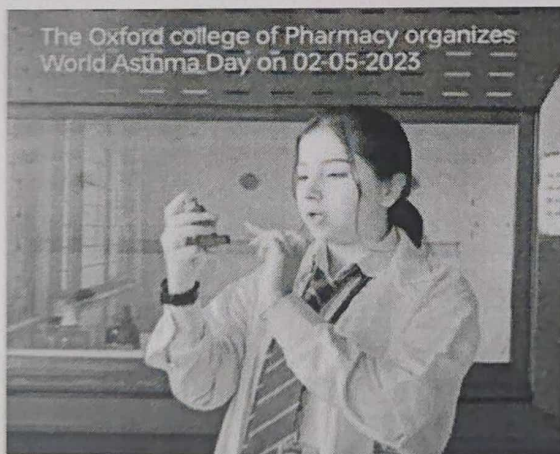
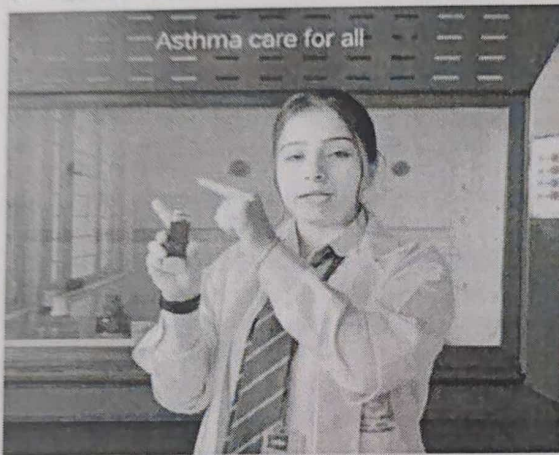
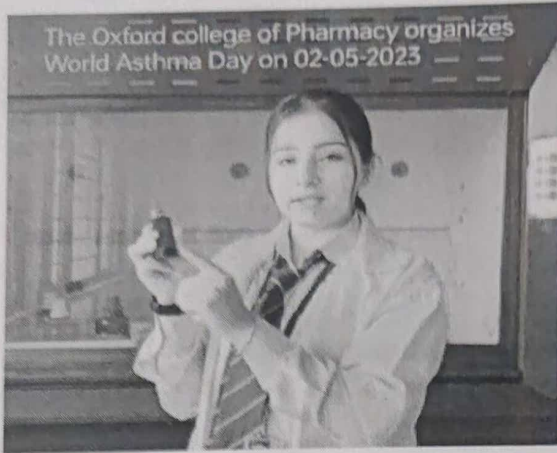
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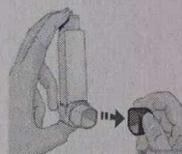
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"ASTHMA CARE FOR ALL"

- World Asthma Day is an annual awareness day that is organized by the Global Initiative for Asthma (GINA).
- Its main goal is to raise awareness about asthma and improve asthma care around the world.
- The event is held on the first Tuesday of May every year and aims to promote understanding of asthma and encourage individuals to take control of their asthma by seeking appropriate medical care.

HOW TO USE AN INHALER

- **STEP 1: Remove the cap**
- The cap is a small covering located over the mouthpiece of the inhaler to prevent foreign objects from getting in the inhaler. Pull the cap to remove it and set it in a safe place. ⁽¹⁾An uncapped inhaler can pick up germs and debris, which you will then pump into your lungs.
- Make sure that you don't lose your cap while you're using your inhaler.



SYMPTOMS OF ASTHMA TO LOOK OUT FOR

- Wheezing, a whistling or squeaky sound when breathing.
- Shortness of breath or difficulty in breathing.
- Chest tightness or pain.
- Chronic coughing especially at night or early morning.
- Rapid breathing or panting.
- Trouble sleeping.
- Fatigue or tiredness due to difficulty of breathing.
- Anxiety or panic due to sudden onset of symptoms.



FIRST AID FOR ASTHMA

- **Step 1: Sit the person upright**
- Be calm and reassuring.
- Do not leave them alone.
- **Step 2: Give 4 separate puffs of blue/grey reliever puffer**
- Shake the puffer.
- Put 1 puff into the spacer.
- Get the person to take 4 breaths from the spacer.
- Repeat until 4 puffs have been taken. (If you don't have a spacer, give 1 puff as they take 1 slow, deep breath and hold breath for as long as comfortable. Repeat until all puffs are taken.)
- Remember: Shake, 1 puff, 4 breaths.





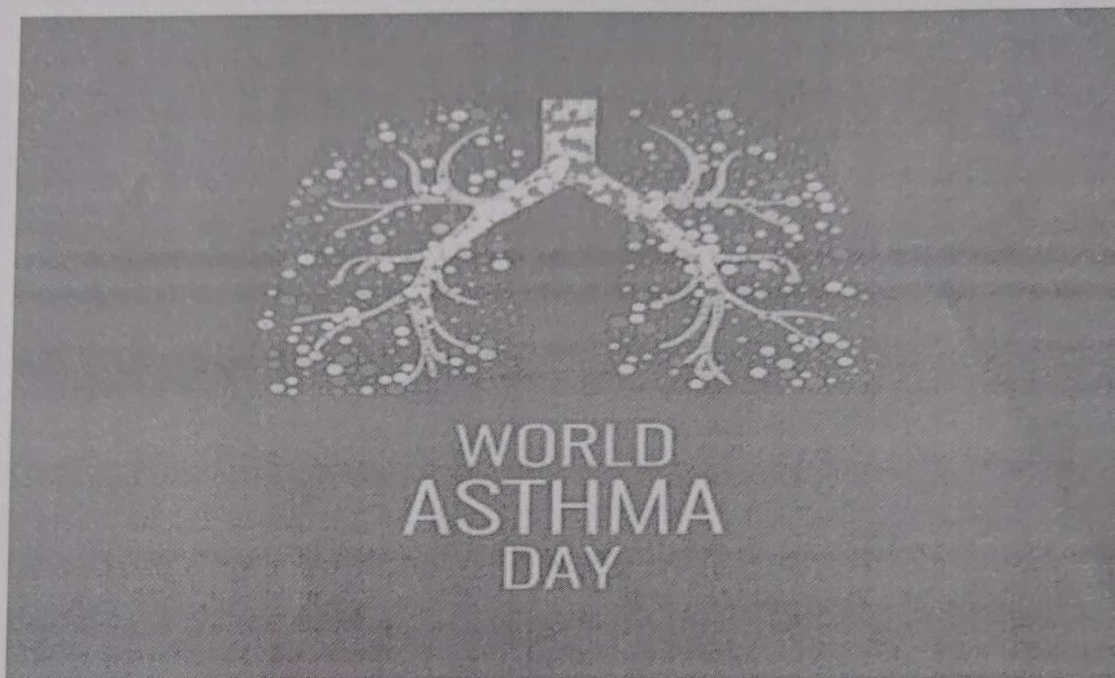
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The Oxford College of Pharmacy

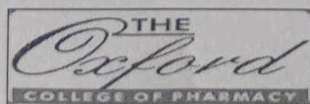
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“BREATHE IN, BREATHE OUT AND KEEP CALM”



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OUTCOME OF THE PROGRAMME

The program with an aim to raise an awareness and to educate our staffs and students about the asthma condition, the medication, treatment and its first aid was successfully achieved. Students gained information about the disease condition, its causes and importance. Students also practiced various breathing techniques for management of asthma that to be practiced in daily life. The demonstration of medicated metered Inhaler has created a good knowledge among the students.

END OF THE REPORT

P. Padma

PRINCIPAL

The Oxford College Of Pharmacy
No 6/9, 1st Cross, Begur Road, Hongasandra
Bangalore - 560 068



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DATE:02/05/23

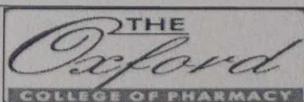
CIRCULAR

This is to inform all the students and teaching staff of The Oxford College of Pharmacy that, a program titled "Awareness programme on antibiotics usage" will be conducted on 08/05/23. We request for the active participation for the same.

P. Padma

PRINCIPAL

The Oxford College Of Pharmacy
No 6/9, 1st Cross, Begur Road, Hongasandra
Bangalore - 560 068



No.6/9, 1st Cross, Begur Road, Hongasandra, Bengaluru -560 068

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e-mail: pharmacyprincipal@theoxford.edu; info@theoxford.edu;



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The Oxford College of Pharmacy

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Approved by Pharmacy Council of India, New Delhi)

Accredited by NAAC and International Accreditation Organization (IAO)

DEPARTMENT OF PHARMACOLOGY, IQAC

ORGANISED

"AWARENESS PROGRAMME ON ANTIBIOTICS USAGE"

ON

MONDAY 8TH MAY 2023

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD EDUCATIONAL INSTITUTIONS

CONVEYER

DR. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANISING SECRETARY

MRS. NAGALAXMI

ASSISTANT PROFESSOR

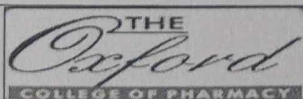
DEPARTMENT OF PHARMACOLOGY

RESOURCE PERSON

DR. NUPOOR SRIVASTAVA

HOD

DEPARTMENT OF PHARMACOLOGY



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PREAMBLE

Antibiotics are essential medicines that fight infections caused by bacteria in humans and animals by either killing the bacteria or making it difficult for them to grow and multiply. However, their misuse and unnecessary prescription can lead to side effects and contribute to antibiotic resistance, which is a significant threat to public health.

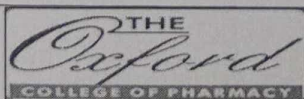
CONTENT

An awareness program was held on 8/05/2023 at The Oxford College of Pharmacy, organised by Ms. Nagalakshmi, dept of pharmacology and speech delivered by Dr.Noopur Shrivastava, HOD Pharmacology, discussed in depth about awareness on antibiotic usage. And explained thoroughly regarding antibiotic resistance and its effect on public health. There were around 50 Participants .

Antibiotics are potent drugs that cure certain illnesses and, when taken correctly, may save lives. They either prevent germs from multiplying or kill them. Bacteria are normally killed by the immune system before they grow and produce symptoms. White blood cells (WBCs) destroy dangerous germs; even if symptoms appear, the immune system is normally able to manage and fight off the illness. However, there are occasions when the quantity of hazardous germs is enormous, and the immune system is unable to eliminate them all. Antibiotics can in handy in this situation.

Penicillin was the first antibiotic. Penicillin-based medicines, such as ampicillin, amoxicillin, and penicillin G, are still accessible and have been used for many years to treat a range of illnesses.

As well as they discussed about the side effects of antibiotic usage. The amount of antibiotics to which our planet's microbes have been exposed over the previous half-century might be in the millions of metric tons. Antibiotic overuse has resulted in selection pressure and the evolution of multidrug resistant superbugs. In India, the situation is considerably worse because antibiotics may be acquired over the counter and, more recently, through internet shopping without a legitimate doctor's prescription.



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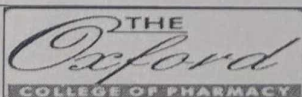
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You may need to take antibiotics for some bacterial infections. For example, you might not need them for many sinus infections. Taking antibiotics when they're not needed won't help you, and they can have side effects.

Strategies to limit the development of resistance are urgently needed, and one of them is educating the general public about prudent antibiotic use. People who are aware of antibiotic resistance concerns will put less pressure on doctors to use medicines. After the program students went out to create awareness in the society.



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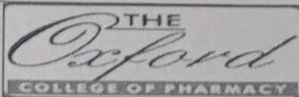
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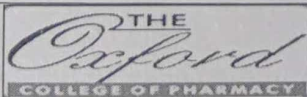
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Bengaluru, Karnataka, India
12, GB Palya Rd, Hongasandra, Bengaluru, Karnataka 560068, India
Lat 12.89881°
Long 77.630165°
08/05/23 11:45 AM GMT +05:30



No.6/9, 1st Cross, Begur Road, Hongasandra, Bengaluru -560 068

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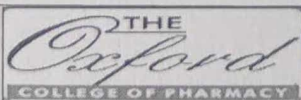
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Students creating awareness in society regarding antibiotic usage



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OUTCOME

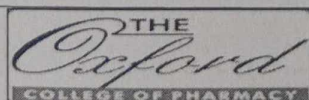
The outcomes of this program is the students got knowledge about, the antibiotic usage include treating bacterial infections, preventing the spread of diseases, and reducing healthcare costs. However, overuse or misuse of antibiotics can lead to antibiotic-resistant and side effects. Therefore, it is crucial to use antibiotics appropriately to maximize their benefits and prevent risks. From this program the students educated about the importance antibiotics in treating infectious diseases provided by they used properly under the observation of doctor with prescription. If the same medicine misused, the patients may get resistance to the antibiotic and may lead further complications to the patients. Thereafter, college also taken initiative to send students and faculty in the field. Few groups approached various people and taught them on the safe intake of antibiotics. The students visited voluntarily to some of the pharmacy to educate and request pharmacist and people working in the pharmacy shop, not to dispense antibiotics without prescription and half dosage regimen. From this discussion the pharmacists expressed their happiness for students concern towards people and society. The community pharmacists assured students that they don't dispense antibiotics without proper prescription and incomplete regimen.

END OF THE REPORT

P. Padma

PRINCIPAL

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DATE: 13/05/2023

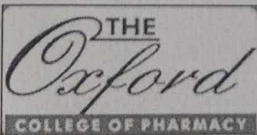
CIRCULAR

This is to inform all students, teaching and non-teaching staff of The Oxford College of Pharmacy that program on "INTERNATIONAL FAMILY DAY 2023" will be conducted on 15/05/2023. We request for the active participation for the same.

P. Padma

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PRINCIPAL

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DEPARTMENT OF PHARMACEUTICS, IQAC
ORGANISED
PROGRAMME ON
"INTERNATIONAL FAMILY DAY"

15TH MAY 2023

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU
CHAIRMAN
THE OXFORD EDUCATIONAL INSTITUTIONS

CONVENER

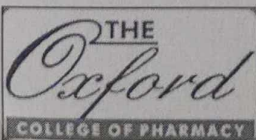
DR. PADMAA M PAARAKH
PRINCIPAL
THE OXFORD EDUCATIONAL INSTITUTIONS

WEBINAR CO-ORDINATOR

MRS.R.UMA PRABHA
ASSISTANT PROFESSOR
DEPARTMENT OF PHARMACEUTICS

RESOURCE PERSON

DR. PADMAA M PAARAKH
PRINCIPAL



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PREAMBLE

The Oxford college of pharmacy organized "INTERNATIONAL FAMILY DAY 2023" with an aim to aware Importance of family to our students. The program was conducted on May 15th 2023

The United Nations adopted a resolution in 1994 establishing the International Day of Families to celebrate the institution of family and to raise awareness regarding the issues faced by families.

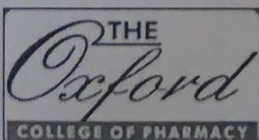
The content delivered in the program is as follows:

The program was started with a welcome note by Mrs. R. Uma prabha, Program organizer followed by the inaugural address from Dr Padmaa M Paarakh, Principal, The Oxford College of pharmacy.

The theme of International Day of Families 2023 is "Demographic trends and families". Families are the bedrock of any society. They help shape the values and beliefs of individual's while also providing a sense of belonging and identity. Families also provide emotional and social support, care and guidance to individuals,

International Day of Families plays an important role in recognizing the role of families in our society while also addressing many of the issues that are faced by modern families as poverty and inequality. our Principal mam, Dr Padmaa M Paarakh, gave a very good and well-researched speech about the family, the importance of family and why we need to be aware. She coated many examples that encourage the students to understand and respect the family. Students were very happy and encouraged by her speech.

The organizer Mrs.R.Uma Prabha concluded the program with vote of thanks. She thanked chairman Shri S. N. V. L Narasimha Raju, The Oxford Group of Institutions, Dr. Padmaa M Paarakh, principal, theoxford college of pharmacy for organizing such an webinar and Dr. Gururaj.S.Kulkarni, HOD, Department of Pharmaceutics, And to all the other faculties and students who participated in the webinar and helped in its successful completion.



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No of participants: 50
Schedule: On 15th May 2023

Time Schedule	Programme
11:45 am	" INTERNATIONAL FAMILY DAY 2023"



THE
Oxford
COLLEGE OF PHARMACY

CHILDREN'S EDUCATION SOCIETY (REGD.)
THE OXFORD COLLEGE OF PHARMACY
6/9, 1st CROSS, BEGUR ROAD, HONGASANDRA, BANGALORE - 560068
(Recognized by the Govt of Karnataka, affiliated to RGUHS, Karnataka, and Drug control Board, Karnataka.
Approved by A.I.C.T.E and Pharmacy Council of India, New Delhi)



INTERNATIONAL FAMILY DAY

Speaker:

Dr. M Padmaa Paarakh
Principal
The Oxford College of Pharmacy

Organized by IQAC, The Department of
Pharmaceutics,
The Oxford College of Pharmacy, Bangalore.

ON
15th May 2023
Time: 11:45 AM - 12:40 PM
Please join the family of The Oxford
Pharmacy @ House No 506, 5th floor,



Chief Patron

Shri. S.N.V.L. Narasimha Raju
Chairman
The Oxford Educational Institutions

Convener

Dr. M Padmaa Paarakh
Principal
The Oxford College of Pharmacy

Organizing Secretary

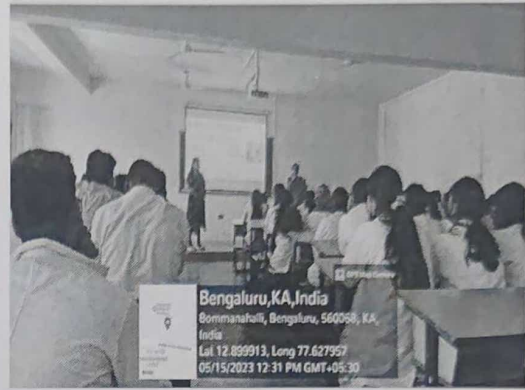
Mrs R. Uma Prabha
Asst Professor
The Oxford College of Pharmacy



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Principal and other faculties presenting the speech

OUT COME OF THE PROGRAM

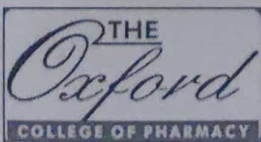
The importance of family and its significance successfully reached the students and increased the awareness about the family. Families are the bedrock of any society. They help in the shaping the values and beliefs of individuals while also providing a sense of belonging and identity. Families also provide emotional, social support, care and guidance to individuals. International family's day plays an important role in recognizing the role of families in our society.

END OF REPORT

P. Padma
PRINCIPAL

The Oxford College Of Pharmacy
No 6/9, 1st Cross, Begur Road, Hongasandra, Bengaluru - 560 068

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Date: 26/5/2023

CIRCULAR

All the teaching, no-teaching and students of The Oxford College of Pharmacy are here by informed that The Oxford College of Pharmacy, Bengaluru, IQAC, organizing " **WORLD NO TOBACCO DAY 2023**" about the awareness of alternative crop production and marketing opportunities for tobacco farmers. The program will be conducted on June 1st 2023. We request your active participation for the same. The theme of the Programme was "**GROW FOOD NOT TOBACCO**".

P. Padma

PRINCIPAL

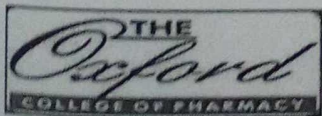
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“PROGRAMME ON “WORLD NO TOBACCO DAY”

ORGANISED BY

DEPT OF PHARMACOLOGY, IQAC

SPEAKERS

Dr. GURURAJ S KULKARNI

&

Dr. NOOPUR SRIVASTAVA

ON

THURSDAY, 1ST JUNE, 2023

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANIZING SECRETARY

Dr. G. VENKATA KARTHIK KUMAR REDDY

ASST PROFESSOR,

DEPARTMENT OF PHARMACOLOGY,

TOCP



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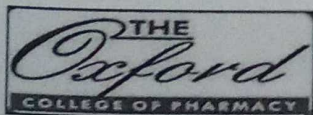
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PREAMBLE:

The Oxford College of Pharmacy, Bengaluru, IQAC, organized "WORLD NO TOBACCO DAY 2023" with an aim to educate our staffs and students about the awareness of alternative crop production and marketing opportunities for tobacco farmers. The program was conducted on JUNE 1st 2023. The theme of the Programme was "GROW FOOD NOT TOBACCO".

On 1ST June 2023, WHO and public health champions around the world will come together to celebrate World No Tobacco Day (WNTD). This year's theme is "Grow food, not tobacco". The 2023 global campaign aims to raise awareness about alternative crop production and marketing opportunities for tobacco farmers and encourage them to grow sustainable, nutritious crops. It will also aim to expose the tobacco industry's efforts to interfere with attempts to substitute tobacco growing with sustainable crops, thereby contributing to the global food crisis.

The growing food crisis is driven by conflicts and wars, climatic shocks, and the economic and social impacts of the COVID-19 pandemic. Structural causes like the choice of crop also have an impact, and look into tobacco growing reveals how it contributes to increased food insecurity:



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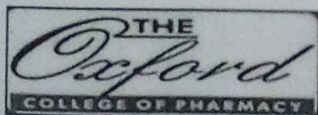
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- Across the globe around 3.5 million hectares of land are converted for tobacco growing each year. Growing tobacco also contributes to deforestation of 200 000 hectares a year.
- Tobacco growing is resource intensive and requires heavy use of pesticides and fertilizers, which contribute to soil degradation.
- Land used for growing tobacco then has a lower capacity for growing other crops, such as food, since tobacco depletes soil fertility.
- Compared with other agricultural activities such as maize growing and even livestock grazing, tobacco farming has a far more destructive impact on ecosystems as tobacco farmlands are more prone to desertification.

THE AWARENESS PROGRAM DELIVERED AS FOLLOWS:

The program was started with a welcome note by Dr. G. Venkata Kartheek Kumar Reddy, Program organizer followed by the inaugural address from Dr Padmaa M Paarakh, Principal, The Oxford College of pharmacy.

Dr. Noopur Srivastava, Associate Professor, Department of Pharmacology and Dr. Gururaj S Kulkarni, HOD & Professor, Department of Pharmaceutics were invited to talk about the awareness of about alternative crop production and marketing opportunities for tobacco farmers and encourage them to grow sustainable, nutritious crops and awareness of tobacco abuse and its effects to the society. II Yr M. Pharm Pharmacology and Pharmaceutics, I Pharm D, IV Pharm D, I & II D. Pharm students were participated in the Programme.



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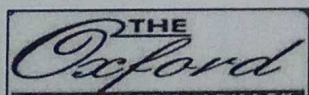
The organizer Dr. G. Venkata Kartheek Kumar Reddy concluded the program with vote of thanks. She thanked chairman Shri S. N. V. L Narasimha Raju, The Oxford Group of Institutions, Dr. Padmaa M Paarakh, Principal, The Oxford college of pharmacy for organizing such an event and Dr. Noopur Srivastava, HOD, Department of Pharmacology and to all the other faculties and students who participated in the event and helped in its successful completion of the event. After the event students went out side the campus to create awareness in the near by community

No of participants: 90 participants

Schedule: On 1st June, 2023

Time Schedule	Programme
11.00AM-12.00PM	"NO TABACCO DAY 2023"

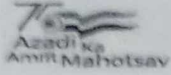
Principal



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CHILDREN'S EDUCATION SOCIETY (REGD.)
THE OXFORD COLLEGE OF PHARMACY
 6/9, 1 CROSS, BEGUR ROAD, HONGASANDRA, BENGALURU-560068
DEPARTMENT OF PHARMACOLOGY, IQAC



WORLD NO TOBACCO DAY

JUNE 1ST 2023

THEME: "GROW FOOD, NOT TOBACCO"



CHIEF PATRON

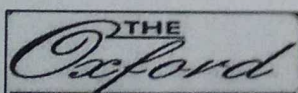
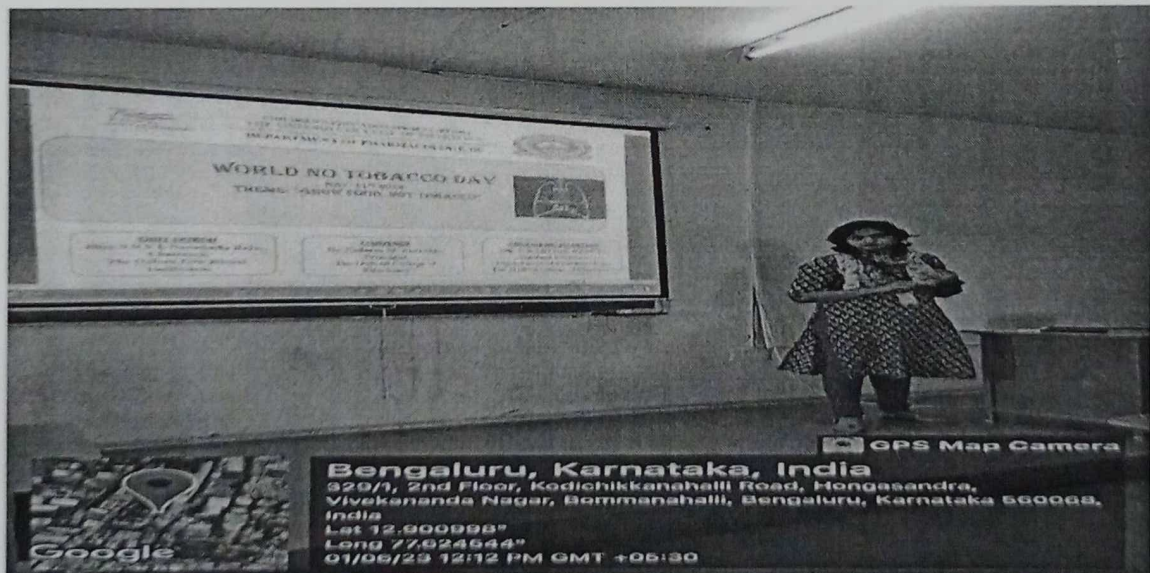
Shri. S N V L Narasimha Raju,
 Chairman,
 The Oxford Educational
 Institutions

CONVENER

Dr. Padmaa M. Paarakh,
 Principal,
 The Oxford College of
 Pharmacy

ORGANIZING SECRETARY

DR. G KARTHIK REDDY,
 Assistant Professor,
 Department of Pharmacology,
 The Oxford college of Pharmacy

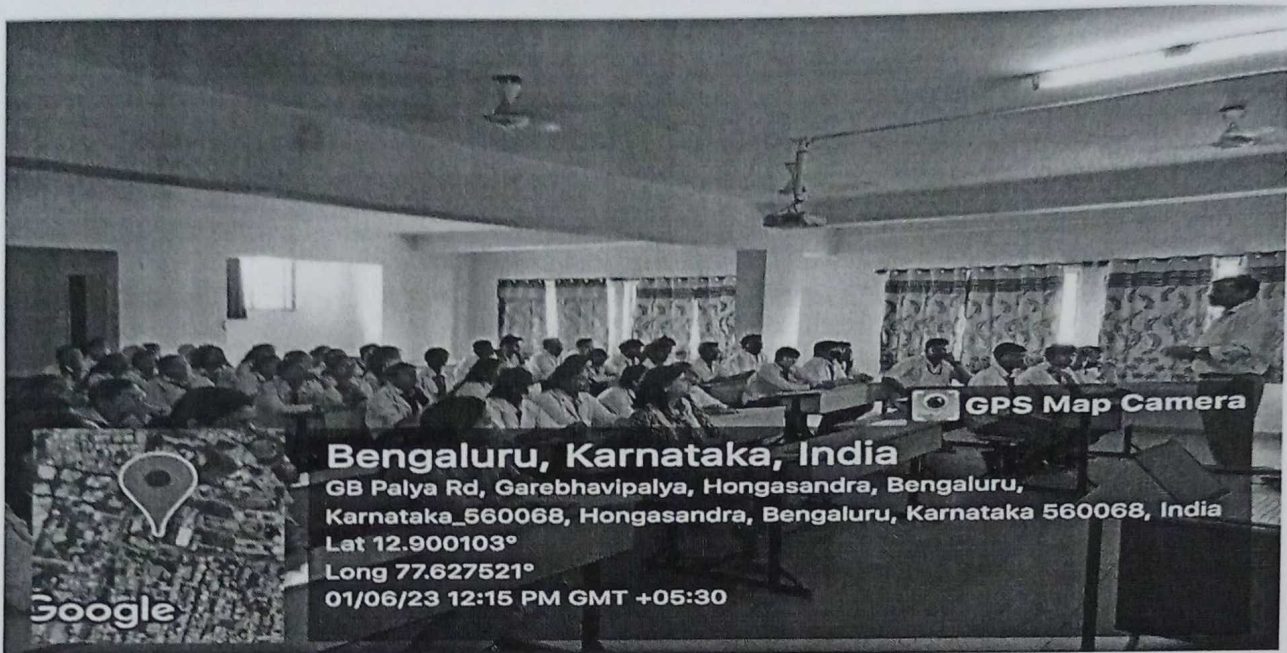


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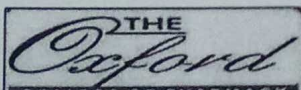
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Long 77.627521°
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Bengaluru, Karnataka, India

WJ2G+5W6, Hongasandra, Bengaluru, Karnataka 560068,
India
Lat 12.900174°
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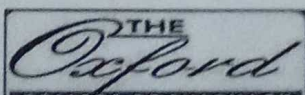


Bengaluru, Karnataka, India
SPR Arcade, 1st Floor, 1st Main Road, 4th Cross Road, Begur Rd, Hongasandra, Bengaluru, Karnataka 560068, India
Lat 12.899432°
Long 77.629243°
31/05/23 11:43 AM GMT +05:30



Bengaluru, Karnataka, India
VJWG+JFM, Begur Rd, Hongasandra, Bengaluru, Karnataka 560068, India
Lat 12.896591°
Long 77.626124°
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Students creating awareness in the local community- No tobacco day



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OUTCOME OF THE PROGRAMME

This year's theme for no tobacco day is "Grow Food, Not Tobacco," emphasizes the importance of healthy food production in reducing tobacco use. Through this awareness program students gained knowledge to Promote food production over tobacco cultivation, create jobs, reduce pesticide use, and improve overall health. Reducing tobacco use can positively impact society, including improved health for students, cost savings in healthcare, and a more equitable society for all. Students along with faculties created awareness in the local society and explained the risk in consuming tobacco. Students were appreciated by the public.

END OF THE REPORT

P. Padma
PRINCIPAL
The Oxford College Of Pharmacy
No 6/9, 1st Cross, Begur Road, Hongasandra
Bangalore - 560 068



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DATE: 02/06/2023

CIRCULAR

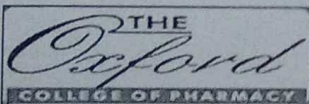
All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that an awareness programme on “**WORLD ENVIRONMENT DAY 2023**” will be conducted on 05/06/2023. We request the active participation for the same.

P. Padma

PRINCIPAL

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The Oxford College Of Pharmacy
No 6/9, 1st Cross, Begur Road, Hongasandra
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DEPARTMENT OF PHARMACEUTICAL CHEMISTRY, IQAC

ORGANIZED

AWARENESS PROGRAM

ON

“WORLD ENVIRONMENTAL DAY”

ON

MONDAY, 05th JUNE 2023

CHIEF PATRON

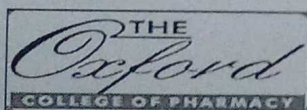
SHRI S. N. V. L NARASIMHA RAJU
CHAIRMAN
THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH
PRINCIPAL
THE OXFORD COLLEGE OF PHARMACY

ORGANIZING SECRETARY

Mrs. VISHNUPRIYA S
ASSISTANT PROFESSOR
DEPARTMENT OF PHARMACEUTICAL CHEMISTRY
TOCP



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PREAMBLE:

The Oxford College of Pharmacy, Bengaluru, IIC, organized "**WORLD ENVIRONMENTAL DAY 2023**" with an aim to raise an awareness program to educate our students about the protection and preservation of the environment. The program was conducted on June 5th 2023

The history of world environment day can be tracked back to 1972 when the United Nations Conference on the Human Environment was held in Stockholm, Sweden. As a result of this conference, the United Nations Environment Programme (UNEP) was established on June 15, 1972. The UNEP proposed a special day for the environment. In 1972, the UN General Assembly designated June 5 as World Environment Day (WED). The first World Environment Day was observed on June 5, 1973, with the slogan "Only One Earth." World Environment Day 2023 marks the completions of 50 years of its establishment. This year, the theme of the WED 2023 is "#Beat Plastic Pollution." The environment has suffered a lot due to industrialization. World Environment Day encourages people to adopt eco-friendly practices to have a greener and clear environment and then focused on solutions to plastic pollution under the campaign.

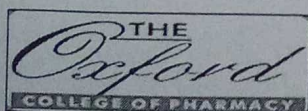
The condition of our environment is getting declined day by day because of the pollution and global warming. We should celebrate and promote eco-friendly development in our country in order to save the environment for better future.

THE AWARENESS PROGRAM DELIVERED AS FOLLOWS:

The program was started with a welcome note by Mrs. Vishnupriya S, Program organizer followed by the inaugural address from Dr Padmaa M Paarakh, Principal, The Oxford College of pharmacy.

It is a day that reminds everyone on the planet to get involved in environment friendly activities. Keeping this aim in view, The Oxford College of Pharmacy celebrated World Environment Day on 5th June 2023. Students of various branches from department participated and celebrated world

environmental day enthusiastically. All the students were asked to plant a sapling to create a green



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corner around the college campus and their home gardens, as well as all the teachers also helped the students in planting. A lot of enthusiasm was seen in the students. After the plantation program the students assembled in 506 room, our Principal mam, Dr Padmaa M Paarakh, gave a very good and well-researched speech about how the condition of our environment today is and why we need to be aware. She also told us what steps we should take immediately so that we can make our environment healthy. At the end, she took a promise from all the students that no one will pollute the environment and will not allow anyone to do so and the event was conducted successfully with whole hearted participation and awareness about green environment.

The organizer Mrs. Vishnupriya S concluded the program with vote of thanks. She thanked chairman Shri S. N. V. L Narasimha Raju, The Oxford Group of Institutions, Dr. Padmaa M Paarakh, principal, the oxford college of pharmacy for organizing such an event and Dr. Jyoti Srivastava, HOD, Department of Pharmaceutical chemistry. And to all the other faculties and students who participated in the event and helped in its successful completion of the event. After the program students went to local community and conveyed the message of importance of implantation.

No of participants: 50 participants

Schedule: On 5th June 2023

Time Schedule	Programme
10 am	"WORLD ENVIRONMENT DAY 2023"



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CHILDREN'S EDUCATION SOCIETY (REGD.)



THE OXFORD COLLEGE OF PHARMACY

6/9, 1st CROSS, BEGUR ROAD, HONGASANDRA, BANGALORE-560068

CELEBRATING WORLD ENVIRONMENT DAY-2023

“#BEAT PLASTIC POLLUTION”

Organized Under IQAC, The Oxford College of Pharmacy

Conducted On 5th JUNE 2023



PATRON

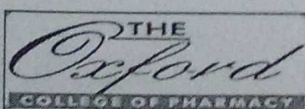
CONVENER

ORGANIZING MEMBER

SHRI S. N. V. L. NARASIMHARAJU
CHAIRMAN,
THE OXFORD GROUP OF
INSTITUTIONS

Dr. PADMAAM PAARAKH
PRINCIPAL
THE OXFORD COLLEGE OF PHARMACY

Mrs VISHNUPRIYA S,
ASSISTANT PROFESSOR,
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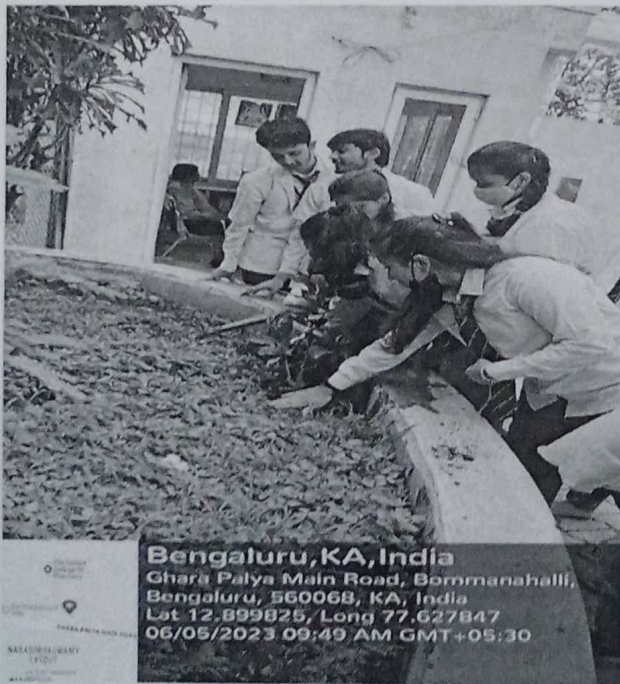
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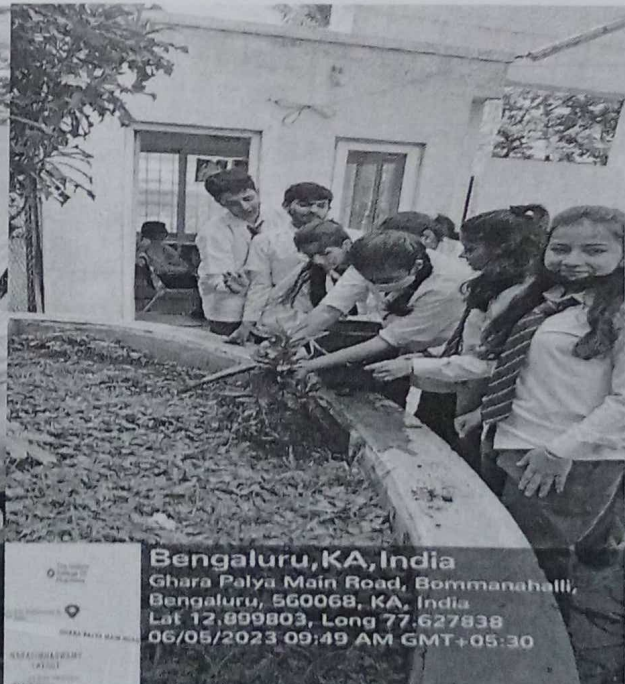
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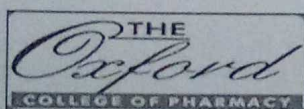
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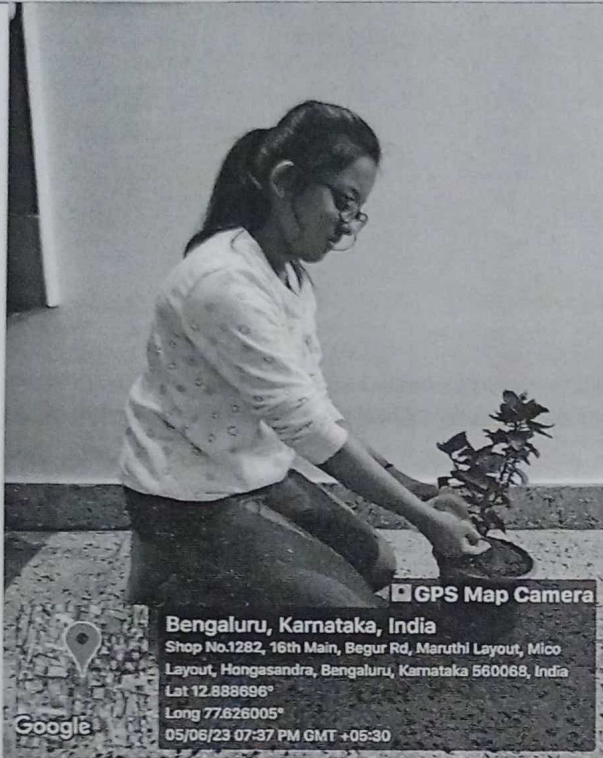
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GPS Map Camera

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Shop No.1282, 16th Main, Begur Rd, Maruthi Layout, Mico

Layout, Hongasandra, Bengaluru, Karnataka 560068, India

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Long 77.626005°

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Google



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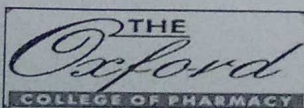
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560068, KA, India

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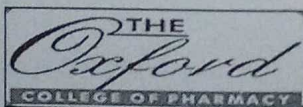
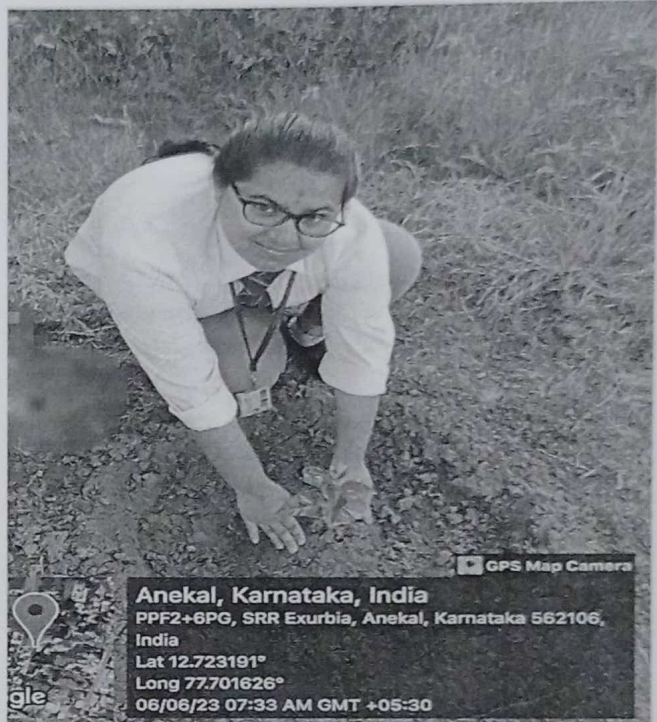
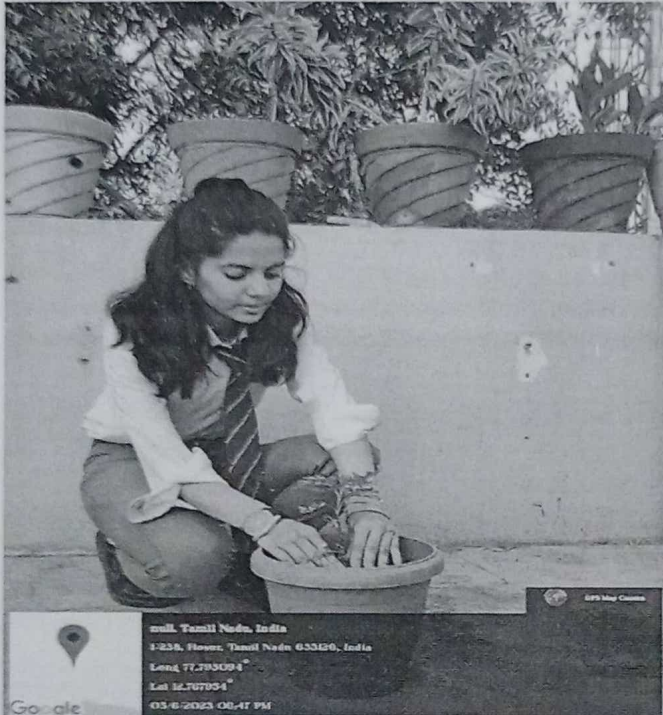
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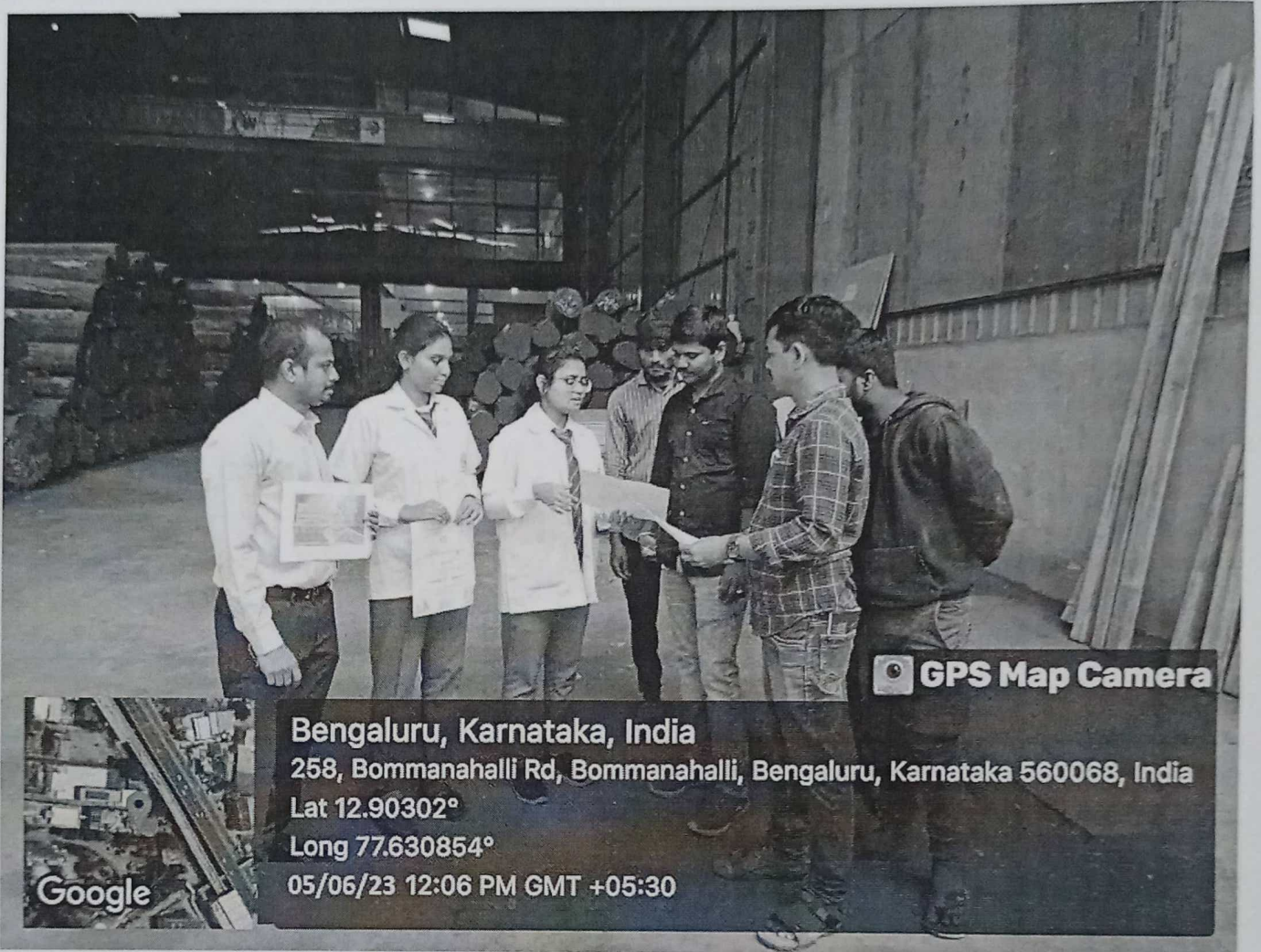
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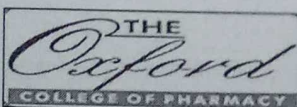
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Students conveying the message of implantating trees in the local community



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OUTCOME OF THE PROGRAMME

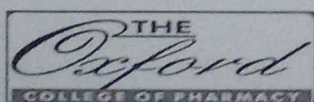
This program offered an opportunity for students to learn about the environment and develop a sense of responsibility and commitment to sustainability. A sign of the impact of the day, students planted various plants on the college premises and even went out creating awareness about the role of every individual in keeping the environment safe and healthy, keeping society free from pollution and planting more trees. It can also positively impact society by leading to changes in behaviour and policy, creating new industries and jobs, and reducing costs associated with environmental degradation. Overall, it is an important event that promotes a healthier and more sustainable future for ourselves and future generations.

END OF REPORT

P. Padma

PRINCIPAL

The Oxford College Of Pharmacy
No 6/9, 1st Cross, Begur Road, Hongasandra
Bangalore - 560 068



No.6/9, 1st Cross, Begur Road, Hongasandra, Bengaluru -560 068
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Date: 5/6/2023

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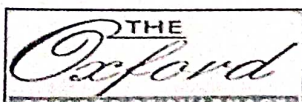
All the teaching staff and students of The Oxford College of Pharmacy are here by informed that The Oxford College of Pharmacy, Bengaluru, IQAC, organizing "WORLD FOOD SAFETY DAY 2023" on 8/6/23. We request your active participation for the same.

P. Padua

PRINCIPAL

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The Oxford College Of Pharmacy
No 6/9, 1st Cross, Begur Road, Hongasandra
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DEPARTMENT OF PHARMACOLOGY, IQAC
ORGANISED PROGRAM
ON

"WORLD FOOD SAFETY DAY 2023"

ON

8th June 2023

CHIEF PATRON

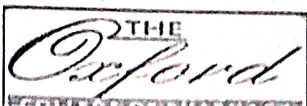
SHRI S. N. V. L. NARASIMHA RAJU
CHAIRMAN
THE OXFORD GROUP OF INSTITUTIONS

CONVENER

DR. PADMAA M PAARAKH
PRINCIPAL
THE OXFORD COLLEGE OF PHARMACY

ORGANIZING SECRETARY

MRS. JOYCE
ASST PROFESSOR,
DEPARTMENT OF PHARMACOLOGY,
THE OXFORD COLLEGE OF PHARMACY



No.6/9, 1st Cross, Begur Road, Hongasandra, Bengaluru -560 068
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PREAMBLE:

The Oxford College of Pharmacy, Bengaluru, IQAC, organized "WORLD FOOD SAFETY DAY" on 8th JUNE 2023, with the aim to raise alert about food safety, Mrs. Joyce, Assistant Professor Department of Pharmacology, initiated the celebration of the program along with students, conducted food purity testing demo and fireless cooking competition to promote the importance of healthy food, there were around 30 contestants who actively took part in the competition.

The content of the Session:

"World food safety day" celebration was organized by The Oxford College of Pharmacy, Bangalore on 8th June 2023" with the theme "Nature's treat (ZERO JUNK)". The program started with the welcoming of the audience, contestants were enthusiastically participating in the event "fireless cooking", They stuck to the theme in the competition and presented the dishes which is 100% organic, Students also showed the food purity demo

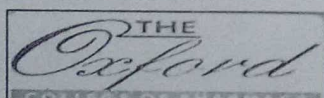
The event was judged by

Dr. Gururaj Kulkarni, (HOD, Department of Pharmaceutics)

Dr. Parthasarathy, (HOD, Department of Pharmacy Practice)

Dr. Noopur, (HOD, Department of Pharmacology) &

Dr. Jyoti, (HOD, Department of Pharmaceutical Chemistry)





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The Judges were judging the event based on four criterias presentation, taste, hygiene and uniqueness, based on their judgement II PharmD students, Ms. Hasuba, Ms. Vency, Ms. Uttara won the first prize.

No of Contestants: 30 participants.

Schedule: On 8th June 2023

Time Schedule	Programme
11.50 am to 12.40 pm	"WORLD FOOD SAFETY DAY 2023"

World Food Safety day celebration -2023
SAFE FOOD SAVES LIFE
Fireless cooking competition

on June 8th 2023
From 11.50 am to 12.40 pm at room no.502
At The Oxford college of pharmacy, Bangalore

We cordially invite you all for the food safety day celebration

Chief Patron
Shri. S.N.V.L. Narshimha Raju,
Chairman
Oxford Education Institutions
Bangalore

Convener
Dr. Padmaa. M. Paarakh
Principal
The Oxford College of Pharmacy
Bangalore

Organizing secretary
Mrs. Joyce
Assistant Professor
Department of Pharmacology
The Oxford College of Pharmacy
Bangalore

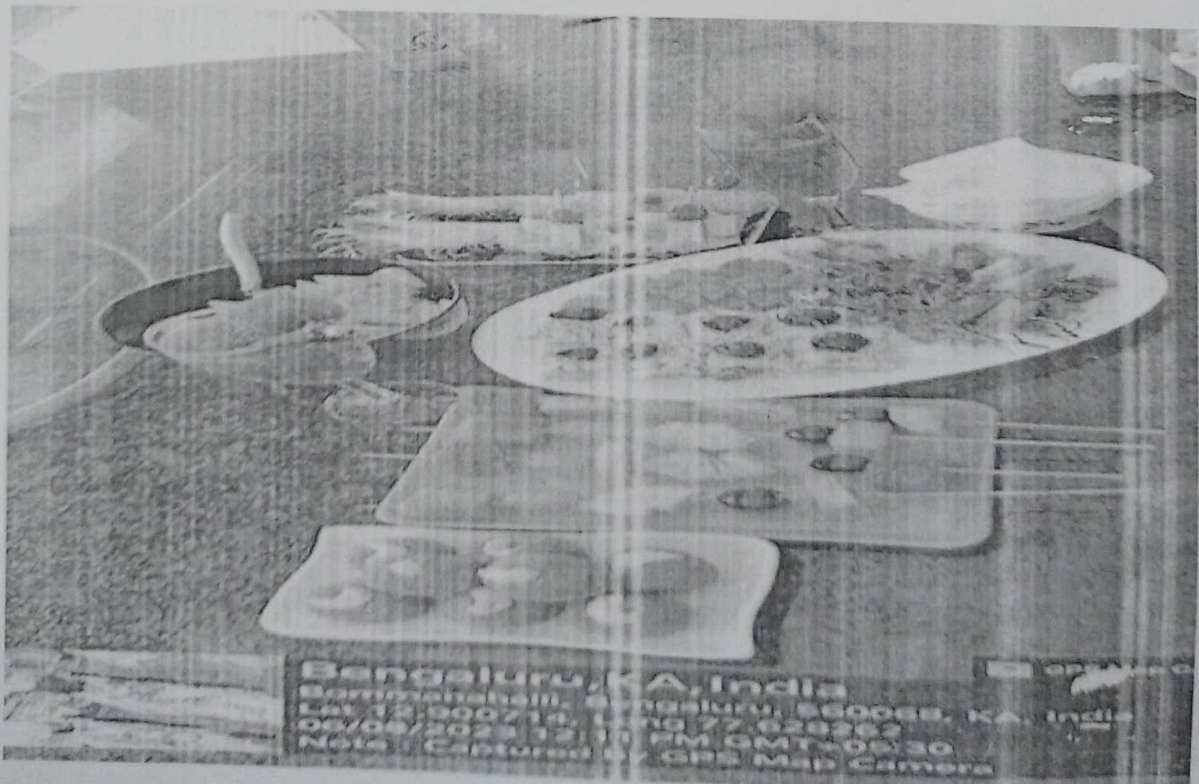


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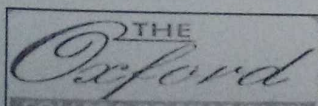
Accredited by NAAC and International Accreditation Organization (IAO)



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06/08/2023 12:10 PM GMT +05:30
Note: Captured by GPS Map Camera



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Bommanahalli, Bengaluru, 560068, KA, India
Lat 12.900134, Long 77.628240
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OUTCOME OF THE PROGRAMME

The program with an aim to raise an awareness and to educate our staffs and students about the food safety, Students gained knowledge about the food adulteration, importance of food safety, hygiene and organic stuffs, The session also given the demo of food adulterations and testing methodologies, the cooking without fire competition encouraged the participants and audience to develop the practice of consuming zerojunks.

END OF THE REPORT

P. Padma

PRINCIPAL

The Oxford College Of Pharmacy,
No 6/9, 1st Cross, Begur Road, Hongasandra
Bangalore - 560 068



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Date: 10/06/2023

CIRCULAR

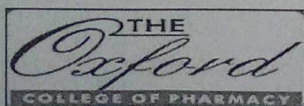
All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that an awareness programme on 'WORLD BLOOD DONOR DAY 2023' will be conducted on 14/06/2023. We look forward for the active participation for the same.

P. Padma

PRINCIPAL

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The Oxford College Of Pharmacy
No 6/9, 1st Cross, Begur Road, Hongasandra
Bangalore - 560 068



No.6/9, 1st Cross, Begur Road, Hongasandra, Bengaluru -560 068

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DEPARTMENT OF PHARMACY PRACTICE, IQAC

ORGANIZED

AWARENESS PROGRAMME

ON

“WORLD BLOOD DONOR DAY”

ON

WEDNESDAY, 14TH JUNE 2023

CHIEF PATRON

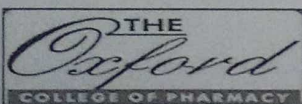
SHRI. S.N.V. L. NARASIMHARAJU
CHAIRMAN
THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH
PRINCIPAL
THE OXFORD COLLEGE OF PHARMACY

ORGANIZING SECRETARY

Dr SRIPRIYA C
ASST PROFESSOR,
DEPARTMENT OF PHARMACY PRACTICE
THE OXFORD COLLEGE OF PHARMACY



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PREAMBLE:

The Oxford College of Pharmacy, Bengaluru, organized "WORLD BLOOD DONOR DAY 2023" with an aim to raise an awareness program to educate our staffs and students about the need for safe blood and blood products and to thank voluntary, unpaid blood donors for their life saving gifts of blood. The program was conducted on June 14th 2023. This day is celebrated on the birthday anniversary of Karl Landsteiner on June 14, 1868. Landsteiner was awarded the Nobel prize for his discovery of ABO blood group system.

In 2004, World Blood Donor Day was first distinguished by WHO. In 58th world health assembly, 2005 it was declared as annual global event to raise awareness about the importance of blood donation.

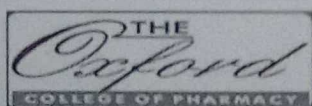
The Theme for 2023 World Blood donor day campaign is '**Give Blood, Give Plasma, Share Life, Share Often**'. This theme reflects the important role blood donors play in maintaining the health and well-being of communities around the world.

Blood and plasma are essential in surgery and for treating many conditions such as trauma, cancer, immune disorders and coagulation disorders. They are also crucial for responding to emergencies and fighting against infectious diseases. However, many countries face challenges in ensuring adequate and safe blood supply for patients because of insufficient medical infrastructure and personal conflict or ongoing humanitarian crisis. On world blood donor day, we celebrate donors at the heroes they are. Every single donation can make difference for someone's life by giving blood or plasma you are not helping a patient but also their family and community.

THE AWARENESS PROGRAM DELIVERED AS FOLLOWS:

The program was started with a welcome note by Dr Sripriya C, Program organizer followed by the inaugural address from Dr Padmaa M Paarakh, Principal, The Oxford College of pharmacy.

Dr. Parthasarathy G, HOD, Department of Pharmacy practice, was invited to talk about the Blood Donor Day. He was delivered about the importance of Blood donations.



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The program has different sessions which is delivered by Dr Sripriya C. The first includes the objectives of the world blood donor day followed by who can give blood and what is the criteria for it as prescribed by WHO. Then follows what happens to the collected blood. And also explains the working of blood bank. And last explains the benefits of blood donations, it is not only the person who receive blood is benefited, but also the person who is giving blood benefited. And motivates the students to create awareness among society around them and encourage for active participation in life saving act

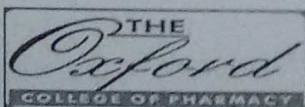
The program was attended by students of Pharm D, B. Pharm and D. Pharm. Around 60 participants including staffs and students of oxford college of Pharmacy were attended the program. After completing the program in campus students went outside the campus to create awareness in the society.

The organizer Dr Sripriya C concluded the program with vote of thanks. She thanked chairman Dr. S. N. V. L Narasimha Raju, The Oxford Group Of Institutions, Dr. Padmaa M Paarakh, principal, The oxford college of pharmacy for organizing such an event and Dr. Parthasarathy G HOD, Department of Pharmacy practice. And to all the other faculties and students who participated in the event and helped in its successful completion of the event.

No of participants: 60 participants

Schedule: On 14th June 2023

Time Schedule	Programme
02:00 PM	"WORLD BLOOD DONOR DAY 2023"



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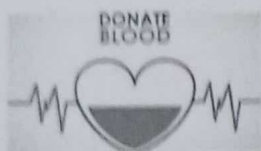


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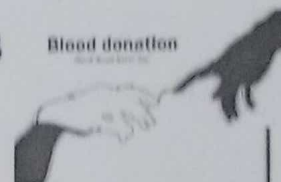
DEPARTMENT OF PHARMACY PRACTICE



WORLD BLOOD DONOR DAY 2023

14-06-23

"GIVE BLOOD, GIVE PLASMA, SHARE LIFE, SHARE OFTEN"



Chief Patron

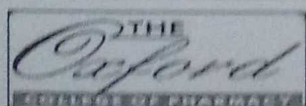
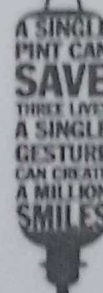
Shri. S N V L. Narasimha Raju
Chairman
The Oxford Educational
Institutions

Convener

Dr. Padman M. Panchik
Principal
The Oxford College of
Pharmacy

Organizing Secretary

Dr. Sripreya C
Assistant Professor
Dept of pharmacy practice
The Oxford College of
Pharmacy



No.6/9, 1st Cross, Begur Road, Hongasandra, Bengaluru -560 068

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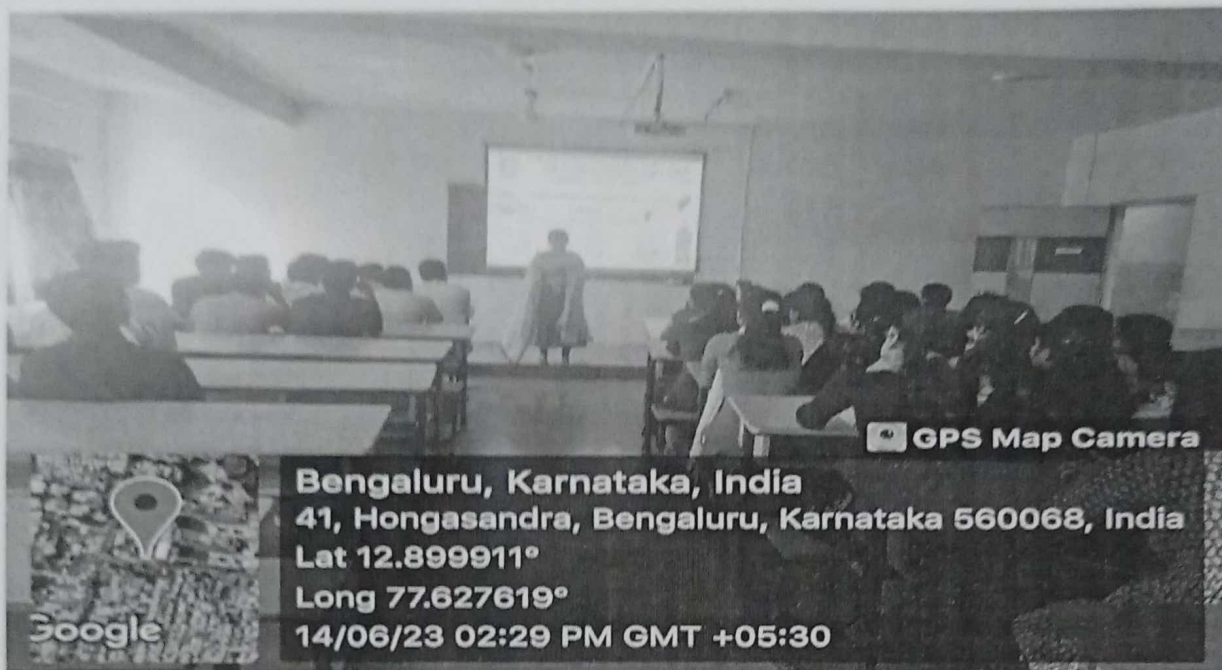
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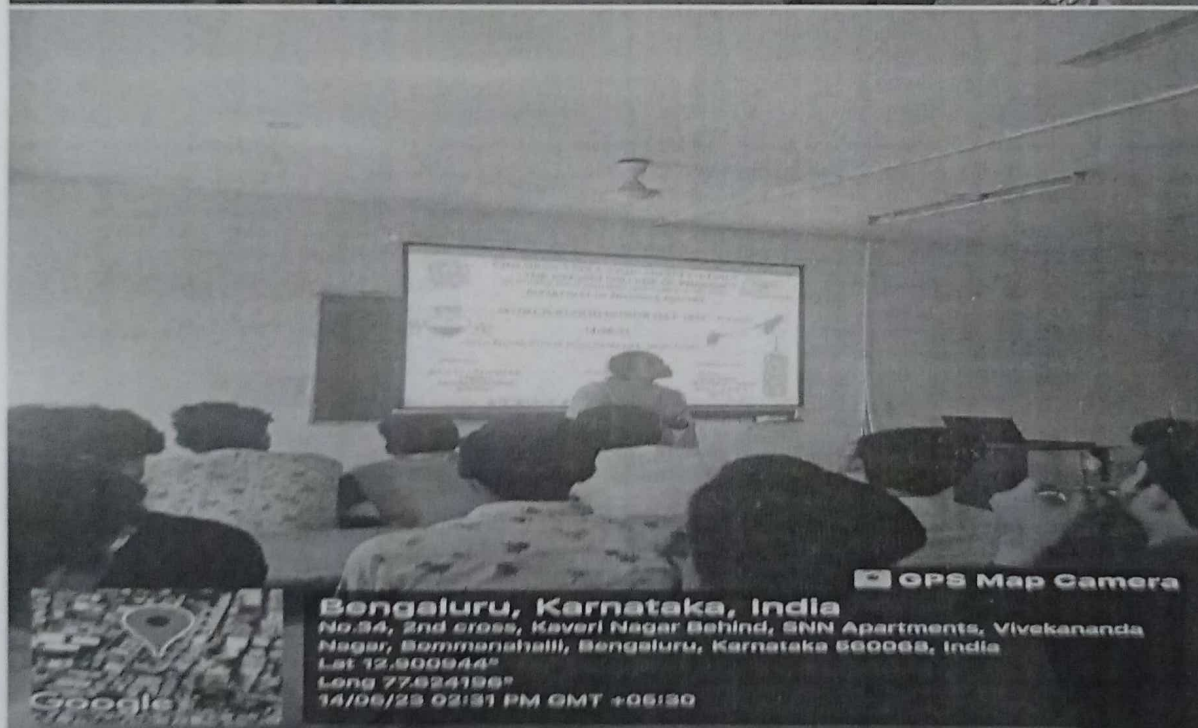
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GPS Map Camera



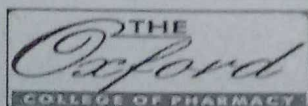
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41, Hongasandra, Bengaluru, Karnataka 560068, India
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Long 77.627619°
14/06/23 02:29 PM GMT +05:30



GPS Map Camera



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Lat 12.900944°
Long 77.624196°
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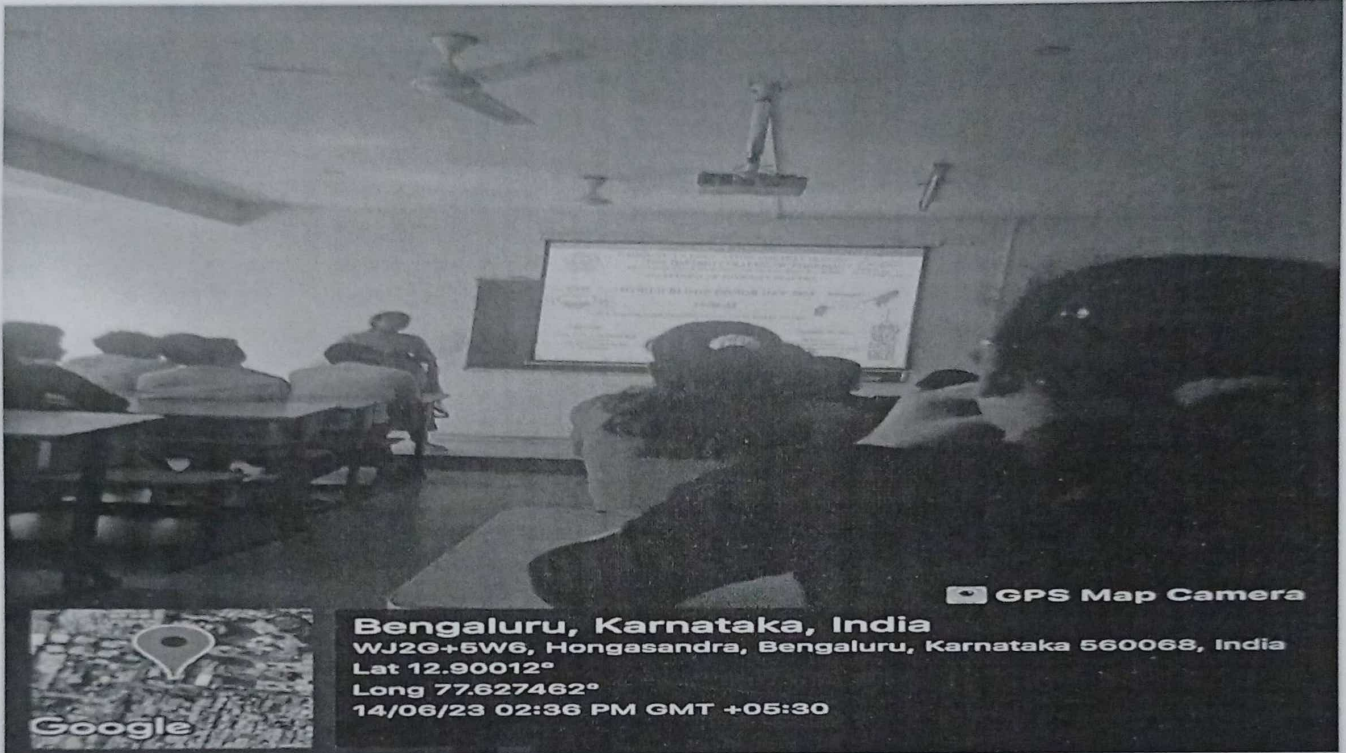


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GPS Map Camera



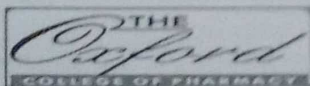
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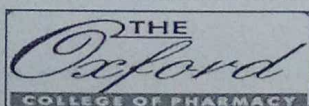
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6, Vani layout, Attibele, Karnataka 562107, India
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Bengaluru, Karnataka, India
1/3 REDDY FILLING STATION, Begur Rd, near IOB BANK, Bommanahalli, Bengaluru,
Karnataka 560068, India
Lat 12.903683°
Long 77.627078°
14/06/23 12:37 PM GMT +05:30



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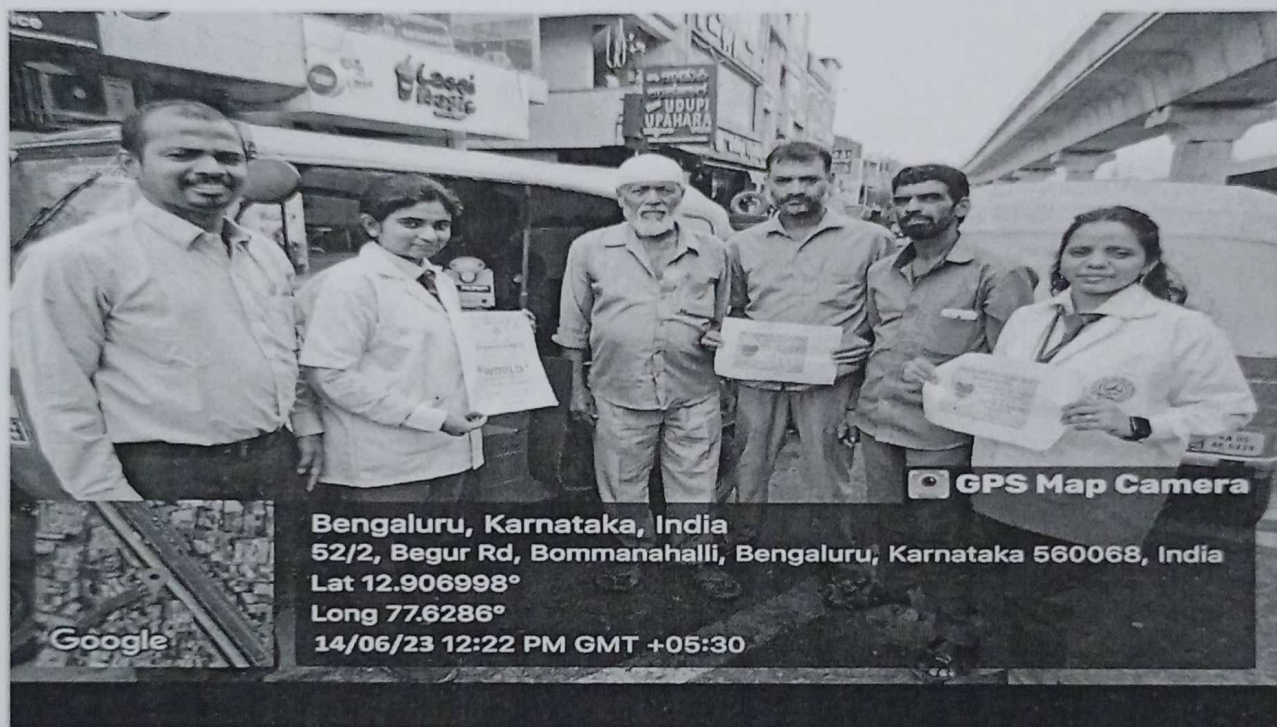
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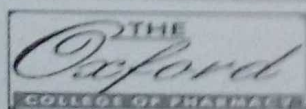
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Students interacting with local community – Blood donor day



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OUTCOME OF THE PROGRAMME

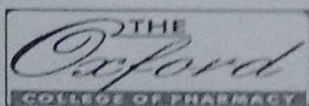
The outcomes and benefits of World blood donor day include saving lives, promoting health, raising awareness, fostering community spirit, and providing educational opportunities for students. The Oxford College of Pharmacy has organized the awareness programme which helped the students understand the importance of blood and its donation and encourage more people to donate blood. From this program, we can positively impact on society to involve in such programs. The students also got an opportunity to interact with common people and educate them about the blood donation as well as to create an awareness for the same. The public response was fascinated and welcoming. They thanked our students for educating them about blood donation.

END OF REPORT

P. Padma

PRINCIPAL

The Oxford College Of Pharmacy
No.6/9, 1st Cross, Begur Road, Hongasandra
Bangalore - 560 068



No.6/9, 1st Cross, Begur Road, Hongasandra, Bengaluru -560 068
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Date: 20/06/2023

CIRCULAR

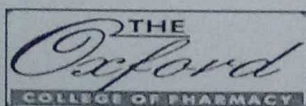
All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that a Session On "INTERNATIONAL YOGA DAY OF 2023" will be conducted on 21/06/2023. We look forward for the active participation for the same.

P. Padma

PRINCIPAL

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The Oxford College Of Pharmacy
No 6/9, 1st Cross, Begur Road, Hongasandra
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NSS COMMITTEE, IQAC, BANGALORE

ORGANISED PROGRAMME

ON

“INTERNATIONAL YOGA DAY OF 2023”

ON

WEDNESDAY 21ST JUNE 2023

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

PATRON

DR. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANISING SECRETARY

MRS. NAGALAKSHMI

ASSISTANT PROFESSOR

THE OXFORD COLLEGE OF PHARMACY

RESOURCE PERSON:

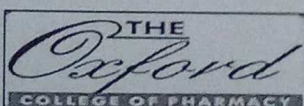
VIVEKANAND SAWARKAR

SAHAJA YOGA TRAINER

HEAD CORPORATE QUALITY, STRIDES

PHARMA SCIENCE

BANGALORE.



No.6/9, 1st Cross, Begur Road, Hongasandra, Bengaluru -560 068
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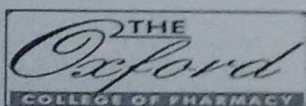
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PREAMBLE

The Oxford College of Pharmacy, NSS Committee, IQAC, Bangalore conducted the session on "INTERNATIONAL YOGA DAY OF 2023" for the students and teaching faculties. As offline session became a part of the process, the event was organized in 4th floor health center. There were 50 students for this event from The Oxford College of Pharmacy. MR. VIVEKANAND SAWARKAR, Sahaja yoga trainer, Head Corporate Quality, Strides Pharma Science, Bangalore delivered lecture on "Sahaja yoga and meditation technique".

THE CONTENT DELIVERED IN THE WEBINAR IS AS FOLLOWS

MR. VIVEKANAND SAWARKAR thanked Mataji Nirmala Devi for rediscovering sahaja yoga as holistic health care for people and this session helped us to focus on awakening the dormant primordial energy (Kundalini energy), whereby a flow of subtle cool cosmic vibrations in the body was achieved which nourished and rejuvenated each and every cell of the body. The event was ended with Q & A session where the participants asked few doubts regarding the Do's and Don'ts. There were around 60 participants.



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1st Main Rd, Hongasandra, Bengaluru, Karnataka 560068



GUEST SPEAKER

MR. PRASANTHAN
SAHAJAYOGA TRAINER
ASSOCIATE ARCHITECT
BANGALORE.

CORDIALLY INVITE YOU ON OBSERVANCE OF
"INTERNATIONAL YOGA DAY"

THE THEME OF 2023 IS
"YOGA FOR VASUDHAIVA KUTUMBAKAM"
ON
21ST JUNE 2023 AT 10:30 AM.



CHIEF PATRON

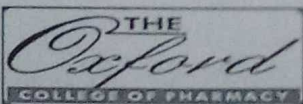
SRI S.N.L. NARASIMHARAJU
CHAIRMAN
THE OXFORD EDUCATIONAL INSTITUTIONS

CONVENER

DR. M PADMAAPAARAKH,
PRINCIPAL,
THE OXFORD COLLEGE OF PHARMACY

NSS COMMITTEE CO-ORDINATOR

MRS. NAGALAKSHMI
ASSISTANT PROFESSOR
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This programme is arranged to share the knowledge on the topic "Sahaja yoga and meditation technique" by Mr. VIVEKANAND SAWARKAR. The overall organization and deliverance of the session was helpful and satisfied the participants. After the program students went out to the local community and conveyed the importance of Yoga.

ಸಹಜ ಯೋಗ

ನಿಮ್ಮ ಸ್ವಲ್ಪ ಸಮಯವನ್ನು ಸಹಜ ಯೋಗದ ಮೂಲಕ ವ್ಯಯಿಸಿ, ನಿಮ್ಮ ಆರೋಗ್ಯವನ್ನು ಸುಸ್ಥಿರಗೊಳಿಸಿ ಮತ್ತು ನಿಮ್ಮ ಜೀವನವನ್ನು ಸುಖಯುತವನ್ನಾಗಿಸಿ.

ಸಹಜ ಯೋಗವು ಒಂದು ಸರಳ ಮತ್ತು ಸುಲಭವಾದ ಯೋಗವಾಗಿದೆ. ಇದು ಯೋಗದ ಮೂಲ ತತ್ವಗಳನ್ನು ಅನುಸರಿಸುತ್ತದೆ ಮತ್ತು ಯೋಗದ ಮೂಲ ತತ್ವಗಳನ್ನು ಅನುಸರಿಸುತ್ತದೆ.

ಸಹಜ ಯೋಗವು ಒಂದು ಸರಳ ಮತ್ತು ಸುಲಭವಾದ ಯೋಗವಾಗಿದೆ. ಇದು ಯೋಗದ ಮೂಲ ತತ್ವಗಳನ್ನು ಅನುಸರಿಸುತ್ತದೆ ಮತ್ತು ಯೋಗದ ಮೂಲ ತತ್ವಗಳನ್ನು ಅನುಸರಿಸುತ್ತದೆ.

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ಪ್ರತಿದಿನ 10 ನಿಮಿಷಗಳ ಧ್ಯಾನದ ಪ್ರಯೋಜನಗಳು

- 1. ಹೃದಯದ ಆರೋಗ್ಯವನ್ನು ಸುಸ್ಥಿರಗೊಳಿಸುತ್ತದೆ.
- 2. ರಕ್ತದೊತ್ತರಣೆಯನ್ನು ಸುಸ್ಥಿರಗೊಳಿಸುತ್ತದೆ.
- 3. ನಿದ್ರೆಯನ್ನು ಸುಸ್ಥಿರಗೊಳಿಸುತ್ತದೆ.
- 4. ಆರೋಗ್ಯವನ್ನು ಸುಸ್ಥಿರಗೊಳಿಸುತ್ತದೆ.
- 5. ಸಂತೋಷವನ್ನು ಸುಸ್ಥಿರಗೊಳಿಸುತ್ತದೆ.
- 6. ಸಮಸ್ಯೆಗಳನ್ನು ಸುಸ್ಥಿರಗೊಳಿಸುತ್ತದೆ.
- 7. ಸಮಸ್ಯೆಗಳನ್ನು ಸುಸ್ಥಿರಗೊಳಿಸುತ್ತದೆ.
- 8. ಸಮಸ್ಯೆಗಳನ್ನು ಸುಸ್ಥಿರಗೊಳಿಸುತ್ತದೆ.
- 9. ಸಮಸ್ಯೆಗಳನ್ನು ಸುಸ್ಥಿರಗೊಳಿಸುತ್ತದೆ.
- 10. ಸಮಸ್ಯೆಗಳನ್ನು ಸುಸ್ಥಿರಗೊಳಿಸುತ್ತದೆ.

ನಿಮ್ಮ ಸಹಜ ಯೋಗದ ಪ್ರಯೋಜನಗಳನ್ನು ಅರಿತುಕೊಳ್ಳಿ.

ಸಹಜ ಯೋಗ ಧ್ಯಾನ

ಸಹಜ ಯೋಗವು ಒಂದು ಸರಳ ಮತ್ತು ಸುಲಭವಾದ ಯೋಗವಾಗಿದೆ. ಇದು ಯೋಗದ ಮೂಲ ತತ್ವಗಳನ್ನು ಅನುಸರಿಸುತ್ತದೆ ಮತ್ತು ಯೋಗದ ಮೂಲ ತತ್ವಗಳನ್ನು ಅನುಸರಿಸುತ್ತದೆ.

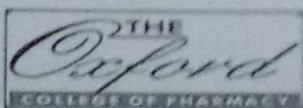
ಸಹಜ ಯೋಗವು ಒಂದು ಸರಳ ಮತ್ತು ಸುಲಭವಾದ ಯೋಗವಾಗಿದೆ. ಇದು ಯೋಗದ ಮೂಲ ತತ್ವಗಳನ್ನು ಅನುಸರಿಸುತ್ತದೆ ಮತ್ತು ಯೋಗದ ಮೂಲ ತತ್ವಗಳನ್ನು ಅನುಸರಿಸುತ್ತದೆ.

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ಸಹಜ ಯೋಗದ ಪ್ರಯೋಜನಗಳು

- 1. ಹೃದಯದ ಆರೋಗ್ಯವನ್ನು ಸುಸ್ಥಿರಗೊಳಿಸುತ್ತದೆ.
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- 3. ನಿದ್ರೆಯನ್ನು ಸುಸ್ಥಿರಗೊಳಿಸುತ್ತದೆ.
- 4. ಆರೋಗ್ಯವನ್ನು ಸುಸ್ಥಿರಗೊಳಿಸುತ್ತದೆ.
- 5. ಸಂತೋಷವನ್ನು ಸುಸ್ಥಿರಗೊಳಿಸುತ್ತದೆ.
- 6. ಸಮಸ್ಯೆಗಳನ್ನು ಸುಸ್ಥಿರಗೊಳಿಸುತ್ತದೆ.
- 7. ಸಮಸ್ಯೆಗಳನ್ನು ಸುಸ್ಥಿರಗೊಳಿಸುತ್ತದೆ.
- 8. ಸಮಸ್ಯೆಗಳನ್ನು ಸುಸ್ಥಿರಗೊಳಿಸುತ್ತದೆ.
- 9. ಸಮಸ್ಯೆಗಳನ್ನು ಸುಸ್ಥಿರಗೊಳಿಸುತ್ತದೆ.
- 10. ಸಮಸ್ಯೆಗಳನ್ನು ಸುಸ್ಥಿರಗೊಳಿಸುತ್ತದೆ.

ನಿಮ್ಮ ಸಹಜ ಯೋಗದ ಪ್ರಯೋಜನಗಳನ್ನು ಅರಿತುಕೊಳ್ಳಿ.





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GPS Map Camera

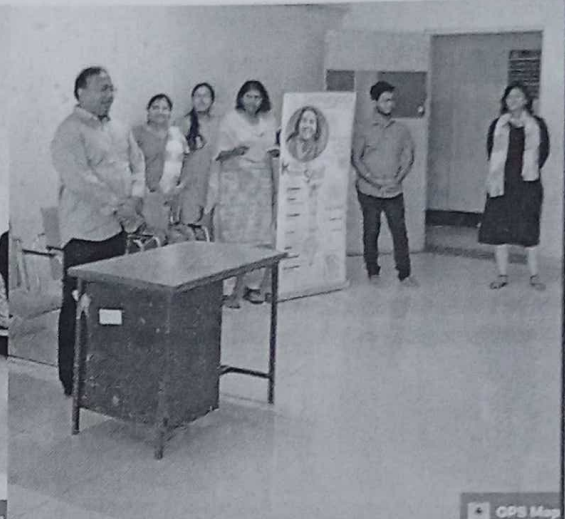
Bengaluru,KA,India

Bommanahalli, Bengaluru, 560068, KA, India

Lat 12.900251, Long 77.628284

06/21/2023 10:44 AM GMT+05:30

Note : Captured by GPS Map Camera



GPS Map

Bengaluru,KA,India

Bommanahalli, Bengaluru, 560068, KA, India

Lat 12.900110, Long 77.628412

06/21/2023 10:41 AM GMT+05:30

Note : Captured by GPS Map Camera



GPS Map Camera

Bengaluru,KA,India

Bommanahalli, Bengaluru, 560068, KA, India

Lat 12.900632, Long 77.628129

06/21/2023 10:47 AM GMT+05:30

Note : Captured by GPS Map Camera



GPS Map Camera

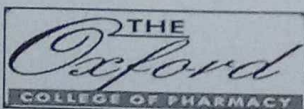
Bengaluru,KA,India

Bommanahalli, Bengaluru, 560068, KA, India

Lat 12.900232, Long 77.628117

06/21/2023 10:46 AM GMT+05:30

Note : Captured by GPS Map Camera



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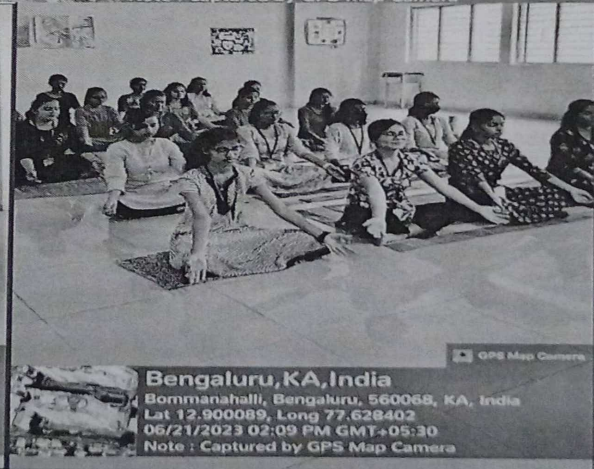
Bengaluru,KA,India
Begur Main Road, Bommanahalli, Bengaluru,
560068, KA, India
Lat 12.899848, Long 77.627499
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Note - Captured by GPS Map Camera



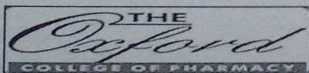
Bengaluru,KA,India
Bommanahalli, Bengaluru, 560068, KA, India
Lat 12.899979, Long 77.628087
06/21/2023 10:46 AM GMT+05:30
Note : Captured by GPS Map Camera



Bengaluru,KA,India
Bommanahalli, Bengaluru, 560068, KA, India
Lat 12.900185, Long 77.628085
06/21/2023 02:10 PM GMT+05:30
Note : Captured by GPS Map Camera



Bengaluru,KA,India
Bommanahalli, Bengaluru, 560068, KA, India
Lat 12.900089, Long 77.628402
06/21/2023 02:09 PM GMT+05:30
Note : Captured by GPS Map Camera



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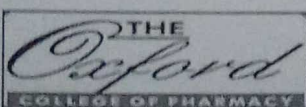
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(MR. VIVEKANAND SAWARKAR interacting with the faculties and students)

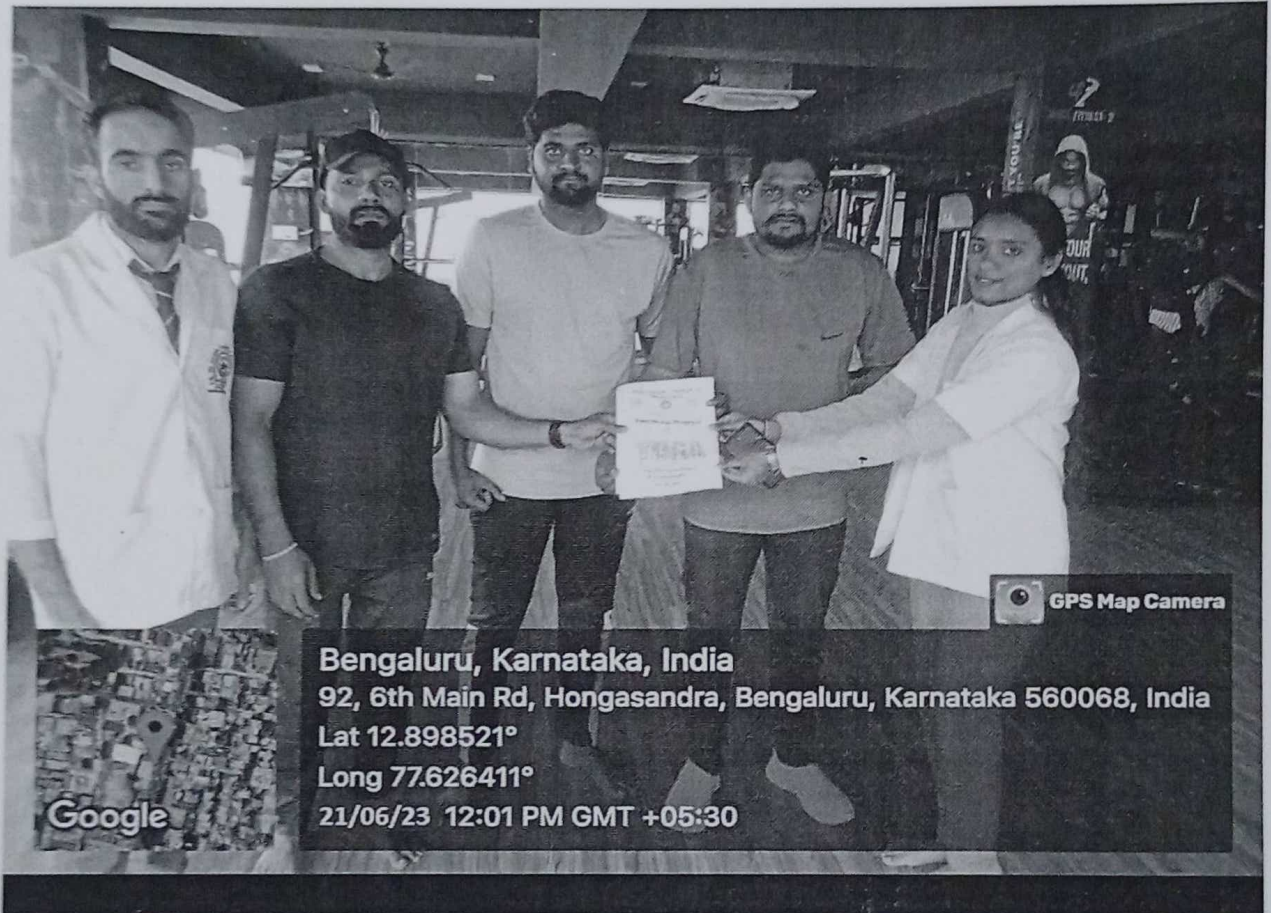


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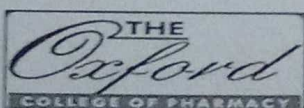
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Bengaluru, Karnataka, India
92, 6th Main Rd, Hongasandra, Bengaluru, Karnataka 560068, India
Lat 12.898521°
Long 77.626411°
21/06/23 12:01 PM GMT +05:30

Students educating local community – Yoga Day



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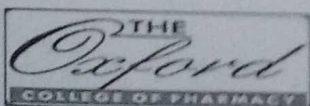
OUTCOME OF THE PROGRAMME

The session in the Yoga Day became a point of learning about the importance of physical exercise to keep up good health in the metro cities like Bangalore. It promotes physical fitness, enhances mental health, fosters community spirit, encourages environmental awareness, and provides educational opportunities. By embracing yoga as a way of life, individuals can lead more fulfilling and healthy lives, and society can benefit from a happier, more peaceful, and more connected community. The students and faculty also taken initiative to reach out local people and promoted awareness that how daily physical exercise can keep us healthy from various illnesses such as cardiac, respiratory problems, mental health, better sleep, relief from stress etc. Such efforts on behalf of the college were much appreciated by local communities.

END OF REPORT

P. Padua

PRINCIPAL
The Oxford College Of Pharmacy
No.6/9, 1st Cross, Begur Road, Hongasandra
Bangalore - 560 068



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DATE: 12/08/2023

CIRCULAR

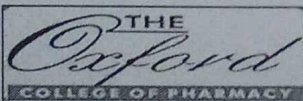
India celebrating their 77th Independence Day on August 15, 2023. The theme for this year's celebration is "Nation First, Always First". In line with the government's focus on national unity & development. The Oxford College of Pharmacy invites all the faculty members and students to showcase their creativity and activity with the selfie, alone or with family members or with friends posted in their official group. The platform of creativity can be shown by any means such as a skit video, Paintings, Rangoli, etc. All are requested to participate actively.

P. Padua

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DEPARTMENT OF PHARMACEUTICAL CHEMISTRY, IQAC

PROGRAMME ON

“INDEPENDENCE DAY 2023”

15th of August 2023

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH

PRINCIPAL

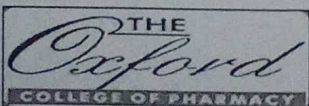
THE OXFORD COLLEGE OF PHARMACY

ORGANIZING SECRETARY

DR. JYOTI SRIVASTAVA

HOD,

DEPARTMENT OF PHARMACEUTICAL CHEMISTRY



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PREAMBLE

Independence Day is one of the proudest and prestigious day for every Indian and it is celebrated throughout India in every corner of the country on 15th August every year. The theme for this year's celebration is "Nation First, Always First". This theme is in line with the government's focus on national unity and development. Independence Day is celebrated by every citizen of India irrespective of caste, creed and religion. The Oxford College of Pharmacy, Bangalore celebrated 77th Independence day, which is themed "Nation First, Always First" with great enthusiasm on 15th August 2023.

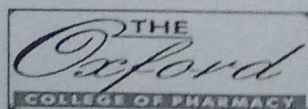
In line with the government's focus on national unity & development. The Oxford College of Pharmacy invited all the faculty members and students to showcase their creativity and activity with the selfie, alone or with family members or with friends posted in their official group.

All the faculty members and the students uploaded the selfies and photographs with their family while hoisting the flag and celebrating the Independence day.

Our Principal Dr Padmaa M Paarakh appreciated the effort of making "har ghar tiranga" concept and congratulated the faculty members for uploading the photos and enjoying the Independence day with the family and cheering for India in the Photos. There were 42 participants.

Dr Jyoti Shrivastava, Head of the Department from Pharmaceutical Chemistry also appreciated the effort taken by the faculty members in celebrating the Independence Day in the Tiranga theme.

Dr Noopur Shrivastava also motivated by uploading the selfies with the flag to celebrate the Independence Day with full enthusiasm and Josh to make India Proud.



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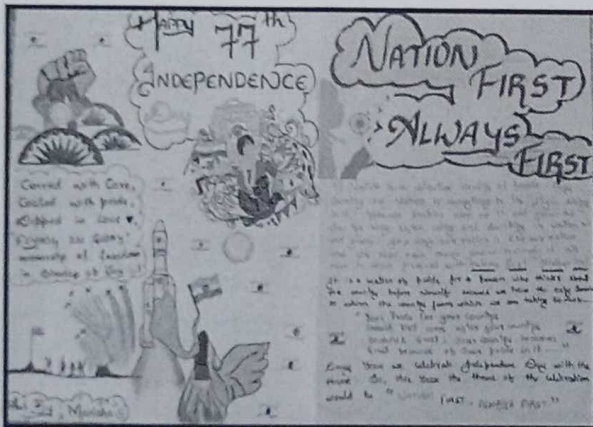
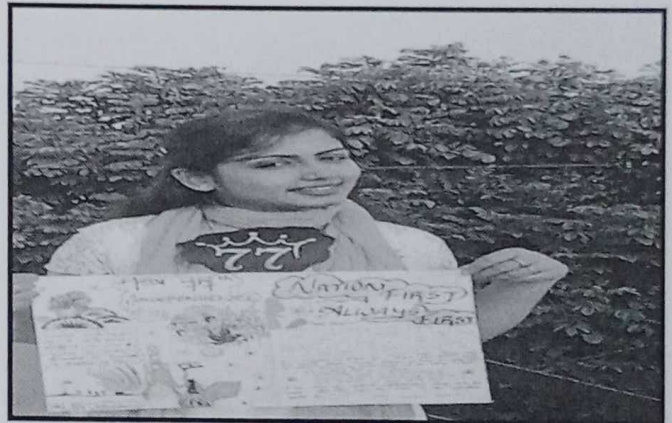
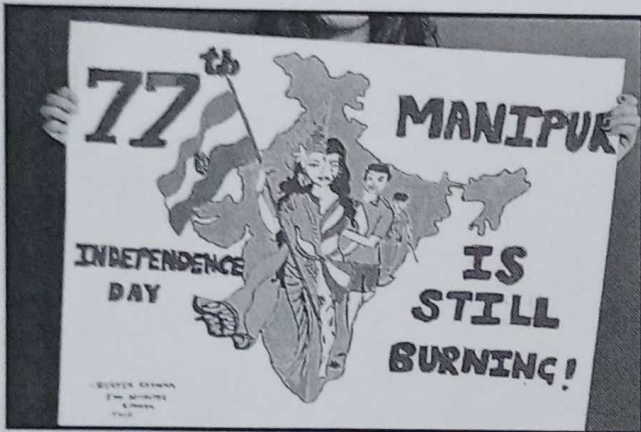
e-mail: pharmacyprincipal@theoxford.edu; info@theoxford.edu;



Dr Gururaj Kulkarni, Head of the Department, Department of Pharmaceutics, wished everyone Independence day and shared the Flag hoisting from his Residence and motivated others also to go and celebrate the Independence day in public gathering.

Many students also uploaded the Posters in the group.

Some Photos from the celebration of 77th Independence Day on 15th August 2023.





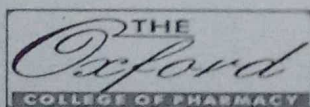
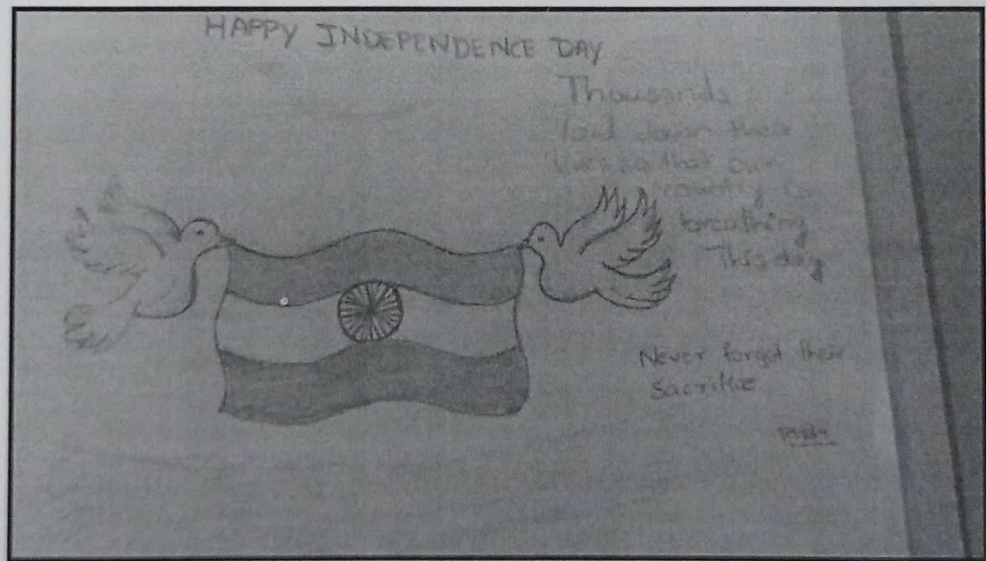
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Outcome

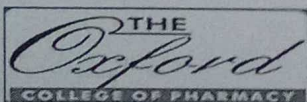
All the students and faculty members celebrated the Independence Day and enjoyed at the fullest and felt proud for the country.

END OF THE REPORT

P. Padma

PRINCIPAL

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DATE: 25/08/23

CIRCULAR

This is to inform all the students and teaching staff of The Oxford College of Pharmacy that 'National Sports Day' will be conducted on 29/08/23. We request for the active participation for the same.

P. Padma

PRINCIPAL

PRINCIPAL

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REPORT ON

NATIONAL SPORTS DAY 2023

CHIEF PATRON

SHRI S.N.V. L NARASIMHARAJU

CHAIRMAN

THE OXFORD EDUCATIONAL INSTITUTIONS

CONVENER

DR.PADMAA M PAARAKH

PRINCIPAL

THE OXFORD EDUCATIONAL INSTITUTIONS

ORGANISER

DR. VIKRAM.T

ASSISTANT PROFESSOR,

DEPARTMENT OF PHARMACEUTICS

THE OXFORD COLLEGE OF PHARMACY

DATE: 29th AUGUST 2023

TIME: 9:00 AM ONWARDS



Children's Education Society (Regd.)

The Oxford College of Pharmacy

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PREAMBLE

The Oxford College of Pharmacy, Bangalore organised "National Sports Day" on 29th August 2023 with the theme "Sports are an enabler to an inclusive and fit society". National Sports Day is observed on 29th August every year to commemorate the birthday of Indian hockey legend Major Dhyan Chand. Sports are important for the physical and mental well-being of humans. This year, the theme of the day is "Sports are an enabler to an inclusive and fit society" a process that takes self-awareness. Always keep in mind the time and energy you put into your workouts. Have a vision of what you want to physically change.

It encourages people of all ages to take up seriously about physical fitness. It highlights about regular exercise and leading a healthy lifestyle. It encourages people of all age groups to actively participate in various kinds of sports and games for their personal overall growth. Sports possess that unique ability to bring people together irrespective of background, language or beliefs. Hence, National Sports Day displays unity.

There were around a total of 150 participants. The Oxford College of Pharmacy organized the following events as a part of the National Sports Day. The outdoor games were conducted at The Oxford College ground.

Indoor Games- Carrom and Chess.

Outdoor games- Volleyball, Kabaddi, Cricket.



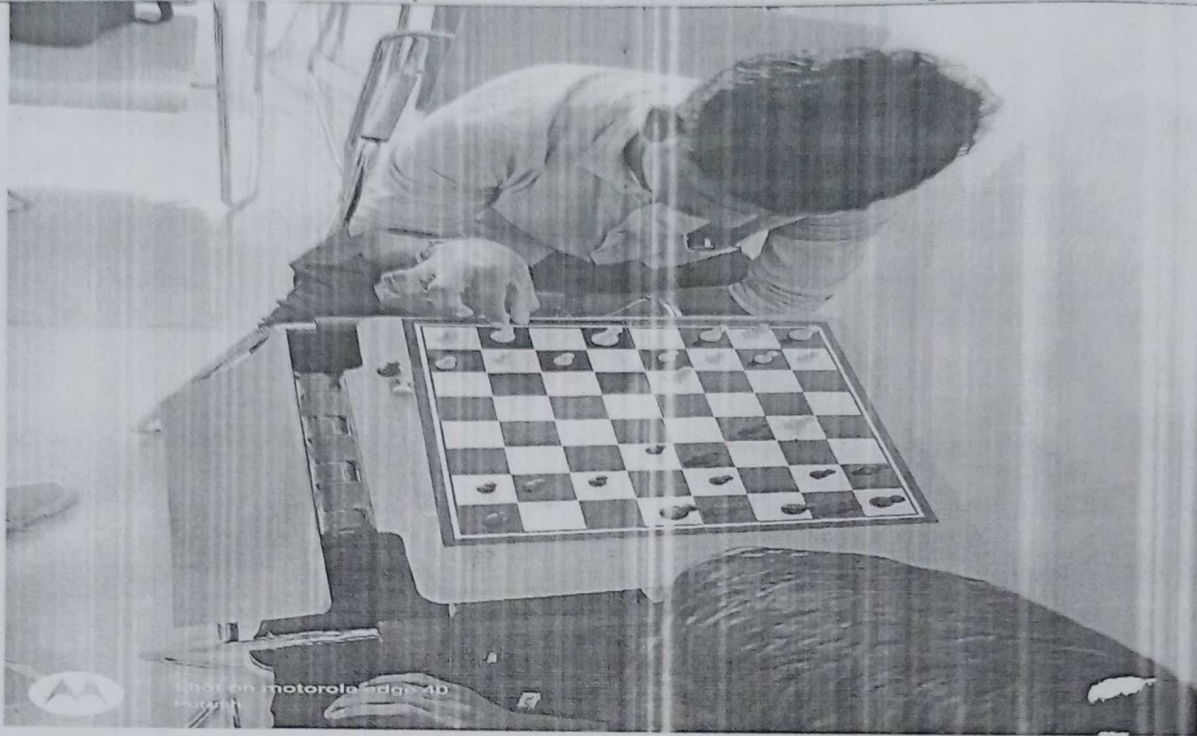
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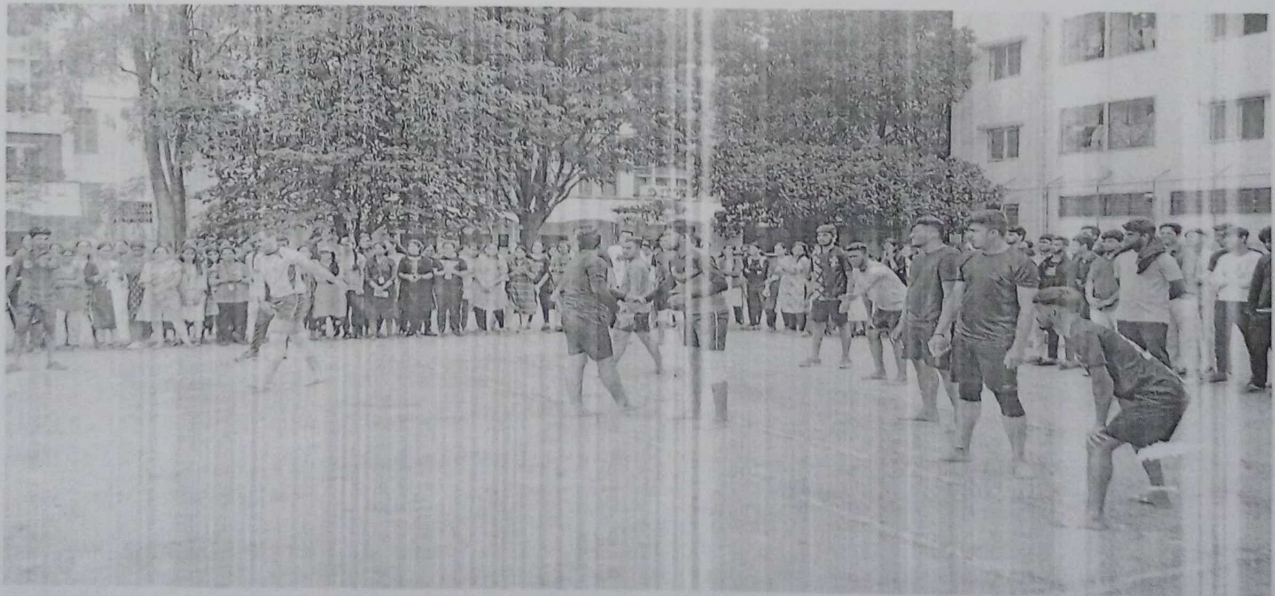
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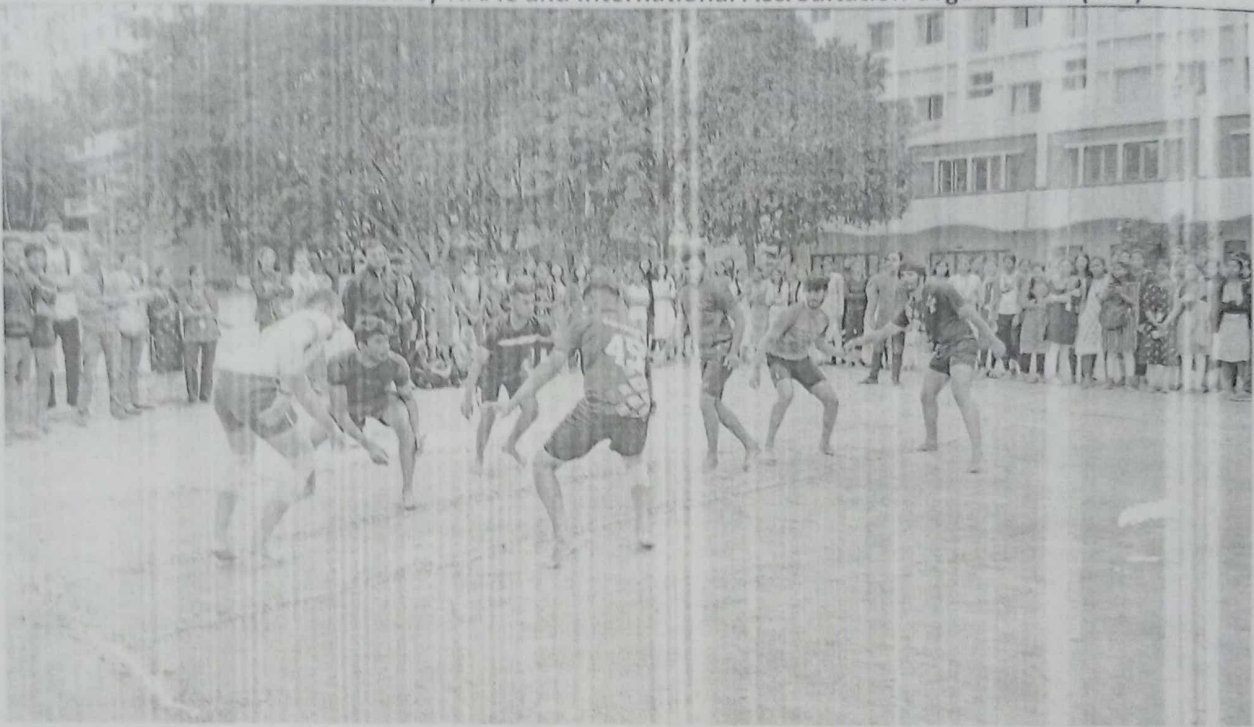
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Few Glimpses of the National Sports Day



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OUTCOME

National Sports Day was conducted successfully. Sports play a pivotal role in the holistic development of an individual. It encourages active participation, promotes physical health and helps to overcome issues like obesity and sedentary habits. Additionally, active participation of students in sports brings out students teamwork, co-operation, unity and skills transferrable to academics as well as future careers.

P. Padua

PRINCIPAL

The Oxford College Of Pharmacy
No 6/9, 1st Cross, Begur Road, Hongasandra
Bangalore - 560 068



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Date: 02/09/2023

CIRCULAR

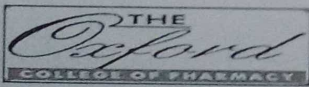
All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that the Teacher's Day for the academic year 2022-2023 will be celebrated on the 5th of September 2023. All are requested to assemble in the Auditorium by 3pm. We look forward for the active participation for the same.

P. Padma

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Bangalore - 560 068



Bengaluru - 560 068

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DEPARTMENT OF PHARMACEUTICS, IQAC

ORGANISED PROGRAMME

ON

“TEACHER’S DAY CELEBRATION 2022”

5TH OF SEPTEMBER 2022

CHIEF PATRON

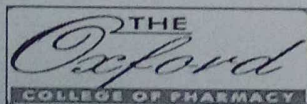
SHRI S. N. V. L NARASIMHA RAJU
CHAIRMAN
THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH
PRINCIPAL
THE OXFORD COLLEGE OF PHARMACY

ORGANIZER

MRS. SURINDER KAUR
ASSISTANT PROFESSOR, DEPARTMENT OF
PHARMACEUTICS.



Bengaluru -560 068

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PREAMBLE

The Oxford College of Pharmacy, Cultural Committee, IQAC, Bangalore celebrated "Teachers's day" on 5th September 2022. Mrs. SURINDER KAUR, Assistant Professor, Department of Pharmaceutics. Initiated the celebration of the program along with students.

The content of the Session:

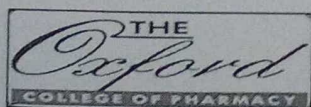
"Teacher's Day 2022" celebration was organized by The Oxford College of Pharmacy, Bangalore on 5th September 2022.

On this day, students around the country pay their respects and express gratitude, love and respect to their teachers and professors. Many cultural events are also organised by the students to entertain and give their teachers a day to remember. Speeches on why we celebrate Teachers' Day and how Dr. Sarvepalli Radhakrishnan contributed to society was given by UG and PG students belonging to department of pharmacy.

The teacher's day celebration started with inviting the Principal and the teachers for the function through an invitation card. The function started with a welcome speech by Mr. Kushan Raj P the class representative of final B Pharm. It was followed by a devotional song sung by Padmashree of 2ND year Pharm D and Yeshashwani of 2nd year B Pharm. The students of different classes spoke in the appreciation of their teachers. The teachers also spoke about their experiences during their teaching tenure and remembered many students for their good behavior, naughtiness, being in good positions, etc. IT was followed by a group activities for the teachers which was filled with enthusiasm. The principal madam including the other teachers spoke about the co-faculty members about their work ethics, etc. Few students from the PG spoke about their teachers and the HODs Dr. Guru S Raj Kulkarni, Dr. G Parthasarathy also took the initiative to appreciate their teachers and thank the students for conducting the function.

Convener, Dr. Padmaa M Paarakh, Principal of The Oxford College of Pharmacy, spoke about her teachers, the good qualities she observed in the teachers and appreciated all the students for taking the initiative in celebrating and remembering their teachers on the TEACHER'S DAY. She thanked all the teachers for being a wonder full team and inculcating overall discipline in the students and for giving their 100% in the academics.

Dr. Noopur Srivastava, HOD of Pharmacology, The Oxford College of Pharmacy, gave the vote of thanks.



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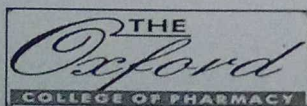
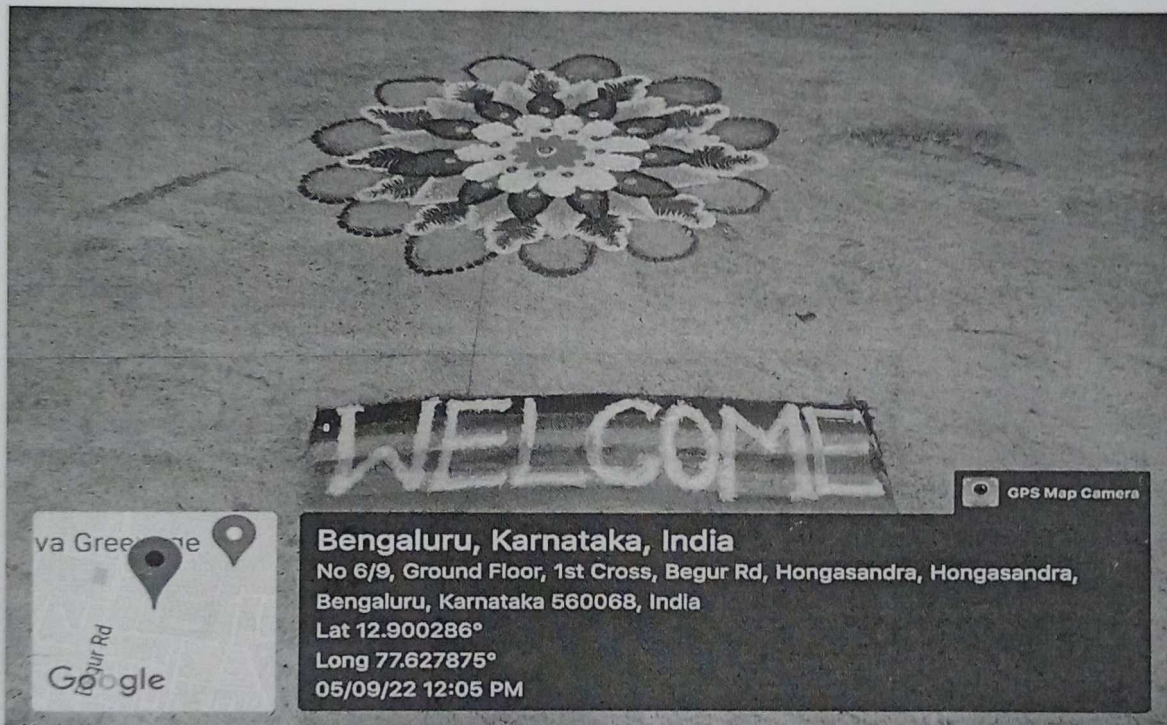
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The function was concluded by giving gifts to the teachers as a token of appreciation and thankfulness. There were around 50 participants.

Warm Welcome to the Teaching Faculty



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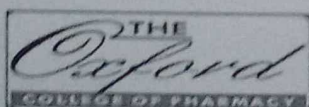
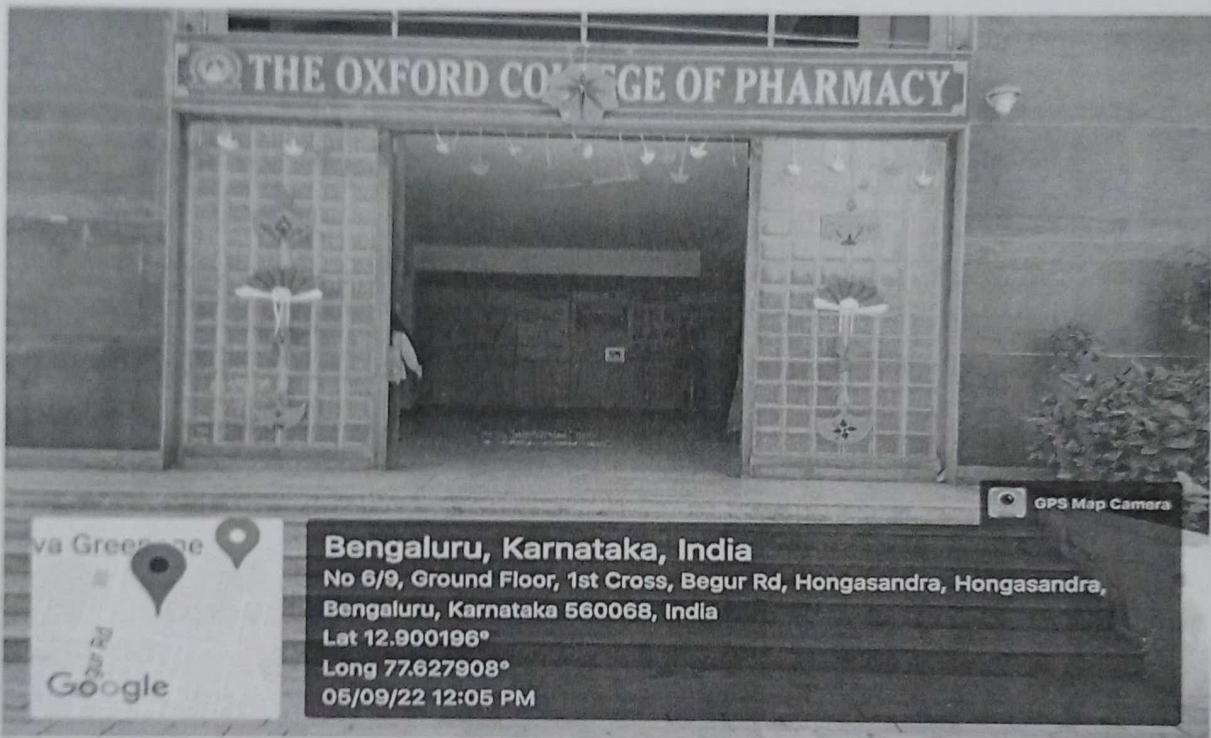
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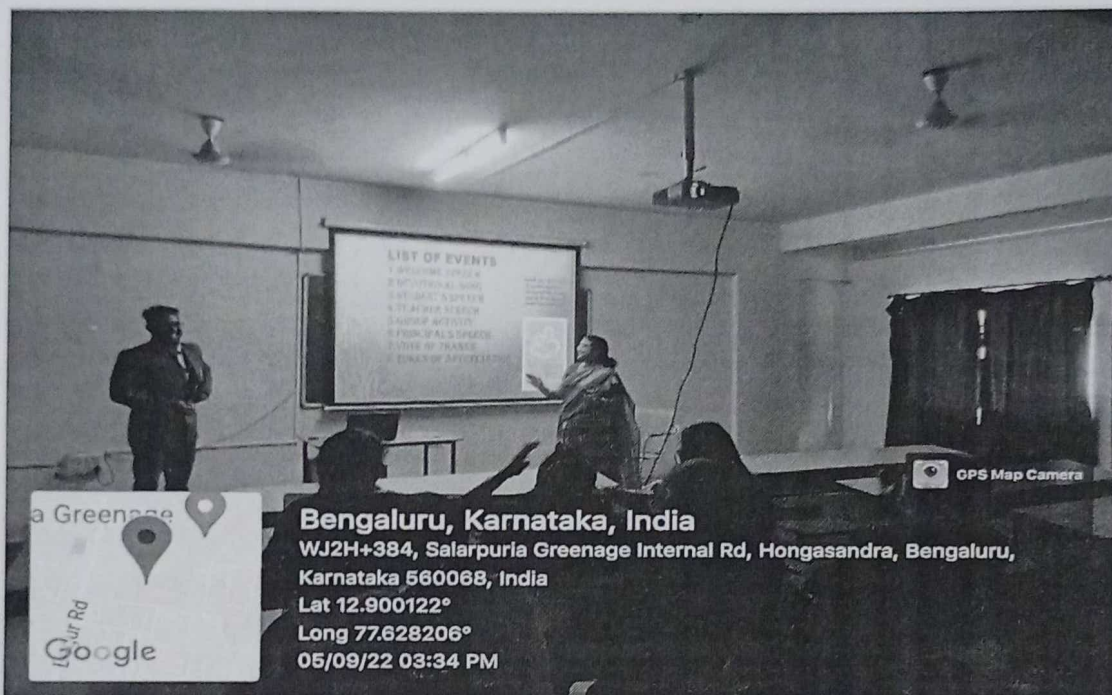
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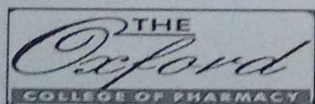
Interaction between Principal Madam and Student.



Views of Dr. Noorpur S Madam on Teaching as a profession



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Memories of the Teacher's Day Celebrations



Bengaluru, Karnataka, India

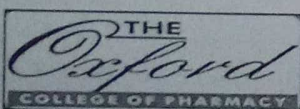
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Karnataka 560068, India

Lat 12.900103°

Long 77.628216°

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GPS Map Camera



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OUTCOME OF THE PROGRAM

Teacher's Day was celebrated on 5th September 2023. The day was marked for the celebration as Teachers' Day since 1962 in respect and in memory of Dr. Sarvepalli Radhakrishnan who was born on 5th September, 1888. The celebration started with devotional song (Vandana) followed by the speech from the students. An inspirational lecture on the topic Priority management for individual (to become a better teacher), was given by the Principal, and followed by this exciting games were organized for all Teaching & Non-Teaching Staff was held and gifts were given.

END OF THE REPORT

P. Padma

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Date: 30/09/2023

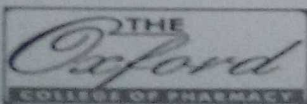
CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that programme on 'GANDHI JAYANTI 2023' for the academic year 2022-2023 will be conducted on 03/10/2023. We look forward for the active participation for the same. All interested students are requested to give your name to the event co-ordinator.

P. Padma

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DEPARTMENT OF PHARMACY PRACTICE, IQAC

ORGANIZE

PROGRAMME

ON

MAHATMA GANDHI JAYANTI

ON

TUESDAY, 03RD OCTOBER 2023

CHIEF PATRON

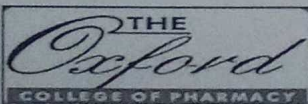
SHRI.. S.N.V. L . NARASIMHARAJU
CHAIRMAN
THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH
PRINCIPAL
THE OXFORD COLLEGE OF PHARMACY

ORGANIZING SECRETARY

Dr SRIPRIYA C
ASST PROFESSOR,
DEPARTMENT OF PHARMACY PRACTICE
THE OXFORD COLLEGE OF PHARMACY



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PREAMBLE:

The Oxford College of Pharmacy, Department Of Pharmacy Practice, Bangalore celebrated "Gandhi Jayanti" on 03rd October 2023. There are totally 50 participants of students of different classes.

Dr SRIPRIYA C , Assistant Professor, Department Of Pharmacy Practice organized the celebration on the occasion of " Gandhi Jayanti" and Dr. G Parthasarathy, Professor and head of the Department Of Pharmacy Practice gave a talk about Mahatma Gandhi Jayanti .

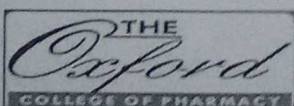
Gandhi Jayanti, celebrated annually on 2nd October, marks the birthday of Mohandas Karamchand Gandhi, revered as Mahatma Gandhi. He is considered an eminent leader in India's struggle for independence against British colonial rule. This day holds profound historical significance and serves as a tribute to the man who championed non-violence, civil disobedience, and truth as powerful means for social and political transformation.

THE PROGRAM DELIVERED AS FOLLOWS:

The program was started with a welcome note by Dr Sripriya C, Program organizer followed by the inaugural address from Dr Padmaa M Paarakh, Principal, The Oxford College of pharmacy.

Dr.Parthasarathy G , HOD, Department of Pharmacy practice, was invited to talk about the Gandhi Jayanti . It holds a great importance as it reminds us of the extraordinary contributions of Mahatma Gandhi Ji. The significance of Gandhi Jayanti lies not only in commemorating his birthday but also in recognizing his indomitable spirit, leadership, and unwavering commitment to social justice and peace.

The event was started by the Department Of Pharmacy Practice in Room No.505 of The Oxford College of Pharmacy, Bangalore in between 03:30 to 4:00 PM headed by Dr. Padmaa M Paarakh, Principal, The oxford college of pharmacy. A Presentation was taken by Dr Sripriya C explaining the importance of the day and the history of birth anniversary of Mahatma Gandhi . A total of 50 students from both B Pharm and pharm D were participated in this session.



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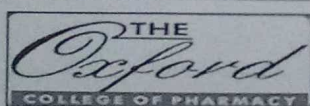
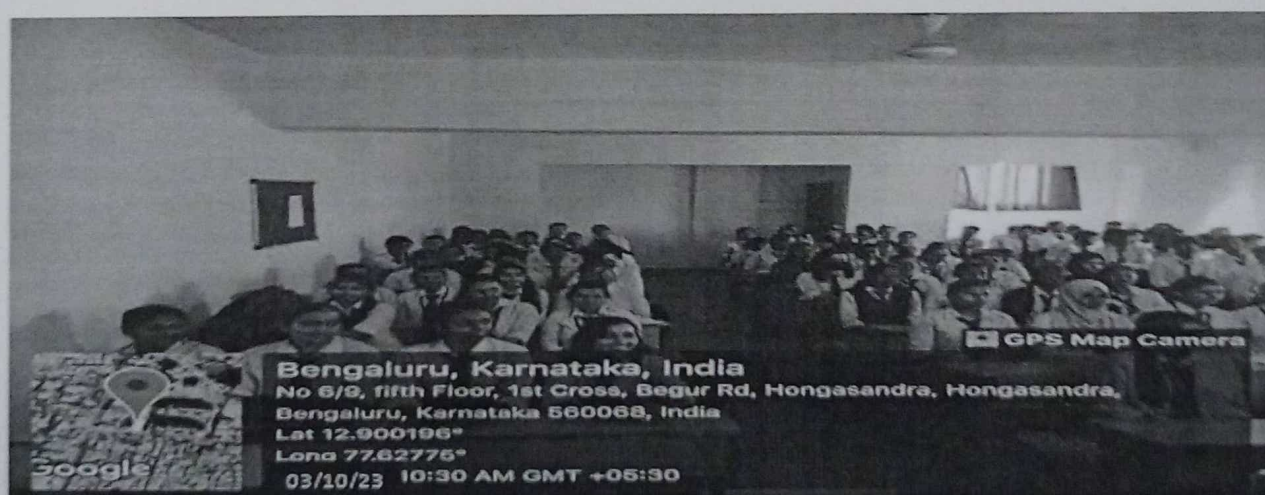
The organizer Dr Sripriya C concluded the program with vote of thanks. She thanked chairman Shri S. N. V. L Narasimha Raju, The Oxford Group Of Institutions, Dr. Padmaa M Paarakh, Principal, The Oxford College Of Pharmacy for organizing such an event and Dr. Parthasarathy G HOD, Department of Pharmacy practice . And to all the other faculties and students who participated in the event and helped in its successful completion of the event.

No of participants: 50 participants

Schedule: On 3rd Oct 2023

Time Schedule	Programme
03:30-04:00PM	"Mahatma Gandhi Jayanti 2023"

Principal



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OUTCOME OF THE PROGRAMME

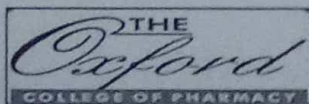
The programme made students realize the greatness of humanity is not in being human, but in being humane. This programme is anticipated to positively impact their future interactions with diverse populations and contribute to a more compassionate environment.

END OF REPORT

P. Padma

PRINCIPAL

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Date: 17/11/2023

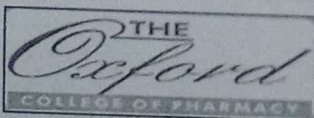
CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that an extension activity on "NATIONAL INTEGRATION DAY -2023" for the academic year 2023-2024 will be conducted on 20/11/2023. We look forward for the active participation for the same.

P. Padma

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REPORT

ON

NATIONAL INTEGRATION DAY

ORGANISED BY DEPARTMENT OF PHARMACOGNOSY

20th NOVEMBER 2023

CHIEF PATRON

DR. S. N. V. L. NARASIMHA RAJU

CHAIRMAN

THE OXFORD EDUCATIONAL INSTITUTIONS

CONVENER

DR. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF

PHARMACY

GUEST SPEAKER

MS. DHANALAKSHMI.C

LECTURER

MENTAL HEALTH NURSING DEPARTMENT

THE OXFORD COLLEGE OF NURSING SCIENCES

ORGANISING SECRETARY

G. SUVARNALAKSHMI

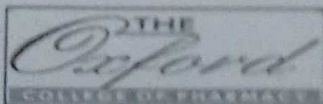
ASSISTANT PROFESSOR

DEPARTMENT OF

PHARMACEUTICAL CHEMISTRY

DATE: 20th November 2023

TIME: 11.00 AM



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INTRODUCTION

National Integration Day is celebrated to commemorate the birthday of the country's first-ever female Prime Minister, Indira Gandhi. It is celebrated every year on November 19. The main aim behind celebrating the day is to encourage people about unity, peace, love, and brotherhood among them.

National Integration Day on November 19 is also known as Quami Ekta Divas and is an Indian celebration that commemorates the birthday of the country's first-ever female Prime Minister, Indira Gandhi. Schools, colleges, and universities across India remember her leadership and the ways in which she changed the country. The day's underlying message is one of unity and the importance of integration, regardless of race or religion.

National Integration Day is also known as "Quami Ekta Divas". The day is celebrated all across India to promote harmony.

Since India is diverse in terms of culture, multiple languages, religions, geographical diversity and ethnicity, it is important for all to respect all the cultures and religions and mix together with each other to keep the unity intact.

Therefore, the day is important to strengthen unity and to develop a better understanding of society.

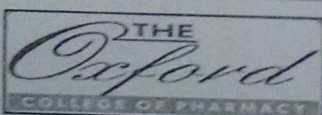
HISTORY OF NATIONAL INTEGRATION DAY

National Integration Day is a day for promoting peace, unity, and integration between all of the different segments of society living in India. Indira Gandhi's birthday was chosen as a day to celebrate as she is seen as somebody who embodies the good intentions of the holiday.

Gandhi became India's first female Prime Minister in 1966 and stayed in the role for 11 years. She played a major role in strengthening democratic structure and tradition in the country. She won the war with Pakistan in 1971 and signed a subsequent peace treaty.

After losing her battle for re-election in 1977 she was ousted from her role as Prime Minister, only to be voted back in again in 1980. Gandhi was assassinated in 1984 by two of her own bodyguards at her home in New Delhi.

National Integration Day was created in her honour as a way to encourage all Indians to integrate, regardless of race or religion.



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Significance of National Integration Day

National integration means coming together of people and having **universal acceptance, brotherhood, harmony and unity** amongst various factors like historical and political background, social and economic differences, linguistic variations and cultural ethnicities.

The day is used to dissuade the youth of our country to engage with **anti-social elements** and other anti-national activities which may threaten the unity of the nation.

The day is celebrated to pay tribute to **Indira Gandhi**, who while serving as the first woman Prime Minister, made several reforms in the country.

On this day every year, many **events and programmes** are held in schools and universities, across the country like Inter State Youth Exchange Programme (ISYEP), National Integration Camp (NIC), National Youth Festival and National Youth Award.

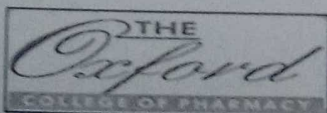
THE PROGRAM DELIVERED AS FOLLOWS:

On the occasion of National Integration Day on 20th November 2023, an awareness program was conducted by Department of Pharmaceutical chemistry.

The program was started with a welcome note and Guest speaker's introduction by Mrs. G. Suvarna Lakshmi, Program organizer followed by the inaugural address from Dr Padmaa M Paarakh, Principal, The Oxford College of pharmacy.

The first guest lecture was by **Ms. Dhanalakshmi. C**, Lecturer, Mental Health Nursing Department, The oxford college of nursing sciences. She focused on the points like feeling of oneness, brotherhood and social unity under communities and society in a country. National Integration helps to keep the country unified and strong from within despite the diversities.

She also mentioned that This day is a reminder of the strength that comes from diversity and the importance of unity in a nation as diverse as India.





OBJECTIVES OF THE ACTIVITY

- The objective of celebrating Encouraging citizens to embrace the diversity of India and promoting a sense of unity among people belonging to different regions, cultures, languages, and religions.
- Educating people about the importance of national integration and the role it plays in maintaining harmony and stability in the country.
- National Integration Day is a day dedicated to promoting unity, diversity, and solidarity among the citizens of a nation.

CONCLUSION, FEEDBACK AND VOTE OF THANKS

The objective of the organising the National Integration Day was achieved and Feedback was taken from the participants which helps to improve the quality of the activities conducted in future.

Mrs. G. Suvarnalakshmi ended the program by a vote of thanks. She thanked the Principal, Dr. Padmaa M Paarakh, Ms. Dhanalkshmi.C Guest Speaker and the entire fraternity of The Oxford College of Pharmacy for the perfect support given to organise the activity.




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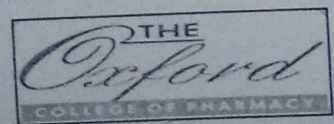
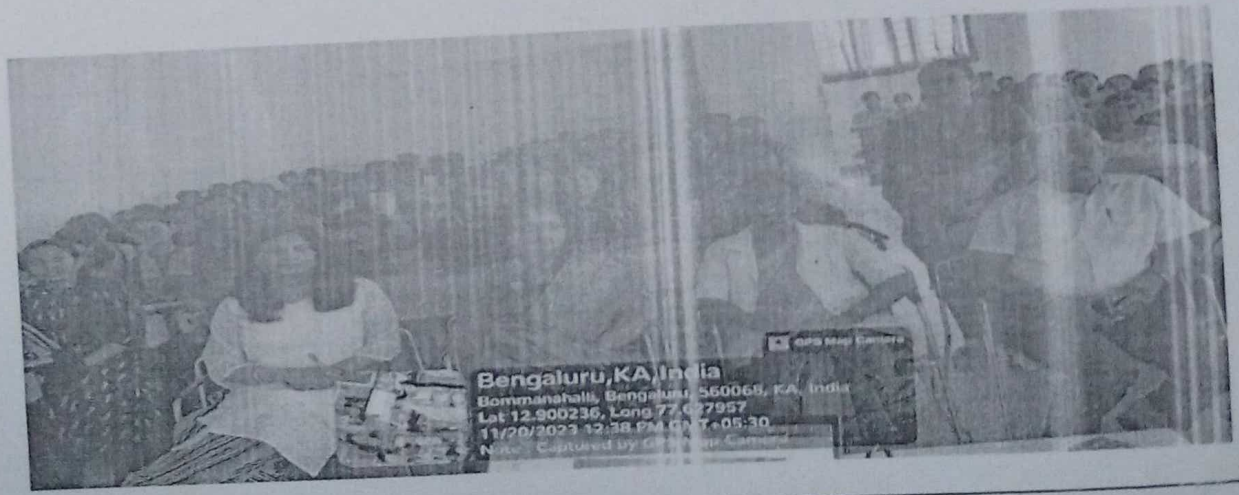
CHILDREN'S EDUCATION SOCIETY®
THE OXFORD COLLEGE OF PHARMACY
 6-9, 1ST CROSS, BEGUR ROAD, HONGASANDRA, BENGALURU - 560068

NATIONAL INTEGRATION DAY



20th NOVEMBER 2023
11 AM

Chief Patron Dr. S N V L Narasimha Raju Chairman The Oxford Educational Institutions	Convener Dr. M Padmaa Paarakh Principal The Oxford College of Pharmacy	Guest speaker Mr. Dhanalakshmi. C Lecturer Mental health nursing department The Oxford college of nursing sciences	Organizing Secretary Mrs G. Suvarna Lakshmi Asst Professor The Oxford College of Pharmacy
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OUTCOME OF THE ACTIVITY:

- The objective of celebrating Encouraging citizens to embrace the diversity of India and promoting a sense of unity among people belonging to different regions, cultures, languages, and religions.
- It aims to foster a sense of unity among citizens, transcending differences and promoting the idea that India is one nation with one people and one destiny.
- The intention is to establish a peaceful community where people have a sense of national identity and shared values.

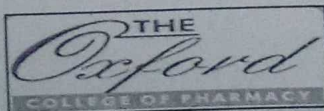
The program was attended by around 100 participants which includes students and faculty of The Oxford College of Pharmacy.

END OF REPORT

P. Padma

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Date: 27/11/2023

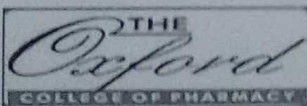
CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that a Session On "OBSERVANCE OF "KARNATAKA RAJYOTSAVA" for the academic year 2022-2023 will be conducted on 29/11/2023. We look forward for the active participation for the same.

P. Padma

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NSS COMMITTEE, IQAC, BANGALORE

ORGANISED PROGRAMME

ON

“OBSERVANCE OF “KARNATAKA RAJYOTSAVA”

ON

WEDNESDAY 29 NOVEMBER 2023

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

CONVENER

DR. PADMAA M PAARAKH

PRINCIPAL

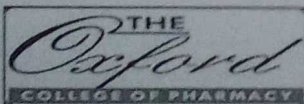
THE OXFORD COLLEGE OF PHARMACY

ORGANISING SECRETARY

MRS. NAGALAKSHMI

ASSISTANT PROFESSOR

THE OXFORD COLLEGE OF PHARMACY



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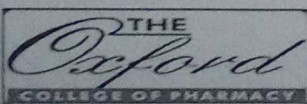
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PREAMBLE

The Rajyotsava Day is the state festival of Karnataka and is observed on November 1st every year. Today marks the 67th year since this beautiful land emerged as one state for all Kannada-speaking people. On November 1, 1956, several regions merged to form the state, which was originally called Mysore. Kannada Day has been celebrated on November 1 every year since 1956 to commemorate the formation of the state. The state was renamed Karnataka on November 1, 1973. The day is celebrated to commemorate the birthday of Karnataka as the state was formed on this day. The Rajyotsava day is celebrated with great joy and vigor all over the state of Karnataka. The state government asserts Rajyotsava awards on this day, which are awarded to people responsible for great contributions in the development of Karnataka. The Oxford College of Pharmacy, NSS Committee, IQAC, Bangalore organized the Kannada Rajyotsava celebration event on 29 November 2023. The Event commenced with preparation of rangoli by students, and then the staff, students, Physical educator and non-teaching staff participated in flag hosting. Later importance of the event was spoken by Dr. Padmaa M Paarakh and the management staff which included the importance of Karnataka state, language, culture, people, etc., and she has informed everyone to protect our mother tongue and teach others as well. The Cultural activities like singing Kannada songs from students and staff members which were entertained the crowd. There were around 50 participants.



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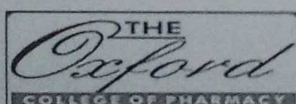


Bengaluru, Karnataka, India

POLKA DOTS MERCHANDISER, 3rd Floor, 7, 1st Cross, Begur Rd, near The
Oxford College Of Nursing, Hongasandra, Bengaluru, Karnataka 560068, India
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Long 77.62771°

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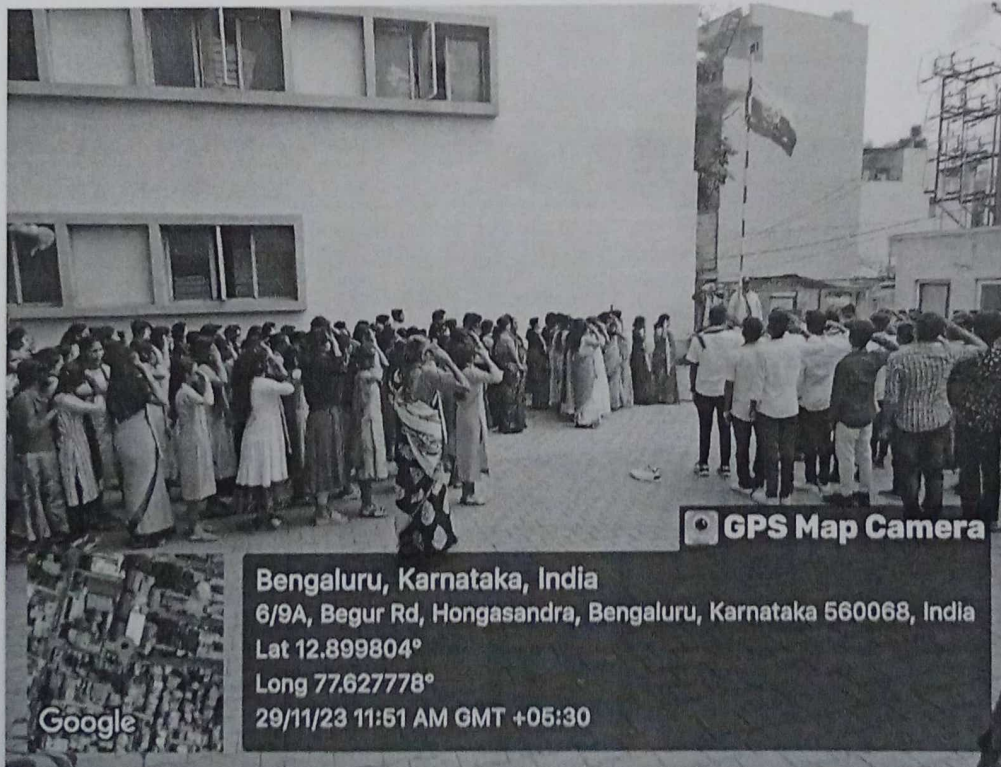
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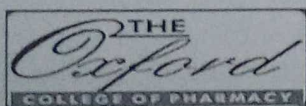
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GPS Map Camera

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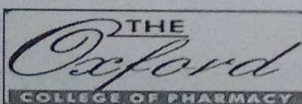
OUTCOME OF THE PROGRAMME

Kannada Rajyotsava is an annual celebration on 1st November to commemorate the formation of the state of Karnataka in India. The day is celebrated with great enthusiasm and pride by the people of Karnataka, with cultural events, sports competitions, food stalls, and awards ceremonies. It promotes social cohesion and inclusiveness, showcasing the state's traditions, culture, and achievements. The Oxford college of Pharmacy celebrated the Rajyotsava festival by hosting the Karnataka flag on the college campus. The college campus was decorated with colorful rangoli creating a sense of pride in the heart of every participant. The students from Karnataka conveyed Karnataka's tradition, culture, values to the students from different states.

END OF REPORT

P. Padua
PRINCIPAL

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Date: 29/11/2023

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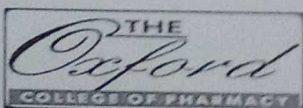
All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that a session on "CONSERVATION & MANAGEMENT OF WATER RESOURCES" for the academic year 2022-2023 will be conducted on 30/11/2023. We look forward for the active participation for the same.

P. Padma

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NSS COMMITTEE, IQAC, BANGALORE
ORGANISED PROGRAMME
ON
"CONSERVATION & MANAGEMENT OF WATER RESOURCES"
ON
WEDNESDAY 30TH NOVEMBER

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU
CHAIRMAN
THE OXFORD GROUP OF INSTITUTIONS

PATRON

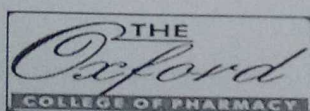
DR. PADMAA M PAARAKH
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ORGANISING SECRETARY

MRS. NAGALAKSHMI
ASSISTANT PROFESSOR
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RESOURCE PERSON:

DR. PADMAA M PAARAKH
PRINCIPAL
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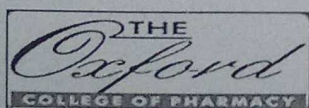
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PREAMBLE

The Oxford College of Pharmacy, NSS Committee, IQAC, Bangalore conducted the session on "Conservation & Management of Water Resources" for the students. There were totally 50 participants who included faculties and students. A special session on Menstrual Conservation & Management of Water Resources was organized by NSS Cell, The Oxford College of Pharmacy on 30/11/2022. The talk was addressed to all students of The Oxford College of Pharmacy. The entire program was coordinated by Assistant professor Mrs R. Nagalakshmi. Mrs. Nagalakshmi R gave a warm welcome to Principal Dr. Padmaa M Paarakh, staff and students. The session was very informative which gave them a comprehensive understanding on the what, why and how to conservation & management water resources. Speaker spoke about some crucial aspects related to crisis of water and explained the simple steps to be followed by each and every person to save water. She gave information regarding different ways of conservation of rain water and utilization of tap water in proper manner. The talk was very effective, as it gave more importance to how conserve water. This programme was arranged to share the knowledge on the topic "CONSERVATION & MANAGEMENT OF WATER RESOURCES" by Dr. Padmaa M Paarakh. The overall organization and deliverance of the session was helpful and satisfied the participants.



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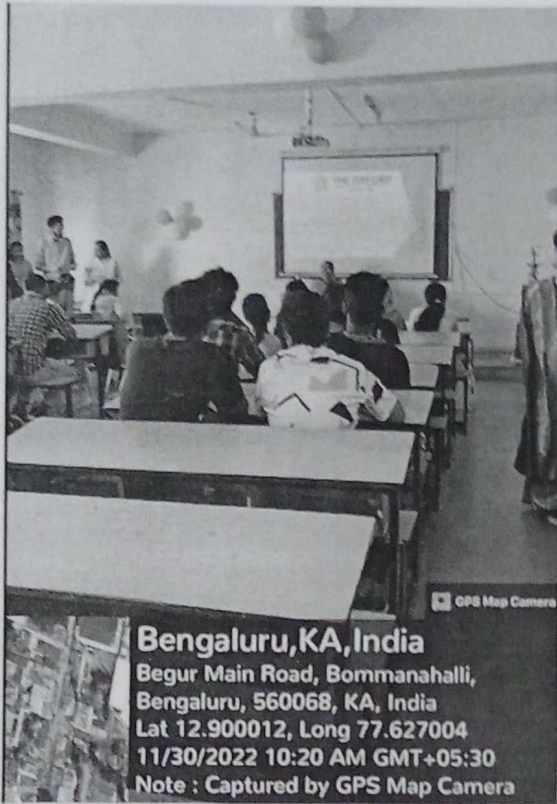


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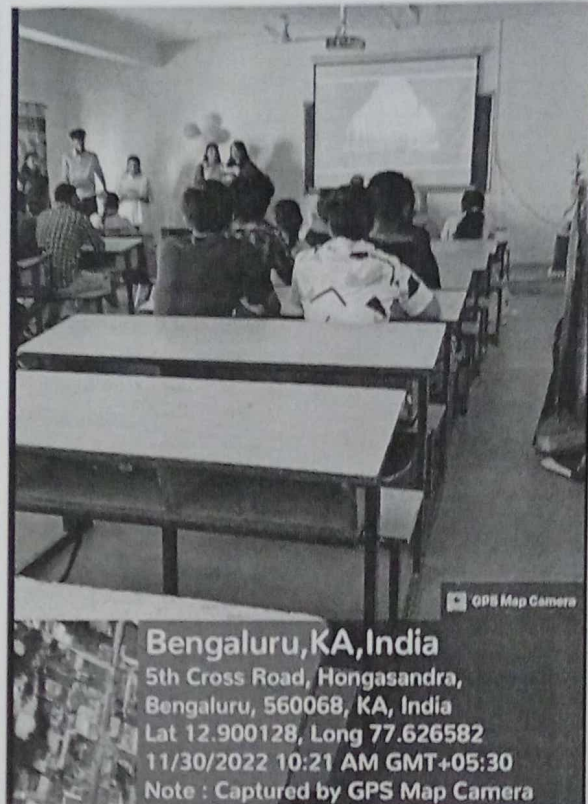
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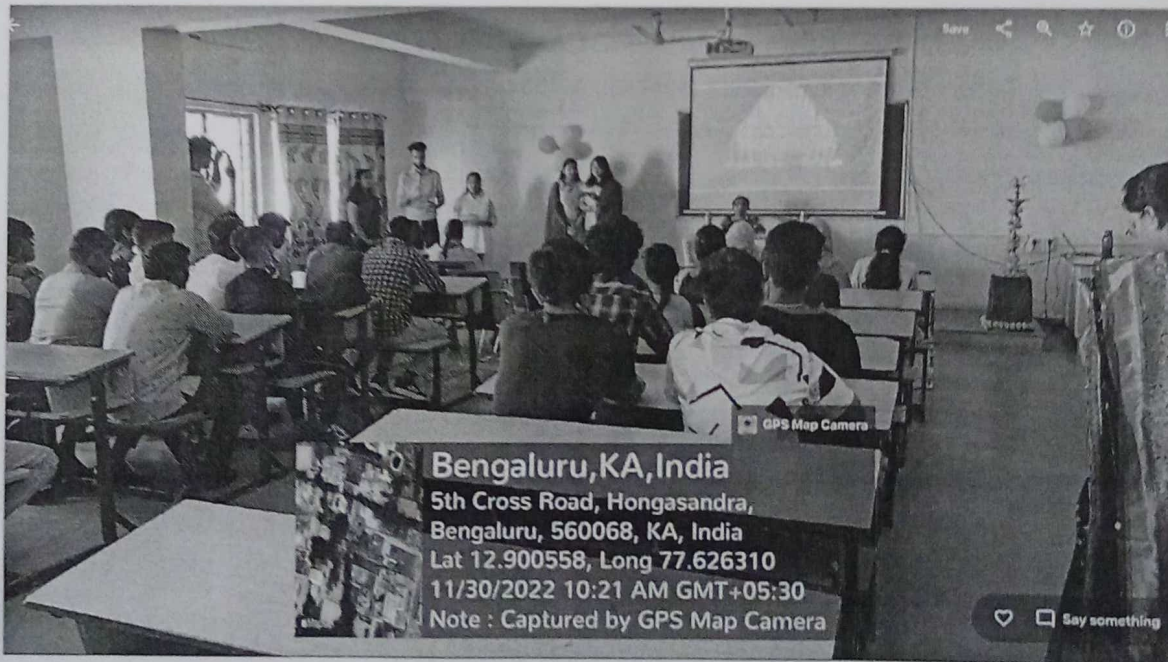
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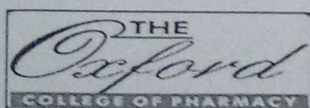
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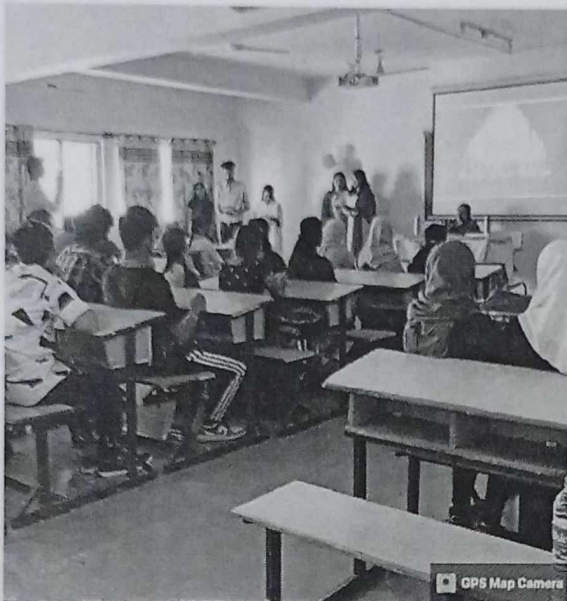
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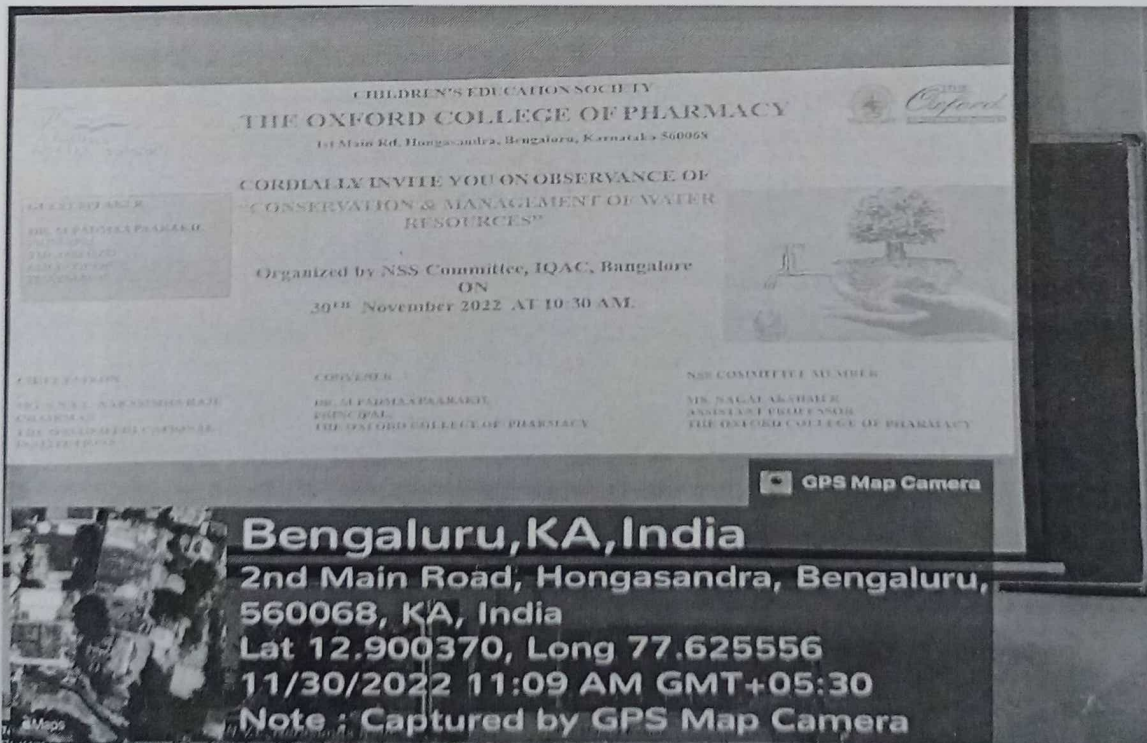
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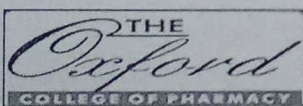
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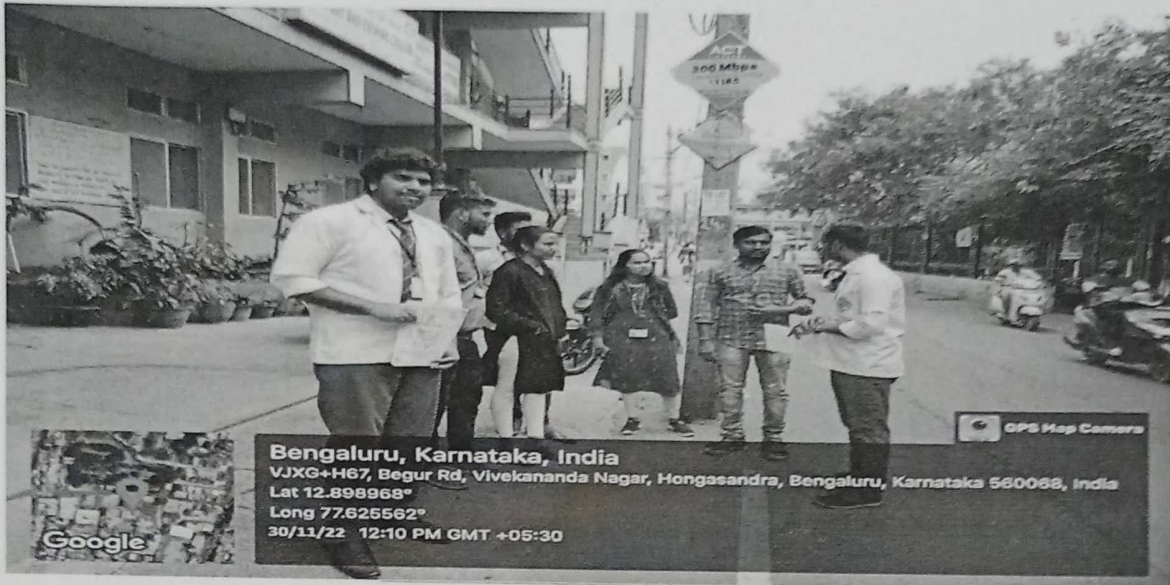
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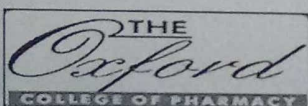
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Students interacting with local community



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OUTCOME OF THE PROGRAMME

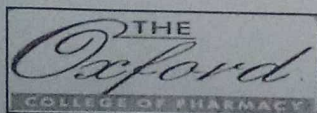
The session gave knowledge to the students to realizing how mismanagement and careless habits in the use of resources leads to chaos and disasters. Session promoted sustainable water management practices that bring economic benefits, such as increased agricultural productivity and job creation to the students. Students created awareness in nearby community about water conservation and management. Response of the community was positive and they appreciated the initiative of students and institution.

END OF REPORT

P. Padma

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Date: 30/11/2023

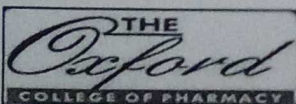
CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that a session on "OBSERVANCE OF WORLD AIDS DAY" will be conducted on 01/12/2023. We look forward for the active participation for the same.

P. Padma
PRINCIPAL

PRINCIPAL

The Oxford College Of Pharmacy
No 6/9, 1st Cross, Begur Road, Hongasandra
Bangalore - 560 088



No.6/9, 1st Cross, Begur Road, Hongasandra, Bengaluru -560 068
Q: +91- 80 - 61754694; Fax: +91- 80 -61754699; www.theoxford.edu
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NSS COMMITTEE, IQAC, BANGALORE

ORGANISED PROGRAMME

ON

“OBSERVANCE OF WORLD AIDS DAY”

ON

FRIDAY 1ST DECEMBER 23

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

PATRON

DR. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANISING SECRETARY

MRS. NAGALAKSHMI

ASSISTANT PROFESSOR

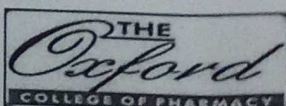
THE OXFORD COLLEGE OF PHARMACY

RESOURCE PERSON

DR. MUTHUKUMAR

ASSOCIATE PROFESSOR

DEPARTMENT OF PHARMACOLOGY



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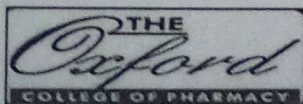
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PREAMBLE

The Oxford College of Pharmacy, NSS Committee, IQAC, Bangalore conducted the session on "OBSERVANCE OF WORLD AIDS DAY" for the students and teaching faculties. As offline session became a part of the process, the event was organized in 5th floor 501. There were 50 students for this event from The Oxford College of Pharmacy.

The content delivered in the session is as follows:



The event started with a awareness session by Dr. Muthu Kumar and the pledge regarding the same was taken, later the event was followed by poster presentation. The theme for the year was "LET COMMUNITIES LEAD". The entire program was coordinated by Assistant professor Mrs R. Nagalakshmi. Mrs. Nagalakshmi R gave a warm welcome to Principal Dr. Padmaa M Paarakh, staff and students. The session was very informative which gave them a comprehensive understanding on the what, why and how to fight against AIDS. There were around 60 participants.




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 CHILDREN'S EDUCATION SOCIETY (REGD.)

THE OXFORD COLLEGE OF PHARMACY
1st Main Rd, Hongasandra, Bengaluru, Karnataka 560068

CORDIALLY INVITE YOU ON OBSERVANCE OF
"WORLD AIDS DAY"
Theme
"LET COMMUNITIES LEAD"
Organized by
NSS Committee, IQAC, Bangalore
on
01st December 2023, at 02:20 PM.




CHIEF PATRON	CONVENER	NSS CO-ORDINATOR
Dr. S.N.V.L. NARASIMHA RAJU Chairman The Oxford Educational Institutions	Dr. PADMAA M PAARAKH Principal, The Oxford College of Pharmacy	Mrs. NAGALAKSHMI R Assistant Professor The Oxford College of Pharmacy

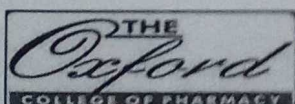
 CHILDREN'S EDUCATION SOCIETY (REGD.)

THE OXFORD COLLEGE OF PHARMACY
1st Main Rd, Hongasandra, Bengaluru, Karnataka 560068

PLEDGE

("I pledge to stop HIV stigma by learning more about HIV and sharing that knowledge with others. If we all do our part, we can stop HIV together")



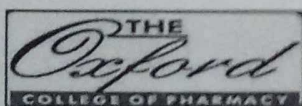
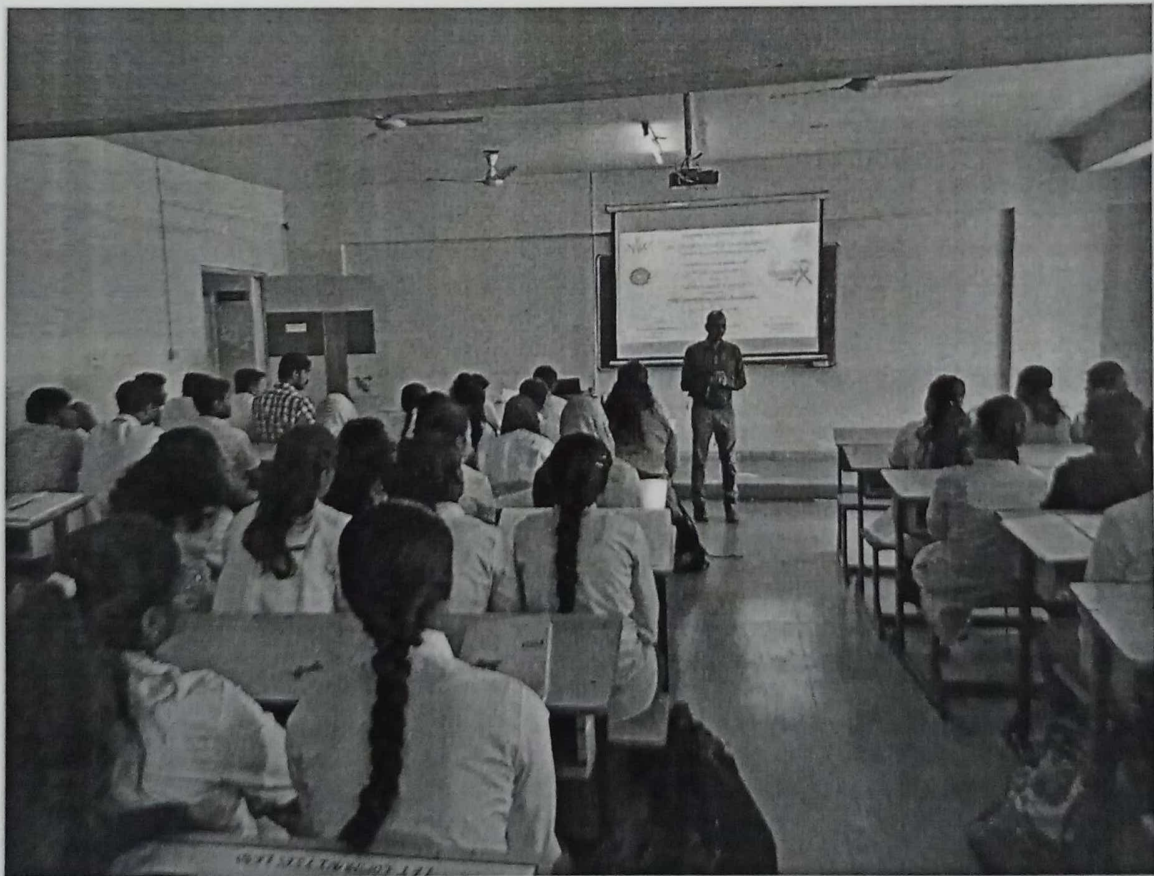
CHIEF PATRON	CONVENER	NSS CO-ORDINATOR
Dr. S.N.V.L. NARASIMHA RAJU Chairman The Oxford Educational Institutions	Dr. PADMAA M PAARAKH Principal, The Oxford College of Pharmacy	Mrs. NAGALAKSHMI R Assistant Professor The Oxford College of Pharmacy



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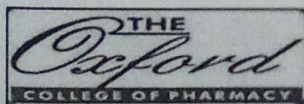
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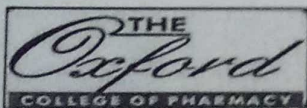
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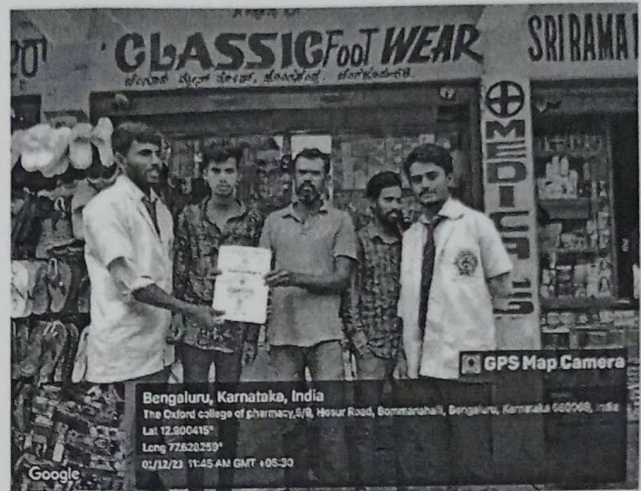
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Note : Captured by GPS Map Camera



Bengaluru,KA,India
Bommanahalli, Bengaluru, 560068, KA, India
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Students creating awareness in society – Take control and stop HIV

OUTCOME OF THE PROGRAMME

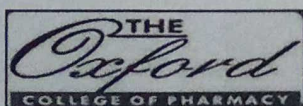
The program was observed to create awareness on AIDS and the session successfully delivered the message through poster presentation. The session emphasized on the good conduct of human behaviour as well as promoted awareness misconceptions in public regarding AIDS. The students who participated were able to educate themselves about HIV/AIDS & to avoid the unwanted stigma relating to HIV/AIDS. At the same time student and faculty went around in the different communities creating awareness about the AIDS, its fatal consequences on health and family as well as how people can safeguard their conduct in the social life.

END OF REPORT

P. Padua

PRINCIPAL

The Oxford College Of Pharmacy
No 6/9, 1st Cross, Begur Road, Hongasandra
Bangalore - 560 068





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DATE: 06/10/2022

CIRCULAR

All the teaching and students of The Oxford College of Pharmacy are hereby informed that programme on "WORLD MENTAL HEALTH DAY" will be conducted on 10/10/2022. We look forward for the active participation for the same.

P. Padma

PRINCIPAL

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No 6/9, 1st Cross, Begur Road, Hongasandra
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DEPARTMENT OF PHARMACY PRACTICE, IQAC

ORGANISED

PROGRAMME ON

“WORLD MENTAL HEALTH DAY”

ON

MONDAY 10TH OCTOBER 2022

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

PATRON

DR. PADMAA M PAARAKH

PRINCIPAL

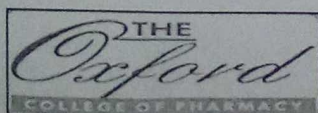
THE OXFORD COLLEGE OF PHARMACY

ORGANIZED BY:

MS. MERIN SUSAN

ASSISTANT PROFESSOR

DEPARTMENT OF PHARMACY PRACTICE



No.6/9, 1st Cross, Begur Road, Hongasandra, Bengaluru -560 068

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PREAMBLE

The Oxford College of Pharmacy, Bangalore organized **World Mental Health Day** on 10th October 2022.

World Mental Health Day 2022 "**our mind our rights**" is an opportunity for people and communities to unite behind the theme '**Mental health is a universal human right**' to improve knowledge, raise awareness and drive actions that promote and protect everyone's mental health as a universal human

THE AWARENESS PROGRAM DELIVERED AS FOLLOWS:

The program was started with a welcome note by Dr Jenisha. K, Program organizer followed by the inaugural address from Dr Padmaa M Paarakh, Principal, The Oxford College of pharmacy.

Dr.Parthasarathy G , HOD, Department of Pharmacy practice, was invited to talk about the mental health . The day is dedicated to create awareness about the importance of good mental health, and measures to protect and take better care of mental well-being. The overall objective of World Mental Health Day is to raise awareness of mental health issues around the world and to mobilize efforts in support of mental health.

The event was started by the Department Of Pharmacy Practice in Room No.505 of The Oxford College of Pharmacy, Bangalore in between 03:30 to 4:00 PM headed by Dr. Padmaa M Paarakh, Principal, The oxford college of pharmacy. A Presentation was taken by Dr Jenisha k explaining the importance of the day and the history of creating awareness about world mental health day. Around 40 students were participated in this session.

The organizer Dr Jenisha k concluded the program with vote of thanks. She thanked chairman Shri S. N. V. L Narasimha Raju, The Oxford Group Of Institutions, Dr. Padmaa M Paarakh, Principal, The Oxford College Of Pharmacy for organizing such an event and



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Parthasarathy G HOD, Department of Pharmacy practice . And to all the other faculties and students who participated in the event and helped in its successful completion of the event.

The objectives of world mental health day to the students which was framed by World Health Organization. The objectives are stated as

- To create awareness among people about different mental health conditions and their management.
- To reduce the stigma, myths, and misconceptions that are associated with mental health.
- To encourage people about seeking help for their mental health issues, instead of feeling anxious and nervous.
- To educate people about different ways to protect the mental health. People must know that mental health is as important as the overall physical health. Mental health issues should not be neglected due to any reason.
- To promote inclusion and protect the rights of people with mental illness.
- To encourage people with mental health problems to seek help from mental health professionals, family, friends, or anyone without any fear or shame.
- To encourage mental health advocates, policy makers, and stakeholders to allocate resources to improve mental health services and support networks.
- To address mental health issues on a global level through international collaborations.
- To foster a culture where mental health is taken as serious as any other physical health condition.



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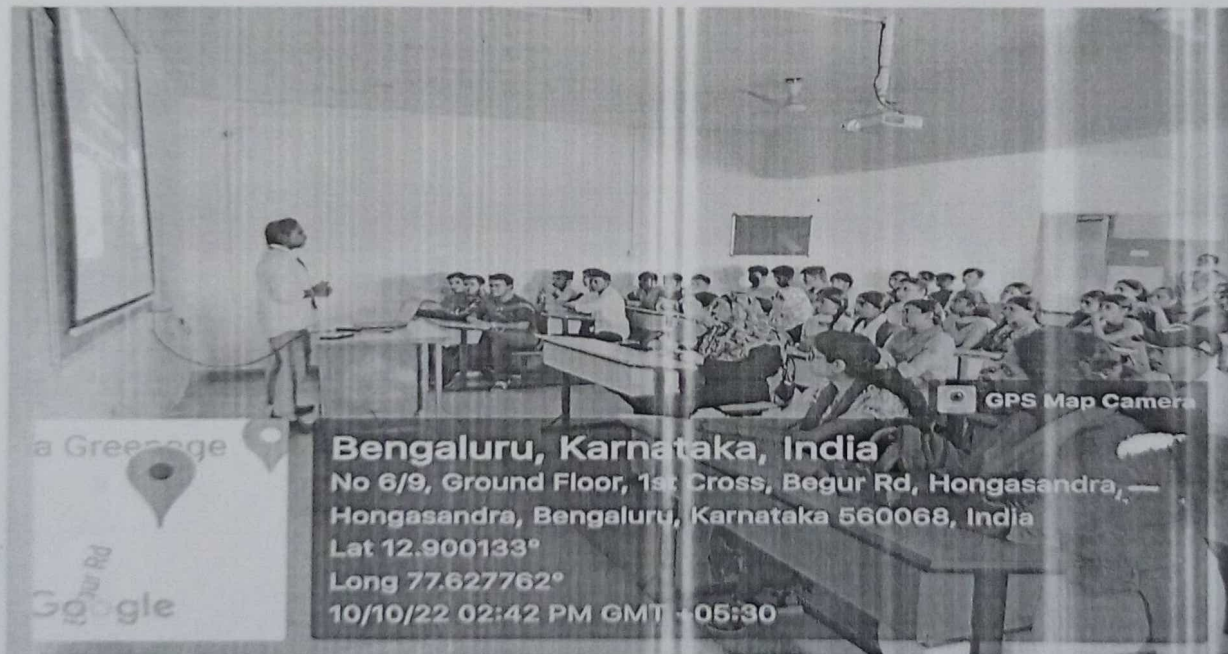
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WORLD
MENTAL HEALTH
DAY | OCTOBER 10



a Greenage

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Google

Bengaluru, Karnataka, India

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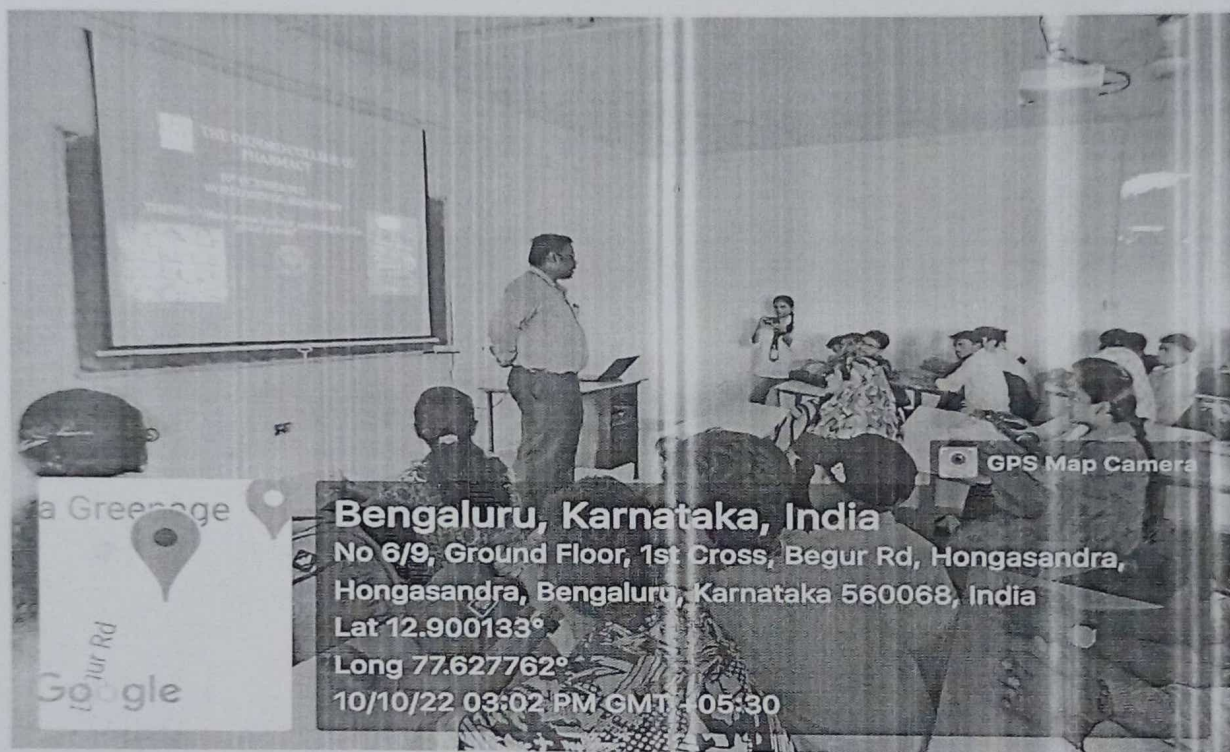
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OUTCOME OF THE PROGRAMME

The program on Mental Health Day was conducted with an intention to raise awareness among the students to encourage people about seeking help for their mental health issues, instead of feeling anxious and nervous, educate people about different ways to protect the mental health, encourage people with mental health problems to seek help from mental health professionals, family, friends, or anyone without any fear or shame. The institution further has constituted mentor committee to provide counselling to students.

P. Padma

PRINCIPAL

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